



2020 FHCP Medicare Over-the-Counter **(OTC) Benefits**



Be sure to take advantage of your **OTC allowance.**

Your FHCP Medicare plan gives you a \$75 allowance every quarter for over-the-counter (OTC) items, such as vitamins and aspirin — at no cost to you.

Ordering is quick and easy:

1. Select what you want to order from the enclosed catalog.
2. Call **1-855-283-3785** (TTY users, please call 711).
We're open Monday through Friday, 8 a.m. to 11 p.m. ET.
3. Or, complete and mail the enclosed order form.



Important Reminder: Your OTC allowance resets each quarter, and your balance from the previous quarter will **NOT** carry over.

Order Guidelines

Your FHCP Medicare plan gives you a \$75 allowance every quarter for over-the-counter (OTC) items, such as vitamins and aspirin — at no cost to you.



ORDER BY MAIL

You may place your order by mailing in the order form that comes with your catalog.

If you're getting close to the end of the quarter and you do not think your order form will be received in time, you can call in your order.



ORDER BY PHONE

If you have questions or would like to place an order over the phone, call Monday through Friday, 8 a.m. to 11 p.m. ET, at **1-855-283-3785 (TTY: 711)**.

What to know about using your OTC benefits.

- For delivery, please allow 5 - 7 business days from the time your order is placed.
- You must use your full quarterly benefit amount in one order, and it does not roll over if not fully used.
- Your order, or the value of individual items, may not exceed your benefit amount per quarter.
- When you order by mail or phone, we apply your order amount to the quarter in which we receive it. If you mail your order form at the end of the quarter and we receive it at the start of the next quarter, we apply your order to the next quarterly benefit.
- OTC products are intended for member use only to help with a health or medical need. FHCP Medicare prohibits the use of this benefit to order OTC items for family members and friends.
- Due to the personal nature of these products, returns are not accepted.
- Items in the 2020 OTC catalog may change throughout the year.
- For the most up-to-date listing of OTC products available, go to fhcpmedicare.com/medicare/resources-and-tools/additional-benefits/.
- OTC items are available by home delivery only. Products may not be purchased at a local retail pharmacy or through any source other than the FHCP Medicare OTC benefit channels listed above.
- If you disenroll from your FHCP Medicare plan, your OTC benefit will automatically terminate.

Item #	Product	Packaging	Strength	Price
ALLERGY				
1090	Cetirizine HCL (Allergy Tablets)	14 ct	10 mg	\$7.00
2003	Cetirizine HCL (Allergy Tablets)	45 ct	10 mg	\$11.00
1426	Children's Allergy and Nasal Decongestant Liquid	4 oz	1 mg / 5 ml, 3 mg / 5 ml	\$7.00
1008	Chlorpheniramine Maleate Antihistamine (Allergy Tablets)	100 ct	4 mg	\$8.00
1356	Cromolyn Sodium (Allergy Nasal Spray)	26 ml	-	\$16.00
1009	Diphenhydramine Antihistamine (Allergy Tablets)	24 ct	25 mg	\$6.00
1308	Diphenhydramine Antihistamine (Allergy Tablets)	100 ct	25 mg	\$9.00
2021	Diphenhydramine Antihistamine (Allergy Tablets)	400 ct	25 mg	\$15.00
1428	Diphenhydramine HCL (Children's Allergy Liquid)	4 oz	12.5 mg / 5 ml	\$6.00
1804	Fexofenadine (Allergy Tablets)	30 ct	180 mg	\$16.00
1946	Fluticasone Propionate (Allergy Nasal Spray, 24-hour)	120 spray	50 mcg	\$25.00
2033	Loratadine (Allergy Tablets)	10 ct	10 mg	\$5.50
1611	Loratadine (Allergy Tablets)	100 ct	10 mg	\$17.00
2020	Loratadine (Allergy Tablets)	365 ct	10 mg	\$25.00
1881	Nasacort	60 spray	-	\$24.00
1922	Nasal Decongestant Inhaler - Levmetamfetamine	.007 oz	50 mg	\$8.00
1091	Nasal Decongestant Spray, 12-Hour	1 oz	0.05%	\$6.00
1052	Nasal Spray, Saline	1.5 oz	0.65%	\$6.00
ANTACIDS & ACID REDUCERS				
1313	Alka-Seltzer	36 ct	-	\$10.00
1006	Antacid / Anti-Gas Liquid	12 oz	-	\$7.00
1346	Antacid Chewables	150 ct	500 mg	\$7.00
1314	Effervescent Antacid & Pain Relief	36 ct	-	\$7.50
1949	Esomeprazole Magnesium (Acid Reducer, Delayed Release) *	42 ct	20 mg	\$22.00
1108	Famotidine (Acid Reducer) *	30 ct	10 mg	\$7.00
1970	Omeprazole (Acid Reducer, Delayed Release) *	42 ct	20 mg	\$25.00
1966	Omeprazole (Acid Reducer, Delayed Release, Dissolvable) *	42 ct	20 mg	\$24.00
1900	Ranitidine (Acid Reducer)	30 ct	75 mg	\$8.50
1800	Simethicone (Gas Relief)	100 ct	80 mg	\$8.00
2034	TUMS Extra Strength	48 ct	750 mg	\$7.50

