

2020 Over-the-counter (OTC) Drug Catalog



SecurityHealth PlanSM

Promises kept, plain and simple.[®]

2020 Over-the-counter (OTC) Drug Catalog

Security Health Plan understands that certain OTC drugs and supplies can be expensive. That's why we are offering you a way to save money on these items and have them conveniently delivered to your home. There are nine categories of over-the-counter products you can choose from:

- antacids, antidiarrheals and laxatives
- cough, cold & allergy
- diabetes management
- eye and ear care
- oral care
- health care supplies
- pain relievers
- skin care-topical
- *vitamins, minerals and supplements

Certain plans are excluded from this OTC benefit, please refer to the website at www.securityhealth.org/OTC for a full list of excluded plans.

How the service works

Each eligible plan subscriber receives a \$30 quarterly OTC credit to purchase select health and wellness products through the OTC Drug Catalog.

The \$30 credit expires at the end of each quarter. Any unused credit will not carry over to the next quarter. If your order exceeds \$30, please include payment information (check, money order or credit card) with your order. You may place one order per quarter.

OTC product and delivery information

- When placing an order, you will receive the generic equivalent of the name-brand drug or a similar product.
- If you choose a product that is unavailable or not in stock, a similar product may be substituted at no additional charge.
- Similar products are used for the same purpose but may have different ingredients, strength, flavor, dosage form or package size.
- Orders will be shipped to your home by the US postal service at no extra cost to you. Please allow 14 business days upon receipt of order to receive shipment.
- To ensure the safety of your order, there may be delays in shipment due to extreme cold weather (<10° F) or snow accumulations.

Ordering deadlines

If your order is received after a quarter deadline listed below, it will apply toward the next quarter. One order is allowed per quarter. For example, if we receive your order on June 29, it will apply toward Quarter 3.

Quarter 1: Jan. 1 - March 20 (order deadline March 20)

Quarter 2: April 1 - June 20 (order deadline June 20)

Quarter 3: July 1 - Sept. 20 (order deadline Sept 20)

Quarter 4: Oct. 1 - Dec. 20 (order deadline Dec 20)

Contact for questions

If you have any questions, please contact our Pharmacy Benefits Department at 1-877-216-8533 or 715-221-9208, Monday-Friday 8 a.m. to 5 p.m. If you are hearing- or speech-impaired, please call TTY: 711.

Three ways to order



Online

Log in to your *My Security Health Plan* account at www.securityhealth.org to place your order. If you don't have an account, register at www.securityhealth.org/registration



Fax

Complete the OTC product order form and fax to 715-221-9719.



Mail

Complete the OTC product order form and mail it to the following address:

SHP OTC Program
PO Box 8000
Marshfield, WI 54449

The OTC Drug Catalog is subject to change. To view the most up-to-date version of the catalog and product order form, please visit www.securityhealth.org/OTC



2020 OTC product list

This product list is subject to change. For the most up-to-date listing visit www.securityhealth.org/OTC.

Item#	Name	Compared to	Minimum Package size	Price
Antacids, antidiarrheals and laxatives				
46432	Famotidine - acid reducer (strength varies based on availability, 10 - 20 mg)	Pepcid AC®	30 ct	\$6.00
86157	Omeprazole 20 mg tablet	Prilosec OTC®	14 ct	\$13.00
7893	Calcium carbonate 500 mg - antacid chewable tablet	Tums®	96 ct	\$4.00
7894	Calcium carbonate 750 mg - antacid chewable tablet	Tums® Extra Strength	96 ct	\$4.00
9270	Simethicone - gas relief (strength varies based on availability, 80 - 125 mg)	GasX®	18 ct	\$5.00
8294	Simethicone - gas relief 20 mg/0.3 ml	Mylicon®	1 oz	\$7.00
8370	Loperamide 2mg - antidiarrheal	Imodium® A-D	12 ct	\$4.00
25065	Loperamide liquid - antidiarrheal (strength varies based on availability, 1 mg/5 - 7.5 ml)	Imodium® A-D liquid	4 oz	\$6.00

