

2021 Essentials+ Catalog

Shop Products with Your UnitedHealthcare® Over-The-Counter Credits



Your OTC Benefit

Shop products from this Essentials+ Over-the-Counter (OTC) Catalog

As part of your UnitedHealthcare OTC benefit, you get credits to spend on over-the-counter products. Use your credits to shop toothpaste, pain relief, vitamins, cough drops and more. It's all included with your health plan at no cost to you.

How it Works

- 1. Credits are added to your OTC account every three months.
- 2. Use your credits to buy approved over-the-counter products.
- 3. Credits expire every three months: Mar. 31, June 30, Sept. 30 and Dec. 31 or at the end of the year, depending on the plan.

Choose How You Shop OTC Products



Order by mail.



Order on website or app.



Order by phone.

Allergy Relief



Allergy Relief Children's Liquid Compares to Children's Benadryl® Allergy Liquid. Cherry flavor.

2969 **\$6.00** Limit 5 4 fl. oz.



Allergy Relief Cetirizine—All Day Compares to Zyrtec[®]. May help relieve allergy symptoms for 24 hours. 3204*** \$10.00 Limit 5

30 tablets

3202*** **\$15.00** Limit 5

90 tablets

Allergy Relief Tablets-24 Hour

Compares to Allegra® Allergy.

3088*** \$15.00 Limit 5 30 tablets

Allergy Relief Tablets-4 Hour

Compares to Chlor-Trimeton®. Antihistamine.

3167*** \$5.00 Limit 5

24 tablets

Levocetirizine 5 mg

Compares to Xzyal[®]. May provide allergy relief. 24 hour.

1358*** \$**18.00** Limit 5 35 tablets



Allergy Relief Loratadine Compares to Claritin[®]. May help relieve sneezing, runny nose and itchy, watery eyes.

\$6.00 Limit 5 3235*** 30 tablets 10 mg

2784*** \$13.00 Limit 5

4 fl. oz. 5 mg Sugar-free



Allergy Relief Minitabs

Compares to Benadryl® Allergy Ultratab®.

\$5.00 Limit 5 3282

24 minitabs

3193 **\$9.00** Limit 5 100 caplets

Cough, Cold and Flu



Vicks® DayQuil™ Cold & Flu May help relieve cold and flu symptoms. Non-drowsy.

\$10.00 Limit 3 New **4512** 24 LiquiCaps™

Cold & Flu-Daytime

Compares to DayQuil® Cold & Flu.

\$6.00 Limit 3 3074

12 fl. oz.

1657

12 fl. oz.



Cold & Flu-Nighttime

Compares to Vicks® Nyquil Cold & Flu. Nighttime cold and flu relief from aches, fever, cough, sneezing, runny nose.

\$7.00 Limit 3

3

Sore Throat Spray—Sugar-Free Compares to Chloraseptic[®]. For temporary relief of minor sore throat and mouth pain.

\$5.00 Limit 3 3119 6 fl. oz. Menthol flavor

2943 \$5.00 Limit 3

6 fl. oz. Cherry flavor

CG-GDSNP-0121

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Cough, Cold and Flu (continued)



\$4.00 Limit 3 **Medicated Chest Rub** 2972 Compares to Vicks® Vaporub®. 3.53 oz.

DM Cough Syrup—Sugar-Free Controls cough. Loosens and relieves chest congestion.

\$6.00 Limit 3 3364 4 fl. oz. **\$9.00** Limit 3 3360

Cold Multi-Symptom-**Day and Night**

Cough & Cold Relief—

\$6.00 Limit 3 3001 12 daytime and 8 nighttime caplets

16 fl. oz.



High Blood Pressure Compares to Coricidin® HBP Cough & Cold. Active ingredients: Chlorpheniramine maleate 4 mg, Dextromethorphan HBr 30 mg.

\$6.00 Limit 3 2135 16 tablets



Cepacol® Extra Strength Lozenges Honey-Lemon flavor.

\$6.00 Limit 3 New **7456** 16 lozenges

Sore Throat Lozenges Compares to Cepacol[®]. Cherry flavor.

\$5.00 Limit 3 2837 18 lozenges



Cough Drops-Regular Compares to Halls[®]. Honey-Lemon flavor.

3082 **\$3.00** Limit 3 2 pks. of 30 drops



Cough Drops—Sugar-Free Compares to Halls[®]. Black Cherry flavor.

\$4.00 Limit 3 3081 2 pks. of 25 drops



Robafen CF Cough & Cold Compares to Robitussin® CF. May help relieve cough, stuffy nose and chest congestion.

\$6.00 Limit 3 3375 4 fl. oz.

Nasal / Mucus Relief

Mucus Relief-Guaifenesin 400 mg May help relieve chest congestion.

3355 **\$12.00** Limit 3 100 tablets



Guaifenesin 600 mg + DM 30 mg Compares to Maximum Strength Mucinex® DM. Controls cough, thins and loosens mucus.

4862 **\$25.00** Limit 3 40 tablets

\$4.00 Limit 3 **Nasal Decongestant Spray** 3216 Compares to Afrin®. 12-hour. 1 fl. oz.

Saline Nas Compares	al Spray to Ocean® moisturizing nasal spray.	3244 \$4.00 Limit 5 3 fl. oz.
Floridaments of the control of the c	Fluticasone Nasal Spray 50 mcg Compares to Flonase®. 24 hour relief of nasal congestion.	3056 \$24.00 Limit 3 120 sprays
SUBSTITUTE OF THE STREET OF TH	Nasal Decongestant PE Compares to Sudafed PE® Nasal Decongestant.	3370 \$6.00 Limit 5 36 tablets
CLIRA! BREATHE CLEAK	Curad [®] Nasal Strips One size fits most.	2698 \$ 14.00 Limit 5 Clear 30 ct.

Stomach Remedies

Antacid Relief

1884 \$5.00 **Antacid Liquid** 12 fl. oz. Mint flavor Compares to Maalox® Regular Strength. May help relieve heartburn and indigestion.

Antacid Plus Gas Relief 1816 12 fl. oz. Compares to Mylanta® Regular Strength.



Antacid Tablets Compares to TUMS[®]. May help relieve indigestion and heartburn.

150 chewable tablets Assorted fruit flavor

1881

\$5.00

\$5.00



Antacid Tablets-Extra Strength Compares to TUMS[®].

1890 \$5.00 96 chewable tablets Assorted fruit flavor



Antacid & Pain Relief Effervescent Tablets Compares to Alka-Seltzer[®].

\$10.00 Limit 3 3688 36 tablets



Extra Strength Antacid Soft Chews May help relieve heartburn, sour stomach and acid indigestion.

1814 \$5.00 36 chews Cherry flavor



Prilosec OTC™ Acid Reducer.

New **3563***** \$26.00 14 tablets



Omeprazole Magnesium Acid Reducer 1856*** \$24.00 Compares to Prilosec OTC®. May help treat frequent heartburn.

42 capsules

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Antacid Relief (continued)



Acid Reducer Famotidine Compares to Original Strength Pepcid® AC. May help with heartburn. 1878*** \$8.00 30 tablets



Lansoprazole Acid Reducer Compares to Prevacid® 24 HR. May help treat frequent heartburn. 1830*** \$26,00 42 capsules

Anti-Diarrheal Relief



Anti-Diarrheal Liquid Compares to Imodium® A-D liquid. 1592 4 fl. oz.

\$7.00 Limit 5

Anti-Diarrheal Caplets Compares to Imodium[®] A-D. 1603

12 caplets



Milk of Magnesia Compares to Phillips[®]. 1624 12 fl. oz \$5.00

\$4.00

Digestive Health



Stool Softener Softgels Compares to Colace®.

1558

\$5,00 100 softgels

ClearLax® Powder

1619 4.1 oz. \$9.00

Compares to Miralax[®]. May help relieve occasional constipation and softens stool.

1623 \$20,00

17.9 oz.

0-

Laxative Natural Vegetable Tablets Compares to Senokot®. Overnight relief of occasional constipation.

1571 \$6.00 100 tablets

Saline Enema

1656

\$2.00

For relief of occasional constipation. Latex-free.

1 each

\$17.00

Metamucil[®] Sugar-Free Singles New Individual serving packets. For relief of occasional constipation.

1463 30 packets Orange flavor



Natural Fiber Powder Compares to Metamucil®. 1510

\$8.00 48 servings Sugar-free

Orange flavor

Stomach / Gas Relief



Gas Relief Simethicone 80 mg Compares to regular strength Gas-X[®]. 1783 \$9.00 100 chewable tablets



Gas Relief Simethicone 125 mg Chewtabs

Compares to Mylanta® Gas Relief.

\$7.00 60 chewable tablets

1796



Gas Relief Simethicone 180 mg Compares to Ultra Strength Phazyme®.

1792 \$8.00 60 softgels



Motion Sickness-Less Drowsy Compares to Dramamine Less Drowsy® Formula.

2623 \$3.00 8 tablets

Motion Sickness Tablets Compares to Dramamine® Original Formula.