Item #	Product	Packaging	Strength	Price
ANTICANDIDAL (YEAST)				
1115	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator)	45 gm	1%	\$10.00
1117	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator)	1 kit	2%	\$14.00
1119	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator)	1 ct	6.5%	\$20.00
ANTI-DIARRHEAL, LAXATIVES & DIGESTIVE HEALTH				
1316	Beano	30 ct	-	\$10.00
1128	Bisacodyl (Stimulant Laxative, Enteric Coated)	100 ct	5 mg	\$6.00
1012	Calcium Polycarbophil (Fiber Laxative Tablets)	90 ct	625 mg	\$11.00
1969	ClearLax Unflavored Powder Laxative	8.3 oz	17 g	\$13.50
1126	Docusate Sodium (Stool Softener)	100 ct	100 mg	\$7.00
1130	Docusate Sodium plus Sennosides (Natural Vegetable Laxative)	60 ct	8.6 mg, 50 mg	\$7.00
1733	Enema	4.5 oz	-	\$5.50
1124	Ex-Lax	8 ct	15 mg	\$8.00
1155	Fiber Tablets ‡	60 ct	500 mg	\$10.00
1125	Glycerin Suppository Laxative	25 ct	2 gm	\$7.00
1067	Lactase Capsules	60 ct	9000 FCC Units	\$10.00
1133	Loperamide HCL (Anti-Diarrheal Tablets) *	12 ct	2 mg	\$6.00
1889	Magnesium Citrate (Saline Laxative, Lemon)	10 oz	-	\$6.00
1354	Methylcellulose (Fiber Therapy)	16 oz	-	\$13.00
1011	Milk of Magnesia	12 oz	400 mg	\$6.00
1340	Natural Vegetable Laxative (Psyllium)	13 oz	-	\$10.00
1967	Natural Vegetable Laxative (Psyllium)	30.4 oz	-	\$16.00
1968	Natural Vegetable Laxative, Sugar Free (Psyllium)	15 oz	-	\$13.00
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$11.00
1045	Pink Bismuth Chewable Tablets	30 ct	262 mg	\$7.00
1318	Pink Bismuth Liquid	8 oz	525 mg / 30 ml	\$6.50
ANTI-FUNGAL				
1047	Clotrimazole (Athlete's Foot Cream)	1.5 oz	1%	\$6.50
1135	Miconazole Nitrate (Anti-fungal Cream)	1 oz	2%	\$7.00

Item #	Product	Packaging	Strength	Price
1874	Miconazole Nitrate (Athlete's Foot Spray)	4.6 oz	2%	\$10.00
1046	Terbinafine HCL (Athlete's Foot Cream)	.5 oz	1%	\$12.00
1064	Tolnaftate (Anti-fungal Cream)	1.25 oz	1%	\$7.00
BATHROOM SAFETY & FALL PREVENTION				
1764	Adjustable Transfer Bench	1 ct	-	\$65.00
1728	Bath Bench with Back	1 ct	-	\$65.00
1727	Bath Bench without Back	1 ct	-	\$55.00
1459	Bath Mat, Non-Skid	1 ct	-	\$17.00
1730	Bath Tub Safety Rail	1 ct	-	\$38.00
2009	Bed Assist Bar	1 ct	-	\$55.00
1984	Bedside Commode *	1 ct	-	\$65.00
1726	Folding Cane Ergonomic Handle *	1 ct	-	\$20.00
1790	Gait Belt - 60"	1 ct	-	\$16.00
1791	Gait Belt - 72"	1 ct	-	\$17.00
2007	Handheld Shower Head	1 ct	-	\$25.00
1798	Knurled Chrome Grab Bar - 12"	1 ct	-	\$19.00
1797	Knurled Chrome Grab Bar - 24"	1 ct	-	\$23.00
2005	Knurled Chrome Grab Bar - 32"	1 ct	-	\$36.00
1983	Night Light	2 ct	-	\$15.00
1777	Quad Cane, Small Base *	1 ct	-	\$25.00
1776	Quad Cane, Large Base *	1 ct	-	\$28.00
1729	Raised Toilet Seat	1 ct	-	\$36.00
1950	Raised Toilet Seat with Arms	1 ct	-	\$70.00
1793	Safety Tread Roll, Anti-Slip	1 roll	-	\$17.00
1780	Safety Treads, Tub & Stair	1 pack	-	\$10.00
1460	Shower Mat, Non-Skid	1 ct	-	\$15.00
1779	Toilet Safety Rails	1 set	-	\$40.00
2008	Treaded Slipper Socks, One Size Fits Most	1 pair	-	\$7.00
COLD & FLU				
1360	Cepacol Sore Throat Lozenges	16 ct	-	\$8.00
1166	Cough & Cold for High Blood Pressure	16 ct	-	\$7.00
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$3.00
1833	Cough Drops, Honey Lemon	30 ct	-	\$3.00
1834	Cough Drops, Menthol	30 ct	-	\$3.00
1182	Cough Drops, Sugar Free, Cherry	25 ct	5.8 mg	\$4.00