Item#	Name	Compared to	Minimum Package size	Price
5678	Hemorrhoid (phenylephrine) ointment	Preparation H®	2 oz	\$5.00
28286	Medicated pads (witch hazel)	Tucks®	40 ct	\$5.00
8467	Natural fiber therapy - laxative powder	Metamucil®	13 oz	\$8.00
32591	Lactase enzyme - dairy aid	Lactaid®	12 ct	\$6.00
8342	Fiber laxative tablet	FiberCon®	60 ct	\$10.00
35585	Hemorrhoid (phenylephrine) suppository	Preparation H® supp	12 ct	\$5.00
8762	Bisacodyl 5 mg tablet	Dulcolax®	10 ct	\$4.00
7950	Milk of magnesia 400 mg/5 ml liquid	Phillips® Milk of Magnesia	3 oz	\$4.00
8420	Peptic relief 262 mg - pink bismuth	Pepto Bismol®	24 ct	\$4.00
26970	Pink Bismuth suspension (strength varies based on availability 262 - 525 mg/15 ml)	Pepto Bismol® liquid	4 oz	\$5.00
13563	Polyethylene glycol powder	Miralax®	4.1 oz	\$7.00
26397	Senna 8.6 mg - natural vegetable laxative tablet	Senokot®	100 ct	\$5.00

Item#	Name	Compared to	Minimum Package size	Price
9101	Docusate sodium 100 mg softgel - stool softener	Colace®	100 ct	\$4.00
13483	Senna 8.6 mg + docusate 50 mg tablet - laxative/ stool softener	Senokot-S®	60 ct	\$5.00
9240	Magnesium citrate liquid - laxative	Citroma®	10 oz	\$4.00
66559	Enema - saline laxative	Fleet® Enema	4.5 oz	\$3.00
Cough, cold and allergy				
25093	Daytime cold and flu softgel	DayQuil®	16 ct	\$8.00
46071	Diphenhydramine 25 mg - allergy	Benadryl®	24 ct	\$5.00
48831	Diphenhydramine 12.5 mg/5 ml - children's allergy liquid	Children's Benadryl Allergy Liquid®	4 oz	\$4.00
53418	Mentholatum vaporizing rub	Vaporub™	1.76 oz	\$6.00
23944	Nasal decongestant PE tablet (phenylephrine 10 mg)	Sudafed PE®	36 ct	\$4.00
25094	Night time cold and flu softgel	NyQuil® Contac PM®	16 ct	\$9.00

Item#	Name	Compared to	Minimum Package size	Price
48591	Throat spray (phenol 1.4%)	Chloraseptic®	6 oz	\$5.00
30354	Throat lozenge (benzocaine/menthol)	Cepacol®	16 ct	\$4.00
53497	Cough syrup DM (100 - 200 mg dextromethorphan 10 mg/5 ml, strength varies based on availability)	Robitussin® DM syrup	4 oz	\$3.00
20505	Cough drop - sugar free		24 ct	\$3.00
16886	Cough drop		24 ct	\$3.00
53495	Cough syrup DM sugar-free (100 - 200 mg dextromethorphan 10 mg/5 ml, strength varies based on availability)	Robitussin® DM - sugar free	4 oz	\$5.00
5492	Coricidin HBP Cough & Cold (chlorpheniramine 4 mg, dextromethorphan 30 mg)		16 ct	\$8.00
49291	Cetirizine 10 mg - allergy tablet	Zyrtec®	14 ct	\$6.00
6927	Cetirizine 5 mg/5 ml oral solution – child	Zyrtec®	4 oz	\$8.00
60563	Loratadine 10 mg - allergy tablet	Claritin®	30 ct	\$4.00

Item#	Name	Compared to	Minimum Package size	Price
60562	Loratadine 5 mg/5 ml - allergy relief liquid	Claritin® Children's Liquid	4 oz	\$7.00
76428	Nasal strip small/medium	Breathe Right®	26 ct	\$13.00
34062	Nasal decongestant spray (oxymetazoline)	Afrin® nasal spray	15 ml	\$4.00
37683	Fluticasone nasal spray	Flonase® OTC	0.34 oz	\$12.00
34291	Saline nasal spray	Ocean®, Ayr®	30 ml	\$3.00
26743	Sinus headache (acetaminophen/phenylephrine)	Tylenol® Sinus	24 ct	\$8.00
36145	Triamcinolone - allergy nasal spray	Nasacort® Allergy 24 hour	0.57 oz	\$19.00
3465	Dextromethorphan 30 mg/5 ml cough liquid - child	Delsym®	89 ml	\$8.00
17802	Dextromethorphan 30 mg/5 ml cough liquid - adult	Delsym®	89 ml	\$8.00