2610 \$3.00 12 tablets

Nausea Relief Compares to Emertrol[®].

\$6.00 6231 4 fl. oz. Cherry flavor

\$4.00

Stomach Relief Bismuth Liquid Compares to Pepto-Bismol®

1579

8 fl. oz.

3138

2 oz.

Stomach Relief Chewable Tablets Compares to Pepto-Bismol®.

1584 \$4.00 30 tablets



Dairy Aid®

Compares to Lactaid[®]. May help prevent gas, bloating or diarrhea. 1612 \$10,00 60 caplets

Pain Management



\$6.00

Hemorrhoid Relief

Medicated Pads Compares to Tucks®. For temporary relief of hemorrhoid-related irritation.	2753 100 pads	\$7.00
Hemorrhoidal Suppositories	3122	\$11.00
Temporarily shrinks hemorrhoidal tissues.	24 count	

Hemorrhoidal Ointment Compares to Preparation H[®].

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Pain Relief



Heated Pain Relief Pads Fast-acting heat provides 12 hours of relief. Single use. Do not adhere to skin, adhere to clothing only.

5317 \$5,00

4 pads



Extra Strength Cold & Hot Pain Relief Therapy Patch Compares to Icy Hot® Patch. For temporary relief of minor aches and pains. 5 patches.

5309 \$6.00 Small (3" x 4.5") 6046 \$8.00 Large (3.93" x 7.87")



Pain Relief Mask For relief of headaches, sinus pain and puffy eyes.

1135 \$12.00

1 mask



Headache Cooling Patch Instant soothing, cooling relief that lasts for hours.

2865 \$6,00

3 patches



Tylenol[®] Extra Strength 500 mg Acetaminophen 500 mg.

New **6431** 100 caplets

\$17.00 Limit 3



Pain Relief Acetaminophen 325 mg 2664 Compares to Regular Strength Tylenol[®]. 100 tablets

\$5.00 Limit 3



Pain Relief Naproxen Sodium Compares to Aleve®. Strength to last 12 hours.

2760 **\$8.00** Limit 3 100 tablets



Pain Reliever—Nighttime Sleep Aid Compares to Extra Strength Tylenol[®] PM. Active ingredients: Acetaminophen 500 mg and Diphenhydramine HCI 25 mg per caplet.

2703 \$5.00

50 caplets



Aspirin 81 mg Chewable Tablets Orange flavor.

2680 \$2.00 36 chewable tablets

Low Dose Enteric Coated Aspirin

\$4.00 120 tablets

2716

Compares to Bayer® Low Dose Aspirin 81 mg.

2720 \$9.00 300 tablets



Aspirin 325 mg Tablets Compares to Bayer® Aspirin. 5645 \$5,00 100 tablets

Ibuprofen 200 mg Compares to Advil®. 2588 \$5.00 Limit 3 100 coated tablets

Pain Reliever Plus

Compares to Excedrin[®]. Active ingredients: Acetaminophen 250 mg, Aspirin 250 mg (NSAID), and Caffeine 65mg per coated tablet.

2352 \$11.00 100 coated tablets



Pain Relief Patch 2195 **\$11.00** Limit 3 Maximum Strength with 4% Lidocaine. 5 patches

Topical Pain Relief



ActivICE™ 6123 \$8.00 3 oz. roll-on Temporary relief from muscle aches, joint and back pain. 8% menthol. 7125 \$9.00 • Cannot ship to Hawaii or P.O. boxes. 4 fl. oz. spray

	-		•	
•	Capsaicin Pain Relief Cream High-potency, odor-free, deep-penetrating.		\$12.00	
Ultra Stre Pain relievi	ngth Muscle Rub ing cream.	3113 3 oz.	\$7.00	
	Muscle and Joint Gel—Menthol 2.5% Compares to Vanishing Scent Bengay®.		\$5.00	
Total report Cover Total report Cover Total Report Cover Total Cove	Miconazole Cream—7 Day May help cure most vaginal yeast infections.	3099 1.5 oz.	\$11.00	

Pain Relieving Gel	2357	\$7.00
Compares to Monistat® 3-Day Combo Pack. May help with vaginal yeast infections.	3 applic	ations
Miconazole 3-3 Day	3087	\$14.00
yeast infections.		



8 oz. 2% menthol. 1011 \$12.00 • Cannot ship to Hawaii or P.O. boxes. 16 oz.

Vitamins & Supplements

Diabetic Supplements



Diabetes Glucose Tablets May help raise low blood sugar. Chewable. Orange flavor.

\$6.00 Limit 5 2960[‡] 50 tablets



Diabetes Glucose Gel May help raise low blood sugar. Fruit Punch flavor.

2838[‡] \$17.00 Limit 5 6 packets 1.1 oz. each

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Multi-Vitamins



VitaJoy® Multivitamin Assorted Fruit flavors.

2378[‡] **\$15.00** Limit 5 120 gummies

Supplement Facts

Serving Size: 2 Gummies Servings Per Bottle: 60

Amount Per Serving	% Daily Value*	Amount Per Serving % Dai	ly Value*
Calories 15		Vitamin B6 (as pyridoxine HCI) 2 mg	100%
Total Carbohydrates 4 g	1%*	Folic Acid 400 mcg	100%
Sugars 2g	**	Vitamin B12 (as cyan cobalmine) 8 mcg	133%
Vitamin A (as retinyl acetate) 4000 IU	80%	Biotin 150 mcg	50%
Vitamin C (as ascorbic acid) 60 mg	100%	Pantothenic Acid (as d-calcium pantothenate) 10 mg	100%
Vitamin D3 (as cholecalciferol) 400 IU	100%	lodine (as potassium iodide) 80 mcg	53%
Vitamin E (as DL-alpha tocopheryl acetate) 40 IU	133%	Zinc (as zinc sulfate) 5 mg	33%

* Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.



Multivitamin Gummies Raspberry Flavor.

8623[‡]

\$10.00 Limit 5

60 jellies

Supplement Facts

Serving Size: 2 Jellies Servings Per Bott	le: 30		
Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories 16		Pantothenic Acid (as calcium pantothenate) 10 m	g 100%
Total Carbohydrates 4 g	1%	Vitamin B6 (as pyridoxine HCI) 4 mg	200%
Sugars 4g	**	Folate (as folic acid) 400 mcg	100%
Vitamin A (as all trans retinyl acetate) 2200 IU	44%	Vitamin B12 (as cyanocobalmine) 12 mcg	200%
Vitamin C (as ascorbic acid) 60 mg	100%	lodine (as potassium iodide) 40 mcg	26%
Vitamin D (as cholecalciferol) 800 IU	200%	Zinc (as zinc citrate) 1 mg	6%
Vitamin E (as DL-alpha tocopheryl acetate) 15 IU	50%	Biolin 60 mcg	20%
Niacin (as niacinamide) 12 mg	60%		
Choline (as choline chloride) 60 mcg	**	Inositol 40 mcg	**
* Percent Daily Values are based on a 2,000 calc	rie diet. **Daily Value n	ot established.	



Multi-Vitamin + Mineral Powder Packets

\$22.00 Limit 5 **7265**[‡] 80 count

Single-serve nowder packets

singie-serve	powder	packets.
Jnflavored.		

Supplement Facts Serving Size: 1 Packet (0.5 g)

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate) 5,000 IU	100%	Calcium (as Dicalcium Phosphate) 19 mg	2%
Vitamin C (as Ascorbic Acid) 50 mg	83%	Iron (as Ferrous Sulfate) 4.5 mg	25%
Vitamin D-3 (as Cholecalciferol) 400 IU	100%	Phosphorus (as Dicalcium Phosphate) 10 mg	1%
Vitamin B-1 (as Thiamine HCI) 2 mg	133%	lodine (as Potassium Iodide) 150 mcg	100%
Vitamin B-2 (Riboflavin) 2.5 mg	147%	Magnesium (as Magnesium Oxide) 10 mg	2%
Niacin (Vitamin B-3) 20 mg	100%	Zinc (as Zinc Oxide) 4 mg	25%
Vitamin B6 (as Pyridoxine HCI) 1 mg	50%	Selenium (as Amino Acid Chelate) 5 mcg	7%
Vitamin B12 (as Cyanocobalamin) 1 mcg	17%	Manganese (as Manganese Sulfate) 1 mg	50%
Pantothenic Acid (as Calcium Pantothenate) 1	mg 10%	Chromium (as Chromium Chloride) 5 mcg	4%

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Sentry Multivitamin

One a day formula with essential vitamins and minerals.