Item #	Product	Packaging	Strength	Price
1054	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	\$6.00
1323	Diabetic Tussin DM	4 oz	-	\$9.00
1180	Guaifenesin (Cough Expectorant)	100 ct	200 mg	\$10.00
1178	Mucus Relief DM Expectorant & Cough Suppressant	30 ct	400 mg, 20 mg	\$11.00
1965	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release	14 ct	1,200 mg, 60 mg	\$15.00
1357	Multi-Symptom Cold Formula	24 ct	10 mg, 5 mg, 325 mg	\$7.00
1931	Nasal Rinse Kit, Saline	1 kit	-	\$18.00
1361	Night Time Cold & Flu	4 oz	12.5 mg, 30 mg, 650 mg	\$6.00
1792	Personal Steam Inhaler	1 ct	-	\$50.00
1352	Phenylephrine HCL (Nasal Decongestant PE)	36 ct	10 mg	\$6.00
1176	Sore Throat Lozenges, Cherry	18 ct	-	\$6.50
1904	Sore Throat Spray, Cherry	6 oz	-	\$8.00
1164	Vapor Rub	3.5 oz	4.7%, 1%	\$7.00
COLD SORE & MEDICATED LIP PRODUCTS				
1152	Abreva	2 gm	10%	\$25.00
1256	Blistex Lip Ointment	6 gm	-	\$5.00
1255	Carmex	7.5 gm	-	\$4.00
1153	Herpecin-L Lip Balm	.1 oz	1%	\$10.00
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$24.00
DENTAL & DENTURE CARE				
1817	Biotene Dry Mouth Oral Rinse	16 oz	-	\$13.00
1818	Biotene Dry Mouth Spray	1.5 oz	-	\$12.00
1747	Denture Brush	1 ct	-	\$6.50
1032	Denture Cleaning Tablets	40 ct	-	\$6.50
1653	Efferdent Plus Mint Tablets	36 ct	-	\$8.00
1843	Effergrip Denture Cream Adhesive	2.5 oz	-	\$9.00
1187	Fixodent	.75 oz	-	\$6.50
1751	Interdental Flossups	90 ct	-	\$5.50
1454	Orajel Pain Relief	.25 oz	20%	\$12.00
1286	Oral Pain Relief	.5 oz	20%	\$7.00

Item #	Product	Packaging	Strength	Price
1324	Polident Denture Cream	3.9 oz	-	\$9.00
1892	Polident Overnight	84 ct	-	\$12.50
1455	Reach Waxed Dental Floss - Mint	55 yd	-	\$4.00
1902	Reach Waxed Dental Floss - Unflavored	55 yd	-	\$4.00
1746	Tongue Cleaner	1 ct	-	\$7.00
2015	Toothbrush, Battery Powered	1 ct	-	\$20.00
1830	Toothbrush, Colgate, Adult Medium	1 ct	-	\$3.00
1413	Toothbrush, Colgate, Adult Soft	1 ct	-	\$3.00
1450	Toothbrush, Rechargeable	1 ct	-	\$36.00
1948	Toothbrush, Soft 2-pack	2 ct	-	\$6.00
1412	Toothbrush, Tek Pro, Angled Soft	1 ct	-	\$3.00
1831	Toothpaste, Colgate	4 oz	-	\$6.00
1838	Toothpaste, Crest Sensi-Relief	4.1 oz	-	\$9.50
1914	Toothpaste, Fluoride	6.4 oz	-	\$6.00
1414	Toothpaste, Pepsodent	5.5 oz	-	\$4.50
1903	Toothpaste, Sensitive Teeth	4.3 oz	-	\$6.00
1716	Toothpaste, Ultrabrite Advanced Whitening	6 oz	-	\$6.00
1744	Water Jet	1 ct	-	\$45.00
1743	Water Jet Replacement Tips	5 ct	-	\$16.00
DIABETES CARE				
1839	Diabetic Skin Relief Foot Cream	3.4 oz	-	\$14.00
1956	Diabetic Socks, Black, Medium 3-pack	3 pair	-	\$9.00
1957	Diabetic Socks, Black, Large 3-pack	3 pair	-	\$9.00
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair	-	\$9.00
1953	Diabetic Socks, White, Medium 3-pack	3 pair	-	\$9.00
1954	Diabetic Socks, White, Large 3-pack	3 pair	-	\$9.00
1955	Diabetic Socks, White, X-Large 3-pack	3 pair	-	\$9.00
1997	Glucose Tablets	50 ct	-	\$10.00
1959	Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack	2 pair	-	\$11.00
1960	Ultra Soft Padded Diabetic Sock, Black, Large 2-pack	2 pair	-	\$11.00
1961	Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack	2 pair	-	\$11.00
1962	Ultra Soft Padded Diabetic Sock, White, Medium 2-pack	2 pair	-	\$11.00
1963	Ultra Soft Padded Diabetic Sock, White, Large 2-pack	2 pair	-	\$11.00
1964	Ultra Soft Padded Diabetic Sock, White, X-Large 2-pack	2 pair	-	\$11.00