Item#	Name	Compared to	Minimum Package size	Price
Diabetes management				
12426	Glucose 4 gm chewable tablet	DEX4® Glucose	50 ct	\$6.00
38081	Glucose 40% gel	Glucose®	112.5 gm	\$15.00
5400	Diabetic skin relief foot cream	Gold Bond® Diabetic Skin Relief Foot Cream	3.4 oz	\$7.00
Eye and ear care				
34401	Earwax treatment (carbamide peroxide) drop	Debrox®	0.5 oz	\$7.00
86960	Lubricating eye ointment (mineral oil/white petrolatum)		3 gm	\$10.00
28346	Artificial tear (glycerin/hypromellose/polyethylene glycol)	Visine® Tears	0.5 oz	\$8.00
14744	Eye drop - redness reliever (hypromellose/naphazoline)		0.5 oz	\$5.00
Oral care				
1568	Denture brush		1 ct	\$4.00
864	Denture adhesive	Fixodent® / Poly-Grip®	0.75 oz	\$5.00

Item#	Name	Compared to	Minimum Package size	Price
92	Effervescent denture cleaner	Efferdent®	44 ct	\$5.00
51085	Toothpaste		4 oz	\$5.00
55300	Toothbrush		1 ct	\$3.00
9213	Dental floss		1 ct	\$3.00
2427	Tongue cleaner		1 ct	\$4.00
94200	Sensitive toothpaste		4 oz	\$9.00
12200	Benzocaine 7.5-20% - oral anesthetic gel		0.18 oz	\$5.00
597	Dry mouth spray	Biotene®, Oasis®	1 oz	\$8.00

Pain relievers

16964	Acetaminophen 325 mg tablet	Tylenol® Regular Strength	100 ct	\$5.00
16892	Acetaminophen 500 mg tablet	Tylenol® Extra Strength	50 ct	\$5.00
16523	Acetaminophen ER 650 mg tablet	Tylenol® Arthritis	100 ct	\$9.00
16485	Acetaminophen 160 mg/5 ml susp - child	Children's Tylenol®	2 oz	\$5.00
1386	Acetaminophen 160 mg chewable tablet	Children's Tylenol®	24ct	\$8.00
16720	Aspirin 325 mg - coated tablet	Ecotrin®	100 ct	\$4.00

Item#	Name	Compared to	Minimum Package size	Price
161	Aspirin 81 mg - coated tablet	Bayer® Adult Low Strength EC	120 ct	\$4.00
5540	Aspirin 81 mg - chewable tablet		36 ct	\$4.00
10414	Headache formula - aspirin/acetaminophen/caffeine	Excedrin®	100 ct	\$5.00
35743	Ibuprofen 200 mg	Advil® / Motrin®	50 ct	\$4.00
5728	Ibuprofen 100 mg chewable tablets	Advil®	24 ct	\$6.00
35876	Ibuprofen 100 mg/5 ml susp - child	Children's Motrin®	4 oz	\$6.00
47132	Naproxen sodium 220 mg	Aleve®	50 ct	\$5.00
33560	Topical pain cream - (capsaicin strength varies based on availability 0.025 - 0.075%)	Zostrix®	57 gm	\$11.00
19945	Cold and hot patches	Icy Hot® Patches	5 ct	\$6.00
80609	Muscle rub cream (methyl salicylate 15% - menthol 10%)	Ben Gay® Greaseless	2 oz	\$5.00
1732	Lidocaine 4% patch		6 ct	\$10.00

Item#	Name	Compared to	Minimum Package size	Price
Skin care - Topical				
30370	Clotrimazole 1% cream	Lotrimin® AF	14 gm	\$6.00
30942	Hydrocortisone 1% cream	Cortaid®	28 gm	\$4.00
30951	Hydrocortisone 1% ointment	Cortaid®	28 gm	\$4.00
34477	White petrolatum	Vaseline®	7.5 oz	\$5.00
84348	Sunscreen SPF 15-30		5 oz	\$11.00
224	Sunscreen SPF 45-60		5 oz	\$11.00
26454	Medicated corn removers pads		9 ea	\$4.00
26499	Moleskin plus padding sheets (4 1/8" x 3 3/8")		3 ea	\$4.00
75961	Salicylic acid wart remover	Compound W, DuoFilm®	9 ml	\$8.00
31812	Bacitracin ointment		15 gm	\$5.00
97587	Calamine lotion	Calamine®	6 oz	\$4.00