5775[‡] 130 tablets

\$8.00 Limit 5

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving % Daily	y Value	Amount Per Serving % Daily	Value
Vitamin A (as Acetate & 29% as Beta Carotene) 3,500 IU	70%	Calcium (as Dicalcium Phosphate & Carbonate) 200 mg	20%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Iron (as Ferrous Fumarate) 18 mg	100%
Vitamin D ₃ (as Cholecalciferol) 400 IU	100%	Phosphorus (as Dicalcium Phosphate) 20 mg	2%
Vitamin E (as dl-alpha Tocopheryl Acetate) 30 IU	100%	lodine (as Potassium Iodide) 150 mcg	100%
Vitamin K (as Phytonadione) 25 mcg	31%	Magnesium (as Magnesium Oxide) 50 mg	13%
Thiamin (Thiamin Mononitrate) 1.5 mg	100%	Zinc (as Zinc Oxide) 11 mg	73%
Riboflavin (Vitamin B2) 1.7 mg	100%	Selenium (as Sodium Selenate) 55 mcg	79%
Niacin (as Niacinamide) 20 mg	100%	Copper (as Copper Sulfate) 0.5 mg	25%
Vitamin B6 (as Pyridoxine HCI) 2 mg	100%	Manganese (as Manganese Sulfate) 2.3 mg	115%
Folic Acid 400 mcg	100%	Chromium (as Chromium Picolinate) 35 mcg	29%
Vitamin B12 (as Cyanocobalamin) 6 mcg	100%	Molybdenum (as Sodium Molybdate) 45 mcg	60%
Biotin 30 mcg	10%	Chloride (as Potassium Chloride) 72 mg	2%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%	Potassium (as Potassium Chloride) 80 mg	2%
Boron (as Borates) 75 mcg	**	Silicon (as Silicon Dioxide) 2 mg	**
Tin (as Stannous Chloride) 10 mcg	**	Vanadium (as Sodium Metavanadate) 10 mcg	**
Nickel (as Nickelous Sulfate) 5 mcg	**		
**Daily Value not established.			

Sentry Senior 50+ Multivitamin

Compares to Centrum[®] Silver[®] Multivitamin.

5144

\$7.00 Limit 5

100 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving % Da	ily Value	Amount Per Serving % Daily	Value
Vitamin A (as Acetate & 40% as Beta Carotene) 2,500 I	U 50%	Calcium (as Dicalcium Phosphate & Carbonate) 220 mg	22%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Phosphorus (as Dicalcium Phosphate) 20 mg	2%
Vitamin D (as Cholecalciferol) 500 IU	125%	lodine (as Potassium lodide) 150 mcg	100%
Vitamin E (as dl-alpha Tocopheryl Acetate) 50 IU	167%	Magnesium (as Magnesium Oxide) 50 mg	13%
Vitamin K (as Phytonadione) 30 mcg	38%	Zinc (as Zinc Oxide) 11 mg	73%
Thiamin (Thiamin Mononitrate, B1) 1.5 mg	100%	Selenium (as Sodium Selenate) 55 mcg	79%
Riboflavin (Vitamin B2) 1.7 mg	100%	Copper (as Copper Sulfate) 0.5 mg	25%
Niacin (as Niacinamide) 20 mg	100%	Manganese (as Manganese Sulfate) 2.3 mg	115%
Vitamin B6 (as Pyridoxine HCI) 3 mg	150%	Chromium (as Chromium Picolinate) 45 mcg	38%
Folic Acid 400 mcg	100%	Molybdenum (as Sodium Molybdate) 45 mcg	60%
Vitamin B12 (as Cyanocobalamin) 25 mcg	417%	Chloride (as Potassium Chloride) 72 mg	2%
Biotin 30 mcg	10%	Potassium (as Potassium Chloride) 80 mg	2%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%		
Boron (as Borates) 150 mcg	**	Vanadium (as Sodium Metavanadate) 10 mcg	**
Nickel (as Nickelous Sulfate) 5 mcg	**	Lycopene 300 mcg	**
Silicon (as Silicon Dioxide) 2 mg	**	Lutein 250 mcg	**



MultiPride Antioxidant Formula

May provide support for healthy immune system function and healthy energy levels.

\$14.00 Limit 5 5670[‡] 60 tablets

Supplement Facts

Amount Per Serving	% Daily Value	Amount Per Serving 9	% Daily Value
Vitamin A (100% as beta carotene) 10,000 IU	200%	Vitamin E (as dl-alpha tocopheryl acetate) 60 IL	J 200%
Vitamin C (as ascorbic acid) 120 mg	200%	Selenium (as sodium selenite) 100 mcg	143%
Green Tea Extract 125 mg	**	Citrus Bioflavonoids 38 mg	**
Catechins 62 mg	**	Alpha Lipoic Acid 30 mg	**
Polyphenols 100 mg	**	CoQ10 10 mg	**

5548[‡]

Supplements—Probiotic



Probiotic

Saccharomyces Boulardii 250 mg. This is the same probiotic found in Florastor®. Helps maintain intestinal health.

6822[‡] **\$24.00** Limit 5 50 capsules

Vitamins A-Z



Vitamin A 10,000 IU May help promote a healthy immune system.

6932[‡] **\$7.00** Limit 5 110 softgels



Beta Carotene 25000 IU

May help immune system and help support healthy eyes and skin.

\$11.00 Limit 5 5618[‡] 100 softgels



Vitamin B-6 100 mg

May help promote brain, eye and nervous system health.

\$6.00 Limit 5 5612[‡]



Vitamin B-12 500 mcg

May help contribute to a healthy nervous system.

5627[‡] \$6.00 Limit 5 100 tablets



Vitamin B-50 Complex

Prolonged-release tablets. May help promote a healthy nervous system.

\$6.00 Limit 5 4881[‡]

\$9.00 Limit 5

60 tablets

5597[‡]

100 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving % Daily	Value
Thiamin (Vitamin B-1) 50 mg	3,333%	Vitamin B-12 (as Cyanocobalamin) 50 mg	833%
Riboflavin (Vitamin B-2) 50 mg	2,941%	Biotin 50 mcg	16.7%
Niacin (as Niacinamide) 50 mg	250%	Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride) 50 mg	2,500%	Calcium (as Calcium Carbonate) 115 mg	12%
Folic Acid 400 mcg	100%		
**Daily Value not established.			



Super B-Complex

May help support immune and metabolic 100 tablets functioning. Contains Vitamin C.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving % D	aily Value
Vitamin C (as ascorbic acid) 100 mg	167%	Folic Acid 400 mcg	100%
Thiamine (B1) (as thiamine mononitrate) 100	0 mg 6667%	Vitamin B12 (as cyanocobalamin) 15 mcg	250%
Riboflavin (B2) 20 mg	1176%	Biotin 5 mcg	2%
Niacin (B3) (as niacinamide) 25 mg	125%	Pantothenic Acid (as calcium d-pantothenate) 5.5	mg 55%
Vitamin B6 (as pyridoxine hydrochloride) 2 m	ng 100%		

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Biotin 500 mcg

May help promote healthy skin, hair and nails.

\$6.00 Limit 5 5634[‡] 60 tablets

Vitamin C 500 mg

May help boost the immune system, support healthy joints and promote heart and circulatory health.

100 tablets **\$9.00** Limit 3 5620[‡] 250 tablets

\$4.00 Limit 3



Vitamin C 500 mg Chewable Tablets May provide antioxidant support and immune function support.

\$7.00 Limit 5 5550[‡] 110 tablets Orange flavor



Vitamin C 500 mg Powder Packets Single-serve powder packets.

3254* **\$22.00** Limit 5

80 count Unflavored



Calcium 600 mg

May help improve bone strength.

3032* **\$6.00** Limit 5 150 tablets

Calcium 600 mg with Vitamin D3 400 IU May help promote strong bones and teeth.

5826[‡] **\$5.00** Limit 5 60 tablets

Calcium 600 mg with Vitamin D3 800 IU May help promote strong bones and teeth.

5811[‡] **\$13.00** Limit 5 300 tablets



Calcium Citrate 315 mg with Vitamin D3 250 IU

Compares to Citracal®. May help promote strong bones and teeth. 3048* **\$6.00** Limit 5 100 tablets



Calcium Chews 650 mg with Vitamins D & K Compares to Viactiv[®].

\$10.00 Limit 5 6935[‡]

60 chews Chocolate flavor

Supplement Facts Serving Size: 1 Piece

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 20		Vitamin D 12.5 mcg	
Calories from Fat 5		Vitamin K 40 mcg	
Total Carbohydrate 2 g		Calcium 650 mg	
Total Sugars 1 g		Iron 1 mg	
Includes 1 g Added Sugars		Sodium 10 mg	

Percent Daily Values are based on a 2,000 calorie diet



Coenzyme Q-10 100 mg

May help promote heart health.

\$12.00 Limit 5 5820[‡]

30 softgels



Chromium Picolinate 1000 mcg May help promote blood sugar health.

5845[‡] \$8.00 Limit 5 100 tablets

Vitamins A–Z (continued)



VitaJoy® Daily D 2000 IU Peach flavor.

4852* **\$13.00** Limit 5 120 gummies

Vitamin D3 1000 IU May help support bone, joint and immune system health.

\$6.00 Limit 5 5609[‡] 100 tablets

Vitamin D3 2000 IU

\$11.00 Limit 5 5725[‡] May help support bone, joint and 250 tablets immune system health.



DHEA 25 mg May help promote a balanced hormone level.

1649[‡] **\$14.00** Limit 5 90 caplets



Vitamin E 200 IU May help support heart, immune system and other organ health.