Item #	Product	Packaging	Strength	Price
DIAGNOSTICS				
1982	Activity Tracker	1 ct	-	\$50.00
1253	Blood Pressure Monitor, Desktop Automatic ‡	1 ct	-	\$32.00
1503	Blood Pressure Monitor, Desktop Talking ‡	1 ct	-	\$33.00
1501	Blood Pressure Monitor, Wrist ‡	1 ct	-	\$21.00
1502	Blood Pressure Monitor, Wrist Talking ‡	1 ct	-	\$25.00
1504	Desktop Blood Pressure Monitor Replacement Cuff ‡	1 ct	-	\$15.00
1416	EZ Detect Colon Cancer Test Kit ‡	1 ct	-	\$13.00
1505	Finger Pulse Oximeter ‡	1 ct	-	\$30.00
1771	Heart Rate Monitor Watch ‡	1 ct	-	\$40.00
1251	Home Access Cholesterol Test ‡	1 kit	-	\$26.00
1789	Peak Flow Meter ‡	1 ct	-	\$14.00
1063	Thermometer, Digital 60 seconds	1 ct	-	\$7.00
1285	Thermometer, Digital Ear	1 ct	-	\$23.00
1697	Thermometer, Flexible Tip, Digital 10 seconds	1 ct	-	\$12.00
1925	Thermometer, Talking Ear and Forehead	1 ct	-	\$55.00
EYE & EAR CARE				
1192	Artificial Tears Drops	.5 oz	-	\$6.00
1194	Artificial Tears Ointment	3.5 gm	-	\$8.00
1196	Bausch + Lomb Eye Wash Solution	4 oz	-	\$9.00
1199	Clear Eyes Eye Drops	.2 oz	-	\$6.00
1742	Cotton Tipped Swabs	300 ct	-	\$5.50
1841	Ear Pain Relief Ear Drops	10 ml	-	\$13.00
1190	Ear Wax Removal Drops	15 ml	6.5%	\$6.00
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$8.00
1468	Multi-Purpose Contact Lens Solution	12 oz	-	\$7.00
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.00
1905	Stye Eye Compress	1 ct	-	\$13.00
1906	Stye Eye Ointment	3.5 gm	-	\$13.00
1910	Swim-Ear Ear Drops	1 oz	-	\$10.00
FIRST AID				
1344	Adhesive Bandages *	60 ct	-	\$6.00
1803	After Bite Relief	.5 oz	-	\$9.00
1200	Alcohol Pads *	100 ct	70%	\$5.00
1808	Antiseptic Skin Cleanser	8 oz	-	\$11.00

Item #	Product	Packaging	Strength	Price
1201	Antiseptic Towelettes	100 ct	-	\$7.00
1020	Bacitracin Ointment	1 oz	500 U / gm	\$7.00
1142	Bactine Solution	4 oz	-	\$10.00
1926	Burn Relief Spray	4.5 oz	0.5%	\$11.00
1144	Caldyphen Clear (Anti-Itch Lotion)	6 oz	1%	\$8.00
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd *	12 ct	-	\$8.00
1763	Cotton Balls	300 ct	-	\$4.50
1669	Cotton Tipped Applicator - 6"	1000 ct	-	\$12.00
1140	Diphenhydramine HCL / Zinc Acetate (Anti-Itch Cream)	1 oz	-	\$6.00
1207	Elastic Bandage - 2" x 4.5 yd *	1 ct	-	\$5.00
1209	Elastic Bandage - 3" x 5 yd *	1 ct	-	\$5.00
1211	Elastic Bandage - 4" x 5 yd *	1 ct	-	\$6.00
1213	Elastic Bandage - 6" x 5 yd *	1 ct	-	\$6.00
1947	First Aid Kit, 20 Pieces	1 ct	-	\$5.50
1215	First Aid Kit, 75 Pieces	1 ct	-	\$10.00
1738	First Aid Kit, 175 Pieces	1 ct	-	\$16.00
1062	Hot/Cold Pack, 1 small & 1 large	1 ct	-	\$9.00
1074	Hydrocortisone 1% Cream	1 oz	1%	\$6.00
1228	Hydrogen Peroxide	16 oz	3%	\$5.50
1796	Insect Repellant Spray - Deet	4 oz	30%	\$12.00
1868	Insect Repellant Spray - Deet	8 oz	30%	\$20.00
1203	Iodine Solution Antiseptic	4 oz	-	\$7.00
1713	Isopropyl Alcohol	16 oz	70%	\$6.50
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$6.50
1872	Liquid Bandage	.45 oz	-	\$9.00
1326	Neosporin Plus	.5 oz	-	\$11.00
1840	Nitrile Exam Gloves	100 ct	-	\$12.00
2018	Petroleum Jelly	4 oz	-	\$7.00
1896	Procedural Face Masks with Earloops	50 ct	-	\$11.00
1217	Tape, Paper Surgical - 1" x 10 yd *	1 ct	-	\$5.00
1218	Tape, Paper Surgical - 2" x 10 yd *	1 ct	-	\$6.00
1219	Tape, Silk Surgical - 1" x 10 yd *	1 ct	-	\$6.00
1220	Tape, Silk Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1221	Tape, Transparent Surgical - 1" x 10 yd *	1 ct	-	\$5.00