Item#	Name	Compared to	Minimum Package size	Price
68087	Zinc oxide ointment - diaper rash (strength varies based upon availability, 13-40%)		56 gm	\$7.00
22931	Benzoyl peroxide 5% gel - acne		42 gm	\$5.00
30400	Miconazole 2% cream - antifungal	Micatin®	28 gm	\$6.00
94210	Band aids - 3/4"		30 ct	\$3.00
94209	Band aids - assorted		30 ct	\$3.00
98217	Lice solution kit	Nix®	1 ct	\$17.00
Vitamins and minerals*				
95500	Daily multivitamin and mineral		30 ct	\$7.00
3659	Mens multivitamin & mineral formula tablet	One-A-Day®	60 ct	\$7.00
63741	Multivitamin chewable - children's		60 ct	\$5.00
57070	Calcium carbonate 600 mg + vitamin D 400 IU tablet (Vitamin D strength varies upon availability 400 - 800 IU)	Caltrate® 600+D	60 ct	\$5.00

Item#	Name	Compared to	Minimum Package size	Price
57641	Calcium citrate 200 mg plus vitamin D 250 IU tablet (strength varies based on availability)	Citracal w/D®	60ct	\$6.00
52846	Glucosamine - chondroitin 500 - 400 mg	Osteo Bi-Flex®	60 ct	\$17.00
223	Vitamin D3 (cholecalciferol) 1000 IU tablet		90 ct	\$5.00
94534	Vitamin E (strength varies based on availability 400 - 1000 IU)		60 ct	\$8.00
3902	Melatonin 3 mg tablet		60 ct	\$4.00
4091	Magnesium oxide 400 mg tablet	Mag-Ox®	120 ct	\$5.00
94123	Niacin 500 mg IR		100 ct	\$5.00
94566	Vitamin B12 1000 mcg tablet		100 ct	\$5.00
10510	Iron - ferrous gluconate 240 mg tablet (strength varies based on availability, 37.5 - 38 mg elemental iron)		100 ct	\$3.00
26814	Omega - 3 fish oil softgel		30 ct	\$10.00

Item#	Name	Compared to	Minimum Package size	Price
94971	Vitamin B6 tablet (strength varies on availability 25 - 100 mg)		60 ct	\$8.00
94230	Vitamin B complex		60 ct	\$5.00
4695	Iron - ferrous sulfate 324 - 325 mg tablet (65 mg elemental iron)		100 ct	\$7.00
94325	Vitamin C tablet (strength varies based on availability 250 - 500 mg)		100 ct	\$4.00
95540	Eye care vitamin tablet (lutein 2 mg)		30 ct	\$6.00
67549	PreserVision AREDS2 plus multivitamin		100 ct	\$30.00
95176	Complete senior vitamin and mineral tablet	Centrum® Silver	60 ct	\$5.00
94783	Folic acid tablet (strength varies based on availability 400 - 800 mcg)		60 ct	\$4.00
14172	Flaxseed oil 1000 mg softgel		90 ct	\$8.00
8443	Coenzyme Q10 100 mg		30 ct	\$12.00

Item#	Name	Compared to	Minimum Package size	Price
Health care supplies				
147	Pill splitter		1 ct	\$5.00
148	Pill crusher		1 ct	\$5.00
149	Pill planner 7-day (MORN-NOON-EVE-BED)		1 ct	\$7.00
150	Semi-automatic blood pressure kit*		1 ct	\$30.00
151	Digital oral/rectal thermometer*		1 ct	\$8.00
152	Feverglow instant ear thermometer*		1 ct	\$20.00
2490	Pedometer step*		1 ct	\$15.00
9940	Peak flow meter*		1 ct	\$20.00

* Vitamins, minerals, supplements and in home testing and monitoring supplies should only be purchased after discussing with your personal provider. It is important to speak with your doctor in advance to determine if appropriate, especially if you have a serious medical condition.

OTC medicines are generally safe but can interact negatively with other medicines, both OTC and prescription. Consult with your health care provider or pharmacist prior to purchase. Always read label and packaging instructions to know how much you should take, when to take it, what side effects you may encounter, and what potential interactions you may have with other medicines. General precautions include: OTC products should only be used when needed and as directed; never exceed the recommended dosage; if pregnant or breastfeeding, ask a health professional before use; keep out of reach of children; if a health problem persists or worsens while taking an OTC medicine, consult your health care provider immediately.

Visit www.securityhealth.org/OTC for the most up-to-date listing.

Security Health Plan of Wisconsin, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation or health status.

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-472-2363 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-472-2363 (TTY: 711).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-472-2363 (TTY: 711).

Security Health Plan is an HMO-POS, MSA and D-SNP plan with a Medicare contract. Enrollment in Security Health Plan depends on contract renewal.

SecurityHealthPlanSM

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Marshfield, WI 54449-8000

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