\$8.00 Limit 5 2977[‡] 100 softgels



PreserVision® AREDS+LUTEIN Promotes eye health.

New 3159[‡] **\$27.00** Limit 5 50 softgels



Eve Health & Lutein

\$10.00 Limit 5 5754[‡] 60 tablets Compares to Ocuvite[®]. Contains key antioxidants including zinc and lutein.

Supplement Facts

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) 1000 IU	20%	Zinc (as zinc oxide) 40 mg	267%
Vitamin C (as ascorbic acid) 200 mg	333%	Selenium (from sodium selenate) 55 mcg	79%
Vitamin E (as dl-alpha tocopheryl acetate) 6	60 IU 200%	Copper (as cupric oxide) 2 mg	100%
Lutein 2 mg	**		
**Daily Value not established			



Ferrous Sulfate 325 mg (Iron 65 mg) May help promote red blood cell formation. Iron may help muscle function and energy production.

\$4.00 Limit 5 2948‡ 100 tablets



Flax Seed Oil 1000 mg Good source of Omega-3 fatty acids.

May help promote a healthy heart and immune system.

\$6.00 Limit 5 5853[‡] 60 softgels



Folic Acid 400 mcg May help promote heart and

cardiovascular wellness.

3016[‡] **\$3.00** Limit 5 100 tablets



Glucosamine 1500 mg and Chondroitin 1200 mg May help rebuild cartilage and

lubricate joints.

\$12.00 Limit 5 8495* 40 tablets

\$23.00 Limit 5

\$8.00 Limit 2

100 tablets

8513[‡]

ImmuBlast™ Chewable Tablets

5902[‡] Compares to Airborne[®] Citrus Flavor. 32 tablets

Amount Per Serving	% Daily Value	Amount Per Serving % Da	ily Value
Calories 25		Vitamin E (as dl-alpha Tocopheryl Acetate) 30 IU	100°
Total Carbohydrates 7g	2% ^{††}	Magnesium (as Magnesium) 40 mg	10%
Sugars 5 g	**	Zinc (as Zinc Oxide) 8 mg	53%
Vitamin A (as Retinyl Palmitate) 2,000 IU	40%	Selenium (as Sodium Selenate) 15 mcg	219
Vitamin C (as Ascorbic Acid) 1,000 mg	1,667%	Manganese (as Manganese Sulfate) 3 mg	150%
Proprietary Herbal Extract Blend 3: Maltodextrin, <i>Lonicera japonica</i> (flower <i>Vitex trifolia</i> (fruit), <i>Isatis tinctoria</i> (root)	, <i>Forsythia suspensa</i> (fruit)	. Schizonepeta tenuifolia (aerial), Ginger [Zingiber officina II)	* ale (root)],
	, Echinacea purpurea (aeria	,	- -



Iron 27 mg

May help promote red blood cell formation. Iron may help muscle function and energy production.

\$5.00 Limit 5 8504[‡] 100 tablets



Krill Oil 350 mg

Compares to Schiff® MegaRed®. May reduce risk of Coronary Heart Disease.

\$25.00 Limit 5 60 softgels

8505[‡]

5651[‡]



L-Lysine 500 mg

Amino acid that may promote immune strength.

\$9.00 Limit 5 100 tablets



VitaJoy[®] Melatonin 5 mg Strawberry flavor.

9612[‡] **\$16.00** Limit 5 120 gummies



Melatonin 5 mg

Amino acid that may help regulate sleep cycles.

\$3.00 Limit 5 5884[‡] 30 tablets



Magnesium Oxide 400 mg May help relieve heartburn, sour stomach or acid indigestion. 2657[‡] **\$9.00** Limit 5 120 tablets

Magnesium Oxide 400 mg **Powder Packets** Single-serve. Unflavored.

\$22.00 Limit 5 7195[‡]

15

80 count



5866[‡]

\$8.00 Limit 5 90 softgels

^{*}Members may order these item(s) after discussing the item(s) with their physician who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements, so it is important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.

\$17.00

First Aid Remedies

Antisentic Spray

, masepaie opiay	
Easy to apply, water-resistant and transparent	
spray forms a seal around cuts and scrapes.	

2 fl. oz.

3034

\$8.00 Limit 2

• Cannot ship to Hawaii or P.O. boxes.

1		35		-	
	TO THE	4	Miles in	1	
1					

Isopropyl Alcohol Prep Pads

5664***

\$4.00 Limit 1

70% isopropyl alcohol. 200 count



Isopropyl Alcohol 70% isopropyl alcohol. First aid

5672*** 16 fl. oz.

\$3.00 Limit 1

antiseptic.

• Cannot ship to Hawaii or P.O. boxes.



Hydrogen Peroxide

First aid antiseptic. Wipes or topical solution.

5291

\$1.00 5655 4 fl. oz. Limit 2

\$3,00 32 fl. oz. | Limit 1

5682

\$4.00 40 wipes | Limit 1

NEOSPORIN

Neosporin® Ointment

New **8213**

\$9.00

Infection protection to treat

1 oz.

3619

1 oz.

1 oz.

minor cuts, scrapes and burns.

Triple Antibiotic with Pain Relief Ointment

\$9.00

Triple Antibiotic Ointment

For minor cuts, scrapes and burns.

5462

\$6.00 Limit 3



Hand Sanitizer

4799

\$4.00 Limit 1

• Cannot ship to Hawaii or P.O. boxes.

8 oz. gel



Hand Sanitizer-Liquid 80% ethyl alcohol.

1278

\$3.00 Limit 2

4 oz.

• Cannot ship to Hawaii or P.O. boxes.



Petroleum Jelly

5649 4 07.

\$2.00 Limit 10

5680

\$5.00 Limit10

13 oz.

Epsom Salt

5373

\$3.00

Multi-use product. 16 oz.

*** In certain circumstances some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with

Lice Solution Kit

Kit includes: Egg and nit combing spray (2 oz.), lice control spray (5 oz.), shampoo (4 oz.) and one nit comb.

• Cannot ship to Hawaii or P.O. boxes.



Soothing Oatmeal Bath Treatment

Compares to Aveeno[®]. May provide relief from poison ivy, oak, sumac and insect bites, rashes and eczema. 3700 \$9.00 8 packets

5641

First Aid Supplies



Curad® Adhesive Bandages

Adhesive stays secure even when wet. Plastic bandage.

\$3,00 5118 \$5,00 5153 3/4" 80 count Waterproof 1" 100 count

5160 \$6.00 2" x 4" 50 count

6535



Curad® Variety Pack Assorted Bandages

20 Waterproof, 50 Flex-Fabric[™], 60 Plastic, 60 Sheer, 10 XL Flex-Fabric™. 200 count

\$11.00

Curad® Ouchless Adhesive Bandages

Flexible fabric material with FZ Release™ silicone adhesive.

\$9.00 1065 3/4" x 3" 50 count



Curad[®] Quickstop™ **Adhesive Bandage**

Non-stick pad material.

4140 \$6.00 Assorted sizes 30 count



Curad® Soothe & Cool Bandages May help with minor burns, blisters and abrasions. Hydrogel pad with

a clear waterproof adhesive edge.

7298 \$7.00 Assorted sizes 8 count



Adhesive Bandages—Knuckles Breathable fabric material.

5219 \$5.00 100 count



Adhesive Bandages—Fingertip Breathable fabric material.

5379 100 count \$6.00

\$2.00

Cotton Balls Soft, white and absorbent. Medium size.

200 count

5275

Cotton Swabs Double-tipped. 5265 \$3,00

300 count

\$7.00

First Aid Supplies (continued)



Curad® First Aid Kit Includes bandages, tape, gauze, exam gloves, cold pack, tweezers and cleansing towelettes.

\$12.00 Limit 5 5150



Mini First Aid Kit Includes plastic bandages (3/4" x 3" x 11/2"), gauze pads, alcohol cleansing pads, butterfly closure and cotton tips.

5208 \$2.00 Case color may vary



Face Mask Covers nose and mouth. Single use only. Latex-free. 2121 **\$14.00** Limit 3 1 pack of 10 masks



Powder-free Synthetic Exam Glove Stretch vinyl gloves are powder-free and latex-free.

\$7.00 | Limit 1 |

\$12.00 Limit 1

Specify size when ordering.

Size Count Size Count **Size Count Size Count** 90 S 100 100 100 XL



Curad® Nitrile Exam Gloves Powder-free Latex-free

One size fits most Medical-grade exam gloves. Provides 100 count barrier protection with a soft touch. Light Blue color

Ice Bag

5355

5365

2017

7" ice bag



Hot or Cold Therapy Water Bottle Made with Natural Rubber Latex.

5367

\$10,00

\$7.00



Reusable Cold & Hot Pack

5331

\$8.00 Limit 2

Gel-filled pack for hot/cold pain relief.

2 pack

Itch Relief / Repellents



Ben's® Tick & Insect Repellent Repels mosquitoes for up to 10 hours. 30% DEET.

1629 \$6,00 1.25 fl. oz. pump

1632 \$8.00 3.4 fl. oz. pump



18

Natrapel® Tick & Insect Repellent DEET-free, 20% Picaridin.