Item #	Product	Packaging	Strength	Price
1222	Tape, Transparent Surgical - 2" x 10 yd *	1 ct	-	\$6.00
1014	Triple Antibiotic Ointment	1 oz	-	\$7.00
FOOT CARE				
1784	Bunion Guard	1 ct	-	\$12.00
1238	Callus Remover Pads	6 ct	-	\$7.00
1236	Corn Remover Pads	9 ct	-	\$7.00
1786	Lamb's Wool Padding	1 ct	-	\$7.00
1240	Medicated Foot Powder	5 oz	-	\$7.00
1782	Moleskin Sheets Plus	4 ct	-	\$7.00
1788	Toe Protector, Small	1 ct	-	\$9.00
1787	Toe Protector, Large	1 ct	-	\$9.00
1783	Toe Separator	6 ct	-	\$8.00
HEMORRHOIDAL PREPARATIONS				
1066	Hemorrhoidal Ointment	2 oz	-	\$8.00
1247	Hemorrhoidal Suppository	12 ct	-	\$7.00
1364	Pre-moist Hemorrhoid Pads	100 ct	-	\$8.00
1248	Preparation H Cream	26 gm	-	\$12.00
1895	Preparation H Medicated Wipes	48 ct	-	\$11.00
HOME AIDS				
2046	Button and Zipper Pull Aid	1 ct	-	\$14.00
2037	CPAP Mask Wipes	72 ct	-	\$12.50
1836	CPAP Pillow Fiber Filled	1 ct	-	\$60.00
1732	Cushion, Foam Ring	1 ct	-	\$22.00
1466	Cushion, Gel / Foam Seat	1 ct	-	\$26.00
1731	Cushion, Lumbar	1 ct	-	\$26.00
1795	Humidifier, Ultra-Sonic Cool Mist	1 ct	-	\$70.00
1936	Hypoallergenic Pillow	1 ct	-	\$45.00
1756	Kitchen Scale, Dial ‡	1 ct	-	\$9.50
2016	Kitchen Scale, Digital ‡	1 ct	-	\$25.00
1875	Medical ID Bracelet - Blank	1 ct	-	\$16.00
1877	Medical ID Bracelet - Diabetic	1 ct	-	\$16.00
1876	Medical ID Bracelet - Heart	1 ct	-	\$16.00
2017	Medicine Bottle Opener with Magnifier	1 ct	-	\$10.00
1933	Pill Crusher with Storage	1 ct	-	\$11.00

Item #	Product	Packaging	Strength	Price
1932	Pill Cutter with Safety Shield	1 ct	-	\$9.50
1799	Sharps Container, 1 gallon	1 ct	-	\$10.50
1934	Weekly AM/PM Pill Case	1 ct	-	\$11.00
INCONTINENCE SUPPLIES				
1300	A & D Ointment	2 oz	-	\$7.00
2026	Adult Briefs, Medium - 32" to 44" *	24 ct	-	\$17.00
2027	Adult Briefs, Large - 44" to 58" *	24 ct	-	\$18.00
2028	Adult Briefs, X-Large - 58" to 63" *	20 ct	-	\$18.00
1811	Attends Discreet Men's Guard	20 ct	-	\$15.00
1810	Attends Discreet Men's Shield	20 ct	-	\$14.00
1813	Attends Discreet Women's Moderate Bladder Control Pad	20 ct	-	\$18.00
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct	-	\$20.00
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct	-	\$20.00
1815	Attends Discreet Women's Panty Liner	28 ct	-	\$14.00
1816	Attends Discreet Women's Ultrathin Pad	20 ct	-	\$14.00
1302	Barrier Cream	4 oz	-	\$9.00
2010	Bathing Wipes	1 ct	-	\$9.00
1478	Bladder Control Shaped Pad, Moderate Absorbency *	24 ct	-	\$16.00
1479	Bladder Control Shaped Pad, Heavy Absorbency *	24 ct	-	\$17.00
1480	Bladder Control Shaped Pad, Maximum Absorbency *	18 ct	-	\$16.00
1021	Disposable Underwear, Medium - 34" to 44" *	20 ct	-	\$14.00
1026	Disposable Underwear, Large - 44" to 58" *	18 ct	-	\$14.00
1027	Disposable Underwear, X-Large - 58" to 68" *	14 ct	-	\$14.00
1928	Flushable Wipes	24 ct	-	\$7.50
2000	Flushable Wipes	60 ct	-	\$12.00
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$12.00
1884	No-Rinse Body Wash	8 oz	-	\$12.00
2022	Perineal Wash Rinse-Free	8 oz	-	\$7.00
1993	Premier Adult Briefs, Medium - 32" to 44" *	14 ct	-	\$30.00
1994	Premier Adult Briefs, Large - 44" to 58" *	12 ct	-	\$30.00
1995	Premier Adult Briefs, X-Large - 58" to 63" *	10 ct	-	\$30.00
1990	Premier Disposable Underwear, Medium - 36" to 44" *	18 ct	-	\$30.00
1991	Premier Disposable Underwear, Large - 44" to 58" *	16 ct	-	\$30.00