1874 \$11.00 3.4 fl. oz. pump

• Cannot ship to Hawaii or P.O. boxes.

After Bite Relief

Temporary relief of pain and itching due to biting insects.

5389 .5 oz.

\$5.00



Insect Bite Relief

Sponge tip applicator.

Bite and Sting Relief Ointment Temporary relief of pain and itching due to bug bites.

3598 1.75 oz.

New **8351** \$5.00

0.5 oz.

Curad® Bacitracin with Zinc Ointment Antibacterial formula for minor cuts, burns and scrapes.

3080 \$6,00 1 oz.

Anti-Itch Cream Compares to Extra Strength Benadryl® cream.

5455 \$4.00 1.25 oz.

and swelling.

Curad[®] Hydrocortisone Cream 1% Reduces inflammation, redness 1 oz.

\$4.00 5388

\$5.00

Calamine Lotion May help dry the oozing and weeping from poison ivy, poison oak and

5370 6 fl. oz.

poison sumac.

Wound Care



Curad® Wound Care Kit Supplies to help clean (gauze pads), cover (non-stick pad or gauze roll) and secure (paper tape or gauze roll) wounds.

5012 \$10.00 25 count

Curad® Non-Adherent Pad Sterile cotton and polyester pad. Does

5554 \$6.00 3" x 4" 20 count

not stick to lightly draining wounds. **Curad® Paper Tape—Gentle**

\$4.00 5231

Breathable tape for sensitive skin.

2" x 10 yds. 1 roll

Curad® Transparent Tape Perforated plastic tape that permits skin examination without tape removal.

5227 \$3,00 2" x 10 yds. 1 roll

Curad® Cloth/Silk Tape Water repellent, easy to tear for affixing dressings.

\$5.00 Limit 10 2" x 10 yds. 1 roll

Curad® Cloth Tape Strong cloth tape for general purpose bandaging. 5298 \$5.00 Limit 10

5246

5314

1" x 10 yds. 1 roll

Gauze Sponges Sterile, soft and absorbent.

4" x 4" 10 sponges

Gauze Rolls

Sterile wrap for securing dressings.

5316

\$3.00 Limit 10 4" x 75" each 3 rolls

\$2.00 Limit 10

Gauze Bandage

Sterile, 100% cotton bandage.

5350 **\$2.00** Limit 10 4.5" x 4.1 yds. 1 roll

Oral Care W First Aid

Wound Care (continued)



Curad® Spray Bandage 1.35 fl. oz. Forms a protective seal over wounds. Quick-dry formula is flexible, breathable

and stays on areas that are hard to cover. • Cannot ship to Hawaii or P.O. boxes.



Elastic Bandage

Latex-free bandage with self closure. Breathable bandage with compression and stretch.

5191 \$2.00 5197 5199 \$3.00 \$3.00 2" x 5 yds. 1 roll 4" x 5 yds. 1 roll 6" x 5 yds. 1 roll



CoFlex® Bandage Self-adhering bandage, latex-free with easy hand tear.

5359 \$3,00 2" x 5 yds. 1 roll

5166

\$7.00



Curad[®] Germ Shield™ **Antimicrobial Gel**

Silver solution wound gel. For minor cuts, scrapes and burns. 2928 \$6.00 .5 oz. tube

\$13.00

3247

1.75 oz.

W Oral Care

Denture Care

trasi mana Annesve	Denture Adhesive Compares to Fixodent® Original. Zinc-free.	5177 2 oz.	\$4.00
Denture Bi	rush	4968	\$3.00
Denture Cl Compares	eanser to Efferdent®.	4973 90 tablets	\$5.00
Tibole 120 X 120	Polident Denture Cleanser 3-minute antibacterial daily cleanser.	3165 2 boxes of	\$16.00 f 120 tablets
POLIGRIP	Super Poligrip® Denture Adhesive Zinc free.	4984 2.4 oz.	\$7.00

Klutch Denture Adhesive

Powder. Zinc free.

Lip & Mouth Care

\$3.00 Limit 10 **Medicated Lip Treatment** 5018 Compares to Carmex®. 2 pack

	.ip Balm SPF 15 to ChapStick [®] .	5059 .15 oz.	\$1.00 Limit 10
Francis Base Barbon	Lip Balm SPF 45 Tropical flavor.	5033 .15 oz.	\$2.00 Limit 10
biotions 	Biotene® Dry Mouth Spray Oral moisturizer for hydration and protection. May help refresh and keep mouth odor-free.	5082 1.5 fl. oz.	\$10.00 Limit 10
biotène	Biotene® Dry Mouth Oral Rinse Mint flavor.	5106 16 fl. oz.	\$9.00 Limit 10
	Mouth Moisturizer Moisturizes lips and oral tissue. Water-based formula.	5074 5 packets	\$6.00 Limit 10 .11 fl. oz. each

Tooth & Gum Care



Interplak® OptiClean™ **Rechargeable Toothbrush** 2 brush heads included.

\$25.00 Limit 3 5304 Toothbrush 5343 \$15.00 2 replacement heads



Toothbrush Soft bristles. 4949 Each



Battery Power Toothbrush Dual action brush head with cheek and tongue cleaner. Soft bristles. 2 AAA batteries included.

\$14.00 Limit 3 5280 **Toothbrush** 5281 \$8.00 2 replacement heads

\$1.00



\$3.00 5009 Soft

Medium

5031



Interplak® Battery Operated **Water Jet**

Water jet includes 2 jet tips and 3 AA batteries.

\$28.00 Limit 3 5126 Water Jet

\$3.00

5086 \$9.00 5 replacement tips (1 Jet, 2 Brush, 1 Gum, 1 Subgingival tip)

\$46.00

\$21.00

\$16.00

\$17.00

Tooth & Gum Care (continued)



2145 \$4,00 **Dental Floss-Waxed Mint** 2 pack 100 yards each



\$3.00 4878 **Mint Flossers** 90 count May help reduce plaque buildup and the risk of gingivitis. Mint flavor.



Gum Brushes Reusable microfine bristles help remove plaque and food particles.

4926 \$8,00 10 count



BrushPicks Safely removes food debris. May help stimulate gums.

4806 \$7.00 275 count



Tongue Cleaner May help improve oral hygiene. 8295 2 pack

\$3.00

\$4.00



Oral Care System Twenty oral swabs, a 2-oz. bottle of mouth rinse, five packets of mouth

\$10.00 Limit 10

Oral Pain Relief Gel
Compares to Orajel®

moisturizer gel, and a medicine cup.

3003	
.33 oz.	

4848



New **9562** \$4.00 **Crest® Toothpaste—** 4.2 oz. **Regular Paste**



Aim™ Mint Gel

5066 5.5 oz.	\$2.00
5132	\$10.00

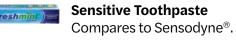


Biotene® Fluoride Toothpaste Reduces bacteria and dry mouth symptoms.

4.3 oz.

5095

4.3 oz.



Pepsodent® Toothpaste

5083

5.5 oz.

\$2.00

\$3.00

Compression



Curad® Thigh High Stockings 5758* 20-30 mmHg 1 pair

Controlled compression may help circulation and leg fatigue. Two-way stretch. Extra firm surgical weight.

Colors: Black or Tan

Specify Color and Size when ordering.

Size	Ankle	Calf	Thigh
Α	7" – 8"	10" – 13"	16" – 22"
В	8" – 9"	12" – 15"	19" – 25"
С	9" – 10"	14" – 17"	22" – 29"
D	10" – 11"	16" – 19"	24" – 30"

5822

1 pair

5792

5803



Jobst® Thigh High Stockings 8-15 mmHg

Controlled compression may help circulation and leg fatigue.

Colors: Black or Beige

Specify Color and Size when ordering.

24 ³ / ₈ "
271/2"
303/4"
32"



Curad® Knee High Stockings

Controlled compression may help circulation and leg fatigue.

1 pair 8–15 mmHg \$25.00 5767* **Colors: Black or Tan** 1 pair 15-20 mmHg

Specify Color and Size when ordering.

Size	Women's Shoe Size	Men's Shoe Size
S (A)	6 - 81/2	6-8
M (B)	9 - 101/2	$8^{1/2} - 10$
L (C)	10 – 13	101/2 - 12
XL (D)	11 – 13 (XL Calf)	12 – 14



Curad® Compression Dress Socks 8-15 mmHg

1 pair Controlled compression may help

circulation and leg fatigue. Over the calf.

Color: Black

Specify Size when ordering.

Size	Women's Shoe Size	Men's Shoe` Size
S	6 - 81/2	6-8
M	9 - 101/2	81/2 - 10
L	11 – 13	101/2 – 12

^{*} Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

\$5,00

Foot Care



Lamb's Wool Padding Compares to Dr. Scholl's[®]. Protects tender areas between toes and soft corns.

5834 \$6.00



Moleskin Plus Protects sensitive areas. Self-stick adhesive. Trim to fit.

5804 \$3.00

Corn Cushions Compares to Dr. Scholl's®. 5817 \$3.00

9 count

4 sheets



Hammer Toe Crest

May help relieve pressure and pain on toe tips.

\$8.00 5770

1 crest

One size fits most



Bunion Guard

Soft gel shield cushions and protects sore bunions.

5801 \$10.00

1 guard

One size fits most



Toe Straightener

Cushions, protects and keeps toes in their correct position.

5844 \$18.00

4 pack

One size fits most



Toe Protector

May help to relieve ingrown nails, corns, hammer toes and toe tips.

5823 \$7.00

1 protector

One size fits most



Firm Wrap Short Stretch Compression Bandage 100% cotton. Latex-free.

5774

\$8.00

3.15" x 5.47 yards



Curad® Mediplast Wart Pad May help with the removal of corns, calluses and warts.

5821

2" x 3" cut-to-fit pad

3 pads

Medicated Corn Removers

5799

\$5.00

\$12.00

\$6.00

Compares to Dr. Scholl's[®]. Hypoallergenic.

9 count

Callus Control Cream

Extra strength. Non-greasy formula.

6985

4 oz.



Antifungal Cream Clotrimazole 1% Compares to Lotrimin AF[®].

5862 \$6,00

0.5 oz.

Antifungal Cream Tolnaftate 1% Compares to Tinactin®. May relieve athlete's foot irritations.

5957 1.25 oz.

Specialty Footwear



Jobst[®] Sensifoot[™] Diabetic Socks Non-binding tops. Padding provides cushioning and helps keep feet cool and dry. Anti-microbial. Made of acrylic, nylon and spandex. Non-constricting and mild compression.

5878 \$17.00 1 pair Crew Length 5819 \$19.00

1 pair Over the Calf

5827

1 sleeve

\$14.00

Colors: Black or White

Specify Color and Size when ordering.

Women's Shoe Size **Men's Shoe Size** S 7 - 96 - 8 $9\frac{1}{2} - 11$ M $81/_{2} - 10$ L $11\frac{1}{2} - 13$ $10^{1/2} - 12$ XL 13 – 14 $12^{1/2} - 14$



Plantar Fasciitis Relief Sleeve

Compression that lifts the Plantar Fascia for a gentle, comfortable stretch. Wears comfortably under socks for extra support.

Specify Size when ordering.

Women's Shoe Size Men's Shoe Size S 4 - 61/2 $3 - 5\frac{1}{2}$ $7 - 10\frac{1}{2}$ $6 - 9\frac{1}{2}$ M 11 - 1310 - 13L XL 13 - 14131/2 +



Ultrastretch Night Sock

May help with Plantar Fasciitis and overuse injuries. Adjustable strap provides a gentle, effective stretch. Seamless at the toes to reduce irritation. Measure circumference around largest part of calf to size.

Specify Size when ordering.

Size Calf R Up to 16" 16" - 21" L

6378 \$40,00 1 night sock

Anti-Skid Slipper Socks Single tread designed for safety with skid-resistant treading.

Polycotton blend. Color: Light Blue.

7351 \$3.00 1 pair

One size fits most

\$15.00





Ouad Cane-Small Base Stable 4-point base. Weight capacity: 300 lbs.

\$30.00 1950**

Height adjusts 29"-38"



Quad Cane-Large Base

4-point base. Height adjusts in one-inch increments. Weight capacity: 500 lbs.

1928** \$38.00

Height adjusts 29"-38"



Cane with Offset Handle

Aluminum with cushion handle and wrist strap. Height adjusts 29"-38". Weight capacity: 300 lbs.

1954** \$20.00 1995** \$20.00 1974** \$20.00 Chrome Black **Bronze**



Folding Cane

Molded contour grip handle. Non-slip rubber tip. Weight capacity: 250 lbs.

1901** \$17.00

> Black Height adjusts 32"-36"



Cane for Vision Impaired

Lightweight 4-section aluminum construction. Includes elastic strap for carrying convenience. Includes two reflective strips to customize to user needs.

2324** \$26.00

White

4635

1 pair

14" folded length 49" extended length

• Cane is non-weight bearing.

\$18.00

Supports

Compression Support



Arthritis Gloves

Mild compression to enhance circulation. Cotton lycra. Measure across the knuckles to size.

Specify Size when ordering.

Size Knuckles Size Knuckles Size Knuckles up to 31/8" up to 31/2" up to 4" S M



Wrist Compression

May help support a weak or injured wrist. Fits either hand. Latex-free. Measure around wrist to size.

4630 \$10,00 Each

Specify Size when ordering.

Size Wrist Size Wrist Size Wrist Size Wrist 6" - 7" 7" - 8" 5" - 6" 81/2" - 10"

Protective Sleeves



Heelbo® Heel and Elbow Protector Flexible, stretch weave. Contoured foam pad reduces rolling and binding. Machine washable. Colors may vary.

Specify Size when ordering.

Size Ankle Circumference Size Ankle Circumference S 16" 19" L 17" M XL 23"



Protective Sleeve for Arm or Leg Mild compression protects fragile skin from everyday scrapes, shearing and bumps. One size fits most.

4562 \$14.00 1 pair—Arm 4597 \$16.00 1 pair—Leg

4619

1 pair

Supports & Braces



Thumb Brace 4629 \$10.00

For arthritis and tendinitis. Keeps thumb Each in neutral position. Fits either hand. Made with neoprene, nylon and elastic.



Carpal Tunnel Night Brace

May help with carpal tunnel, forearm tendinitis and arthritis. Fits either hand, Latex-free, One size fits most.

4689 \$22.00

\$23.00

4744

Each

Each



Carpal Tunnel Glove

Helps prevent and relieve carpal tunnel syndrome, increases comfort and circulation, and ensure ergonomically correct wrist position. Measure across knuckles to size.

• Specify Size when ordering.

Size Knuckles Size Knuckles Size Knuckles up to 31/4" up to 33/4" up to 41/4"



Hip Protector—Open or Closed Seamless brief made of 100% soft textile. Washable. Color: White. Measure hips at widest point to size.

4750 \$64.00 Open-Unisex 4739 \$68,00 Closed—Unisex



Specify Size when ordering.

Size Hips Size Hips Size Hips 40" - 48" S 30" - 38" XXL 48" - 60" 35" - 43" XL 44" - 56"



Curad® Figure 8 Elastic Ankle Wrap May help with mild sprains and weak ankles. Simulates taping.

6834 \$13.00 Each Fits either ankle

^{**} Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

Aids for Daily Living

Supports	& Bra	aces (contin	ued)			
	Curad® Pull-Over Knee Support Provides moderate compression. Made with latex-free elastic. Measure knee circumference at knee cap with leg straight to size. • Specify Size when ordering.			4602 Each	70.00	
Size Knee Size Knee S 14" – 16" L 18" – 20" M 16" – 18" XL 20" – 22"					00	Knee 22" – 24"



Curad® Knee Support with Patella Pad

May help with tendonitis and weak or arthritic knees. Adjustable. Fits 12"–21" when measured around leg, 3 inches above knee. Latex-free. **4801** \$30.00 Each

4613

Each



Elbow Support Sleeve

Knitted neoprene elastic provides moderate compression. Latex-free. Measure around forearm to size.

Specify Size when ordering.

Size	Forearm	Size	Forearm
S	7" – 9"	L	11" – 13"
M	9" – 11"	XL	13" – 15"



Curad® Elbow Support

Adjustable dual-strap. For mild strains and sprains. Breathable compression with Microban® antimicrobial protection.

4903 \$11.00

Each

One size fits most

\$10,00



Back Support with Suspenders

Helps protect back while lifting. Heavyweight elastic side panels provide compression to abdomen and lower back. **4628** \$20.00

Each

Specify Size when ordering.

Size Waist Circumference

Size Waist Circumference

\$25.00

XXL 42" – 46"

XL 38" – 42"

34" - 38"



Back Support with Dual Pulley System 4623

Metal stays provide added support for the lower back and abdomen. Fits comfortably under clothing.

Specify Size when ordering.

Size Waist Circumference S/M 28" – 36" L/XL 37" – 44" Size Waist Circumference

XXL 45" – 50"

Each

Aids	for	Daily	Living
------	-----	-------	--------

Bottle Opener with
Magnifying Glass
Provides firm grip and hold.
Aids reading small print.

8632 Each

\$10.00 Limit 10

\$7.00 Limit 10

Color may vary

Color may vary

29

Pill Bottle Opener 4056
Provides firm grip and hold. Each

2.5" diameter. Color may vary

Pill Splitter 6362 \$7.00
Divides a pill in two with minimal effort. Each

Pill Splitter & Crusher 8462 \$9.00
Built in storage for medication. Each

Pill Crusher 3736 \$7.00
Built-in pill storage. Each

Pill Box—With Lock 2827 \$6.00 7-day pill box with lock. 1x per day

Pill Box—Easy Open1532\$9.00EZ Push Button AM/PM pill box.2x per day

Classic Pill Box—7 Day
Translucent plastic.

5058 \$4.00

Deluxe Pill OrganizerTranslucent plastic.