Item #	Product	Packaging	Strength	Price
1992	Premier Disposable Underwear, X-Large - 56"to 68" *	14 ct	-	\$30.00
1476	Underpad, Disposable - 23" x 24" *	50 ct	-	\$14.00
2029	Underpad, Disposable - 23" x 36" *	15 ct	-	\$11.00
1477	Underpad, Disposable - 30" x 30" *	10 ct	-	\$8.00
1996	Underpad, Extra Absorbent Air Permeable, 30" x36" *	5 ct	-	\$15.00
1348	Washcloth with Lanolin	64 ct	-	\$8.00
MOTION SICKNESS				
1263	Dimenhydrinate (Motion Sickness Tablets)	12 ct	50 mg	\$6.00
1264	Dramamine Chewables, Orange	8 ct	50 mg	\$8.00
1366	Meclizine HCL (Motion Sickness Caplets)	100 ct	12.5 mg	\$8.00
PAIN RELIEF AIDS				
1809	Arthritis Hot Pain Relief Cream	3 oz	10%	\$9.00
1924	Aspercreme	1.25 oz	-	\$8.00
1944	Cold/Hot Menthol Medicated Patch	5 ct	5%	\$10.00
1846	Fast Freeze, Pain Relief Spray	4 oz	-	\$13.00
1861	Heating Pad, 12" X 15" *	1 ct	-	\$26.00
1942	Heating Pad, X-Large, 12" x 24" *	1 ct	-	\$36.00
2024	Heating Pad Digital, 12" x 15" *	1 ct	-	\$45.00
1943	Heating Pad Wrap For Shoulder, Neck, and Back, 25" x 26" *	1 ct	-	\$55.00
1859	HeatWraps - Back & Hip	2 ct	-	\$12.00
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct	-	\$12.00
1761	Ice Bag - 9"	1 ct	-	\$9.00
1871	Lidocaine Patch	5 ct	4%	\$14.00
1923	Menthol Gel	8 oz	2%	\$9.00
1762	Pain Relief Mask	1 ct	-	\$8.50
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$6.00
1739	Salonpas Pain Relief Patches	5 ct	-	\$13.00
1912	Thermacare Lower Back & Hip	2 ct	-	\$15.00
1913	Thermacare Menstrual Relief	3 ct	-	\$15.00
1781	Warm or Cold Water Bottle, Rubber Latex	1 ct	-	\$10.00
1261	Wellpatch Migraine	4 ct	-	\$9.00
PAIN RELIEVERS & FEVER REDUCERS				
1423	Acetaminophen (Children's Pain Relief Chewables)	30 ct	80 mg	\$6.50
1001	Acetaminophen (Pain Reliever, Regular Strength)	100 ct	325 mg	\$6.00

Item #	Product	Packaging	Strength	Price
2030	Acetaminophen (Pain Reliever, Extra Strength)	24 ct	500 mg	\$4.00
1105	Acetaminophen (Pain Reliever, Extra Strength)	50 ct	500 mg	\$6.00
1600	Acetaminophen (Pain Reliever, Extra Strength)	100 ct	500 mg	\$10.00
2002	Acetaminophen (Pain Reliever, Extra Strength)	500 ct	500 mg	\$15.00
1311	Arthritis Pain Reliever	100 ct	650 mg	\$13.00
1095	Aspirin	100 ct	325 mg	\$5.50
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$6.00
1002	Aspirin, Enteric Coated, Low Dose	120 ct	81 mg	\$6.00
1998	Aspirin, Enteric Coated, Low Dose	500 ct	81 mg	\$12.00
1802	Aspirin, Low Dose, Chewables	36 ct	81 mg	\$6.00
1367	Capsaicin (Pain Relief Cream)	2 oz	0.025%	\$9.00
1421	Children's Ibuprofen	4 oz	100 mg / 5 ml	\$9.00
2031	Ibuprofen (Pain Reliever / Fever Reducer)	24 ct	200 mg	\$4.00
1004	Ibuprofen (Pain Reliever / Fever Reducer)	100 ct	200 mg	\$7.00
2001	Ibuprofen (Pain Reliever / Fever Reducer)	500 ct	200 mg	\$16.00
2032	Naproxen Sodium (Pain Reliever / Fever Reducer)	24 ct	220 mg	\$5.00
1097	Naproxen Sodium (Pain Reliever / Fever Reducer)	100 ct	220 mg	\$10.00
1365	Pain Reliever Plus (Acetaminophen / Aspirin)	100 ct	250 mg, 250 mg, 65 mg	\$8.00
1332	Pain Reliever, PM (Acetaminophen, Extra Strength)	100 ct	500 mg, 25 mg	\$10.00
PEDICULICIDE (LICE TREATMENT)				
1929	Lice Elimination Kit	1 kit	-	\$27.00
1269	Lice Treatment Rinse (Permethrin)	59 ml	1%	\$14.00
1271	Lice Treatment Shampoo	4 oz	-	\$11.00
SKIN & SUN CARE				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$7.00
1070	Aloe Vera Cream	8 oz	-	\$6.00
1368	Ammonium Lactate Moisturizing Lotion	8 oz	12%	\$10.00
1821	Calamine Skin Protectant Lotion	6 oz	-	\$7.00
1065	Hand Sanitizer	8 oz	-	\$4.50
1893	Moisturizing Body Lotion with Aloe	8 oz	-	\$8.00
1852	Scar Gel	1 oz	-	\$15.00
1284	Sunscreen Lotion SPF 30	3.5 oz	-	\$6.00