3811 \$8.00
7 day 4x per day

Liquid Medication Dropper & Spoon 2648 \$5.00
Clear gradations accurately measure Each

Oral Medication Syringe 7659 \$2.00

Holds up to 10mL of liquid. Each

Digital Food Scale 3743 \$33.00 Limit 2
11 lb. capacity



medication.

Polished, hypoallergenic stainless steel with medical alert symbol. Engraving on back of bracelet. Bracelet is 7.5" in length.

 1768
 \$21.00
 8189
 \$21.00
 6251
 \$21.00

 Diabetic
 Heart Patient
 Seizure Disorder

Nightlight 5945 \$12.00 Limit 5

Auto on/off by lamp's light sensor. Low power 2 pack

consumption. Lasts 50,000 hours. UL certified.

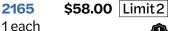
Battery(ies) included

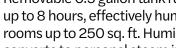
Aids for Daily Living (continued)



Warm Mist Humidifier with Steam Inhaler

Removable 0.5 gallon tank runs quiet up to 8 hours, effectively humidifies rooms up to 250 sq. ft. Humidifier converts to personal steam inhaler.









Warm Mist Steam Inhaler Pads

Non-medicated vapor pads provide soothing relief for congestion. Soothing scent.

\$13.00 Limit 2 2113 12 pads per pack

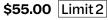
 Recommended use with product #2165 Warm Mist Humidifier with Steam Inhaler above (Steam Inhaler only).



Cool Mist Humidifier

Filter-free and contains an antimicrobial water tank. Adjustable mist dial. Can be used in medium-sized rooms. Auto-shut-off feature when water runs out. Color and style may vary.









Electric Heating Pad Auto shut off.

1716 12" x 24"





Monitoring Devices



Dial Floor Scale 300 lb. Capacity Non-slip mat on a 10.25" x 9.875" platform.

5979**** \$20.00 Limit 2





Talking Digital Floor Scale Speaks in English and Spanish. Platform size: 14.5" x 113/4".

5449**** \$43.00 Limit 2 400 lb. capacity

550 lb. capacity

5622**** \$50.00 Limit 2



Fingertip Pulse Oximeter

Measures the oxygen level in your blood stream and your pulse rate.

5533 \$55.00 Limit 1





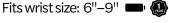
Heart Rate Monitor Watch

Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features.

• Cannot ship to Hawaii or P.O. boxes.

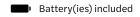
5605

\$40.00 Limit 2



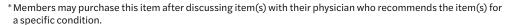
\$40.00 Limit 2 2261 Fits wrist size: 4.5"-7.5"







One-Year Limited Warranty



^{****} Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your healthcare provider before ordering.



Wrist Blood Pressure Monitor Memory capabilities and digital screen. Fits wrist size 5.3"-8.5".

5490*

\$60.00 Limit 2



Talking Blood Pressure Monitor Unit speaks in English and Spanish. Memory capabilities with large digital screen. Cuff fits arms 8.5"-16.5".

6742*

\$85.00 Limit 2





Standard Blood Pressure Monitor Large digital screen. Cuff fits arms 8.6"-11.75".

5419* **\$45.00** Limit 2



Digital Thermometer LCD display. Non-replaceable battery. 5470 \$5.00 Limit 1

Large Display Digital Thermometer

6851 \$14.00 Limit 1

• Cannot ship to Hawaii or P.O. boxes.

Large, easy-to-read LCD display.



Talking Ear and Forehead Thermometer 6 languages. 2-second result. 5600 \$35.00 Limit 1

\$45.00 Limit1



No Touch Thermometer 5451 Infrared technology measures temperature near forehead. Backlit LCD screen.

Cannot ship to Hawaii or P.O. boxes.

Smoking Cessation (\Longrightarrow



Nicotine Lozenge Compares to Nicorette® Mint Lozenges.

4222* \$42.00 2 mg 72 lozenges 4249* \$42.00 4 mg 72 lozenges



Nicotine Gum

Compares to Nicorette[®] Mint Gum.

4929* \$45.00 2 mg 110 count gum 4944* \$45.00

4 mg 110 count gum

Nicotine Patch

Compares to the active ingredient in Habitrol[®]. Color: Clear.



\$45.00 Step 1 21 mg 14 count 3634* 3631* \$45.00 Step 2 14 mg 14 count



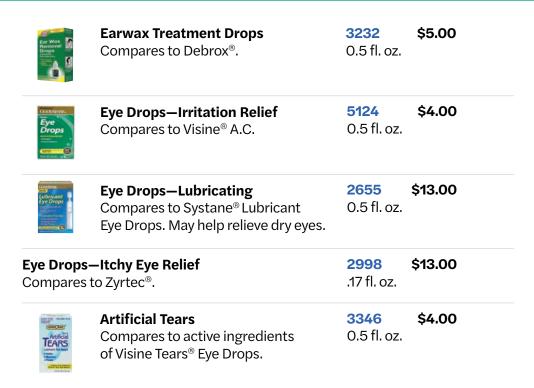
Step 3 14 count 7 mg

3628*

\$45.00

31





1 Therapeutic Skin Care

Barriers—Barrier Creams, Powders & Absorbents



Remedy[®] Intensive Skin Therapy **Hydraguard-D 26% Silicone Cream** Nourishing moisture barrier cream with 12.5% Dimethicone. Helps protect and relieve symptoms associated with dry, cracked skin.



Soothe & Cool® **Cornstarch Body Powder** Absorbs moisture and odor. Talc-free.



Remedy® Nourishing **Skin Protectant Wipes** Cleans, nourishes and protects skin. Paraben-free, hypoallergenic and disposable. 8" x 8". Do not flush.

Use in high moisture areas or skin folds.

7122 8 pack \$6,00

\$5.00

7466 48 pack

2132

4 oz.

7062

14 oz.

\$10.00 Limit 5

\$9.00

\$10.00 Limit 5



UltraSorbs™ Dry Sheet for Skinfolds Skinfold moisture management. 6" x 14" sheet.

5498 10 pack **Cleansers—Total Body & Incontinence**



Remedy® Hydrating Cleanser Helps cleanse, moisturize and nourish the skin. Paraben-free. 5713 8 oz.

\$7.00 Limit 5



Soothe & Cool® Unscented **No Rinse Cleanser** A cleansing spray for sensitive skin. Unscented and no dyes.

1097 8 oz.

\$5.00



Remedy® Cleanser No Rinse Foam Multi-purpose cleanser that cleans and conditions skin.

7023 8 oz.

\$10.00 Limit 5

\$10.00 Limit 5

Protectants—Zinc Oxide Paste & Ointments



Remedy® Intensive Skin Therapy **Calazime Paste**

Zinc Oxide, Calamine and Menthol barrier protects irritated areas of the skin and can provide temporary relief of pain. Zinc Oxide, 20.6% and Menthol 0.44%. Hypoallergenic. Fragrance-free.



2146

4 oz.

\$8.00 Limit 5 5912



Remedy[®] Phytoplex Z-Guard[®] Paste 17% Zinc Oxide and 57% White Petrolatum barrier helps protect and treat incontinence-related skin conditions.

4 oz.



Zinc Oxide Ointment May help protect the skin from minor skin rashes, 20% Zinc Oxide. 1186 16 oz.

\$10.00

Vitamin A and D+E Ointment Ointment may help prevent and treat diaper rash.

1191 13 oz.

\$6.00

Skin Creams—Specialty



Remedy[®] Intensive **Envliaderm™ Serum**

for heels, hands, legs and feet.

Moisturizes very dry, calloused skin. Contains 20% Urea and Glycolic Acid to help gently exfoliate flaky skin. Ideal use

1465 \$12.00 4 oz.

Vein Healing Cream May help diminish the appearance of varicose veins, spider veins and broken capillaries.

5632

4 oz.

\$17.00

Skin Creams—Therapeutic



Remedy[®] Intensive Skin Therapy **Skin Repair Cream**

Helps protect and relieve dryness, chapped or cracked skin. Orange Vanilla scent.

\$4.00 Limit 5 9156 2 oz. tube

4 oz. tube

6595

\$20.00 Limit 5 3597

\$7.00 Limit 5

\$8.00 Limit 5

32 oz. pump



Remedy[®] Nourishing Skin Cream May help soothe red, sore or irritated skin. Vanilla Scent.

5736 8 oz. bottle

\$13.00 Limit 5 1181

16 oz. pump



Soothe & Cool® Skin Cream May nourish and moisturize compromised skin. Contains aloe and Vitamin E.

1072 8 oz.

\$7,00



Pain Relief Cream May help with pain relief for feet, arthritis, joints, muscles and shingles.

5667 4 oz.

\$17.00

Treat—Antifungal Cream & Powder



Soothe & Cool® Antifungal Cream Aids in maintaining healthy skin while treating fungal infections; athlete's foot, jock itch and ringworm. Contains 2% miconazole nitrate.

5752

5588

3 07.

\$12.00



Remedy[®] Antifungal Powder May help relieve irritations from athlete's foot, jock itch, and ringworm. Talc-free. Use for skin folds and feet.

\$9.00 Limit 5

Sun Care

Sunscreen Lotion Compares to Coppertone®. UVA/UVB protection.	5695 8 oz. SPF	\$7.00 30
Water resistant.	5697 8 oz. SPF	\$9.00 50
Sport Sunscreen Stick SPF 50	5294 .65 oz.	\$5.00
Sunburn Relief Aloe and lidocaine gel may relieve sunburn pain.	5882 8 oz.	\$7.00 Limit1
Aloe Vera Gel May help soothe and cool skin.	5707 16 oz.	\$6.00 Limit1

Disposable Briefs



FitRight® Disposable Brief Breathable, cloth-like material with odor protection. Wicks fluid away to promote dryness. Moisture indicator. Skin-safe tab closures and anti-leak guards. Latex-free.

4925** \$18,00 1 pack of 20

2143** \$62.00 1 case of 80

Ultra Absorbency

Specify Size when ordering.

Size	Waist Size	Size	Waist Size	Size	Waist Size
S	20" - 33"	R	40" - 50"	XL	57" – 66"
M	32" – 42"	L	48" – 58"	XXL	60" – 69"

Disposable Brief-4XL size

Fits up to 94". Tab closures. Latex-free.

2396** \$85,00

1 case of 32

Disposable Pads



Bladder Control Pads—Contour Plus

Breathable contoured shape with adhesive backing. 28 count.

ltem#	Size	Performance	Price
7325**	5.5" x 10.5"	Moderate	\$6.00
7330**	6.5" x 13.5"	Maximum	\$9.00
1204**	8" x 17"	Ultimate	\$12.00



Bladder Control Pads—Traditional Shape

Cloth-like outer fabric with adhesive backing. 20 count.

ltem#	Size	Pertormance	Price
7321**	2.75" x 9.75"	Light	\$7.00



FitRight® Active Male Guard Guards have a soft breathable back sheet for increased comfort and

5051 \$16.00 1 pack of 52

> 1229 \$50.00 1 case of 208



FitRight® Light Bladder Pad

discretion. Adhesive backing.

Absorbent core locks away moisture to keep skin dry. Full-length adhesive strip on back side secures positioning. Full-length adhesive strip.

4397** \$8.00 3.5" x 9"

1 pack of 20 Individually wrapped

Pantyliner 1732 \$6.00

Compares to Always[®]. 7" long 40 count

^{**} Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

Disposable Underwear



FitRight® Disposable Underwear

Pull-up style with stretchy waistband and leg gathers. Tear-away sides for easy removal. Latex-free.

ltem #	Product	Performance	Count	Price
2236**	FitRight® Ultra	Heavy	Pack of 20	\$17.00
2242**	FitRight® Ultra	Heavy	Case of 80	\$60.00
2788**	FitRight® Super	Maximum	Pack of 20	\$19.00
2247**	FitRight® Super	Maximum	Case of 80	\$65.00

Specify Size when ordering.

Size	Waist Size	Size	Waist Size	Size	Waist Size
M	28" – 40"	L	40" - 56"	XL	56" – 68"



Disposable Underwear— **Ultra Absorbency—Size Small** Fits waist size 20"-28".

3795** \$20.00 1 pack of 22 **5475**** \$70.00 1 case of 88



Disposable Underwear— **Heavy Absorbency—Size XXL** Fits waist size 68"-80".

3259** \$22.00 1 pack of 20 6495** \$75.00 1 case of 80



FitRight® Disposable Underwear for Men or Women

Made specifically for men (gray) or women (beige), with a different shape and absorbency designed for the comfort, discretion and leak protection of each gender.



Item#	Product	Performance	Count	Price
4422**	FitRight® for Men	Heavy	Pack of 20	\$18.00
4436**	FitRight® for Men	Heavy	Case of 80	\$68.00
	FitRight® for Women	Heavy	Pack of 20	\$18.00
4692**	FitRight® for Women	Heavy	Case of 80	\$68.00

Specify Size when ordering.

Size	Waist Size	Size	Waist Size
SM/MD	28" – 40"	LG/XL	40" - 56"

Personal Cleansing Cloths



All wipes are 8" x 12", hypoallergenic, pH-balanced and alcohol-free.

Limit 10

Item#	Product	Count	Flushable	Scented	Price
7052	FitRight® Aloe	48	No	Yes	\$4.00
7076	FitRight® Aloe	100	No	Yes	\$8.00
5761	FitRight® Aloe	100	No	No	\$8.00
4040	FitRight® Aloe Quilted	48	No	No	\$5.00
1495	ReadyFlush® Select	48	Yes	Yes	\$8.00

Underpads



Reusable Underpad

Waterproof bottom layer helps prevent leakage. Machine washable.

\$15.00 Limit 15 7313** 34" x 36"

\$19.00

\$19.00

7319** **\$20.00** Limit 15 34" x 48"



Protection Plus Polymer Underpads

Disposable underpads feature polymer and fluff core that provides extra absorbency. Latex-free.

Size	Performance	Count	Price
23" x 36"	Standard	Pack of 10	\$5.00
23" x 36"	Standard	Case of 150	\$45.00
30"x30"	Premium	Pack of 10	\$6.00
30"x30"	Premium	Case of 90	\$45.00
	23"x36" 23"x36" 30"x30"	23" x 36" Standard 23" x 36" Standard 30" x 30" Premium	23" x 36" Standard Pack of 10 23" x 36" Standard Case of 150 30" x 30" Premium Pack of 10

2172



Washable Brief

Reusable. Wears like regular underwear. 1 Women's brief Pulls moisture away. Men's brief has 2240 functional fly. Holds 4 oz. of liquid. 1 Men's brief 100% cotton. USA Made.



Specify Size when ordering.

Women's Brief		Men's Brief	
Size	Waist Size	Size	Waist Size
S	22" - 25"	S	30" - 33"
M	26" – 29"	M	34" - 36"
L	30" – 33"	L	37" – 40"
XL	34" – 36"	XL	41" – 45"
XXL	37" – 40"	XXL	46" – 52"

Bath Safety



Shower & Tub Aids

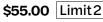


Shower Safety Benches

Aluminum frame. No tools needed; some assembly required. Seat height adjustable from 16" to 21". Weight capacity: 350 lbs.

2304 \$65.00 Limit 2

Bench with back 2320



Bench without back





Adjustable Transfer Bench

Converts for left or right entry. Weight capacity: 350 lbs. Overall dimensions: 30.5"W x 23"D. Seat dimensions: 26.25"L x 16.25"D.

2804





One-Year Limited Warranty

^{**} Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

Shower & Tub Aids (continued)



Handheld Shower

Handheld shower head with 6.5-ft. long hose. Some assembly required.

Do not over-tighten.



Tub Safety Bar

Durable steel bar attaches to tub side. Attaches to tubs up to 6.25" wide. Fits most standard bathtubs. Weight capacity: 250 lbs.

2334

3264

\$45.00 Limit 2

\$27.00 Limit 2



Bath Mat

Textured rubber top provides a safe grip for your feet. 13.4" x 29". Color: White.

2345





Tub and Stair Safety Treads

Waterproof and non-slip. Sticks to most surfaces: tubs, stairs, stools and more. Mildew resistant; easy to clean. Color: White.

2298

8 count

\$8.00 Limit 10

\$18.00 Limit 2

Toilet Aids



Raised Toilet Seat

Fits most toilets 11"-14" long. Raises height by 5". Easy to clean. Weight capacity: 250 lbs. Remove original toilet seat before installing.

 Recommended for use with Toilet Safety Rails (below).

2359

\$23.00 Limit 2

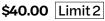




Toilet Safety Rails

Padded side arms adjust from 18"-24" wide; rails adjust from 26"-31" high. Easy-to-clean, aluminum frame. Weight capacity: 300 lbs.

2377







Locking Raised Toilet Seat with Arms

Raises seat height 5" above the toilet. Padded foam arms. Fits most toilets 11"-14" long. Weight capacity: 350 lbs. Remove original toilet seat before installing.

2692

\$55.00 Limit 2

• Orders must total \$30 or more.

Using Your OTC Account

- As a health plan member, you may shop from the catalog, website, or app.
- Only plan members may use the products.
- There is no cost for taxes or shipping.
- Delivery takes 2 to 3 business days in the continental U.S. For Hawaii, delivery takes 3 to 4 business days.
- Unused credits cannot be redeemed for cash.
- If your account balance doesn't cover your total, you can still order. Send a check or money order for the extra amount. Make it out to FirstLine Benefits.

Return Policy

The products are personal. For this reason, we don't allow returns or exchanges. Please call FirstLine Benefits™ within **30 days** of placing your order if:

- You haven't received your order.
- You received a defective or damaged item.

Note:

- · Items may have quantity limits.
- Prices are subject to change.
- If your item is not in stock, an item of similar or greater value may be shipped in its place.



One-Year Limited Warranty

Delivered by



FirstLine Benefits[™] brings you this OTC benefit as part of your UnitedHealthcare plan. You get credits to order over-the-counter products. We deliver right to your home.



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