Item #	Product	Packaging	Strength	Price
SLEEP AIDS				
1724	Nasal Strips, Medium	30 ct	-	\$13.00
1725	Nasal Strips, Large	30 ct	-	\$13.00
1276	Sleep Tablets	50 ct	25 mg	\$7.00
SMOKING CESSATION				
1372	Nicotine Gum ‡	50 ct	4 mg	\$22.00
1281	Nicotine Lozenges ‡	72 ct	4 mg	\$45.00
1369	Nicotine Patch, Step 1 ‡	14 ct	21 mg / 24 hr	\$36.00
1370	Nicotine Patch, Step 2 ‡	14 ct	14 mg / 24 hr	\$36.00
1371	Nicotine Patch, Step 3 ‡	14 ct	7 mg / 24 hr	\$36.00
SUPPORTS & BRACES				
1225	Ankle Support	1 ct	-	\$9.00
1767	Arthritis Gloves, Small	1 pair	-	\$25.00
1766	Arthritis Gloves, Medium	1 pair	-	\$25.00
1765	Arthritis Gloves, Large	1 pair	-	\$25.00
2011	Arthritis Knee Sleeve, Small	1 ct	-	\$25.00
2012	Arthritis Knee Sleeve, Medium	1 ct	-	\$25.00
2013	Arthritis Knee Sleeve, Large	1 ct	-	\$25.00
2014	Arthritis Knee Sleeve, X-Large	1 ct	-	\$25.00
1487	Back Support Elastic - 24" to 46"	1 ct	-	\$16.00
1488	Back Support Elastic with Lumbar	1 ct	-	\$26.00
1770	Carpal Tunnel Brace, Small	1 ct	-	\$25.00
1769	Carpal Tunnel Brace, Medium	1 ct	-	\$25.00
1768	Carpal Tunnel Brace, Large	1 ct	-	\$25.00
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$17.00
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$17.00
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$17.00
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$17.00
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1 pair	8 - 15 mmHg	\$15.00
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$15.00

Item #	Product	Packaging	Strength	Price
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$15.00
1406	Compression Knee High Socks, Women's Beige, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$15.00
1407	Compression Knee High Socks, Women's Beige, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$15.00
1408	Compression Knee High Socks, Women's Beige, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$15.00
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct	-	\$24.00
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct	-	\$24.00
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct	-	\$24.00
1224	Elbow Support	1 ct	-	\$15.00
1774	Heel & Elbow Protector, Small	1 ct	-	\$14.00
1773	Heel & Elbow Protector, Medium	1 ct	-	\$14.00
1772	Heel & Elbow Protector, Large	1 ct	-	\$14.00
1775	Heel & Elbow Protector, X-Large	1 ct	-	\$14.00
1862	Hip Protector, Small	1 ct	-	\$38.00
1863	Hip Protector, Medium	1 ct	-	\$38.00
1864	Hip Protector, Large	1 ct	-	\$38.00
1865	Hip Protector, X-Large	1 ct	-	\$38.00
1465	Knee Stabilizer	1 ct	-	\$22.00
1481	Knee Support, Elastic, Small	1 ct	-	\$9.00
1482	Knee Support, Elastic, Medium	1 ct	-	\$9.00
1483	Knee Support, Elastic, Large	1 ct	-	\$9.00
1484	Knee Support, Elastic, Small with Stays	1 ct	-	\$15.00
1485	Knee Support, Elastic, Medium with Stays	1 ct	-	\$15.00
1486	Knee Support, Elastic, Large with Stays	1 ct	-	\$15.00
1463	Night Wrist Support	1 ct	-	\$26.00
1457	Rib Belt - Female (one size fits most)	1 ct	-	\$19.00
1456	Rib Belt - Male (one size fits most)	1 ct	-	\$19.00
1778	Thumb Brace	1 ct	-	\$20.00
1230	Wrist Splint	1 ct	-	\$17.00
1227	Wrist Support	1 ct	-	\$11.00
VITAMINS & MINERALS				
1805	Airborne Immune Support Chewables ‡	32 ct	-	\$16.00
1820	Biotin Gummy ‡	60 ct	5,000 mcg	\$12.00

Item #	Product	Packaging	Strength	Price
1373	Calcium + Vitamin D3 ‡	60 ct	600 mg / 400 IU	\$7.00
1823	Calcium + Vitamin D3 Gummy ‡	60 ct	500 mg, 1000 IU	\$14.00
1291	Calcium ‡	60 ct	600 mg	\$6.00
1945	Calcium Chew, Chocolate ‡	60 ct	500 mg, 1000 IU	\$10.00
1420	Centrum Silver Chewables ‡	60 ct	-	\$19.00
1422	Children's Multivitamin Chewables ‡	100 ct	-	\$8.00
1825	Chromium Picolinate ‡	100 ct	1000 mcg	\$12.00
1827	Cod Liver Oil ‡	100 ct	-	\$10.00
1829	Coenzyme Q-10 ‡	30 ct	50 mg	\$12.00
1828	Coenzyme Q-10 ‡	30 ct	100 mg	\$14.00
1393	Daily Multivitamin ‡	100 ct	-	\$7.00
1972	Daily Multivitamin Gummy ‡	120 ct	-	\$13.00
1385	Daily Multivitamin with Minerals ‡	100 ct	-	\$7.00
1737	DHEA Hormonal Supplement ‡	50 ct	50 mg	\$12.00
1417	Ferrous Gluconate (Iron Supplement) ‡	110 ct	27 mg	\$8.00
1376	Ferrous Sulfate (Iron Supplement) ‡	100 ct	325 mg	\$6.00
1741	Fish Oil, Soft Gels ‡	60 ct	1000 mg	\$10.00
1849	Flaxseed ‡	100 ct	1000 mg	\$11.00
1850	Folic Acid ‡	100 ct	800 mcg	\$8.00
1114	Glucosamine (Joint Health Support) ‡	60 ct	500 mg	\$9.00
1003	Glucosamine / Chondroitin (Joint Health Support) ‡	60 ct	250 mg, 200 mg	\$11.00
1975	Healthy Eyes with Lutein ‡	60 ct	-	\$9.00
1866	Immune Support Chewables ‡	50 ct	-	\$12.00
1870	Leg Cramps Pain Relief Caplets ‡	100 ct	-	\$17.00
1418	Magnesium ‡	110 ct	250 mg	\$7.00
1879	Melatonin ‡	100 ct	5 mg	\$10.00
1971	Melatonin Gummy ‡	120 ct	5 mg	\$13.00
1378	Niacin ‡	100 ct	100 mg	\$7.00
1394	Niacin ‡	100 ct	500 mg	\$7.00
1930	Niacin, No Flush ‡	60 ct	500 mg	\$15.00
1976	Omega & DHA Gummy ‡	120 ct	275 mg, 50 mg	\$14.00

Item #	Product	Packaging	Strength	Price
1886	One Daily Men's Multivitamin ‡	100 ct	-	\$10.00
1887	One Daily Women's Multivitamin ‡	100 ct	-	\$10.00
1977	Potassium Gluconate ‡	100 ct	595 mg	\$7.00
1274	Prenatal Vitamins ‡	100 ct	-	\$9.00
1395	Rena-Vite ‡	100 ct	-	\$14.00
1392	Senior Multivitamin ‡	90 ct	-	\$10.00
1734	Stress Formula Tablets with Zinc ‡	60 ct	-	\$12.00
1735	Vitafusion Fiber Weight Management ‡	90 ct	-	\$17.50
1379	Vitamin A ‡	100 ct	10,000 IU	\$7.00
1016	Vitamin B-1 ‡	100 ct	100 mg	\$7.00
1389	Vitamin B-12 ‡	100 ct	500 mcg	\$7.00
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$8.00
1974	Vitamin B-12, Sublingual ‡	30 ct	5000 mcg	\$10.00
1380	Vitamin B-6 ‡	100 ct	50 mg	\$7.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$7.00
1382	Vitamin B-Complex ‡	100 ct	-	\$7.00
1915	Vitamin B-Complex Gummy ‡	70 ct	-	\$13.00
1017	Vitamin C ‡	100 ct	500 mg	\$7.00
1706	Vitamin C ‡	100 ct	1000 mg	\$14.00
1916	Vitamin C Gummy ‡	60 ct	250 mg	\$12.00
1383	Vitamin D3 ‡	100 ct	400 IU	\$7.00
1390	Vitamin D3 ‡	100 ct	1000 IU	\$7.00
1973	Vitamin D3 ‡	100 ct	5000 IU	\$10.00
1978	Vitamin D3 Gummy ‡	120 ct	2000 IU	\$13.00
1391	Vitamin E, Soft Gels ‡	100 ct	100 IU	\$7.00
1384	Vitamin E, Soft Gels ‡	100 ct	400 IU	\$10.00
1419	Zinc Chelated ‡	100 ct	50 mg	\$7.00
WART REMOVER				
1288	Dr. Scholl's Wart Removal System	20 ct	-	\$13.00
1075	Wart Remover, Liquid	9 ml	17%	\$10.00
1289	Wartners Wart Removal System	1 ct	-	\$17.00

Notices

* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (*).

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

Section 1557 Notification: Discrimination is Against the Law

FHCP Medicare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. FHCP Medicare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

FHCP Medicare:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified Interpreters
 - Information written in other languages

If you need these services, contact:

- FHCP Medicare : 1-833-866-6559

If you believe that FHCP Medicare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

FHCP Medicare
Civil Rights Coordinator
1340 Ridgewood Avenue,
Holly Hill, FL 32117.
Phone: 1-844-219-6137,
TTY: 1-800-955-8770
Fax: 386-676-7149,
Email: rights@fhcp.com.

You can file grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-833-866-6559. (TTY: 1-800-955-8770)**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-833-866-6559 (TTY: 1-800-955-8770)**.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-833-866-6559 (TTY: 1-800-955-8770)**.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-833-866-6559 (TTY: 1-800-955-8770)**.

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-833-866-6559 (TTY: 1-800-955-8770)**.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-833-866-6559 (TTY: 1-800-955-8770)**

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-833-866-6559 (ATS : 1-800-955-8770)**.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-833-866-6559 (TTY: 1-800-955-8770)**.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-833-866-6559 (телетайп: 1-800-955-8770)**.

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-833-866-6559 (رقم هاتف الصم والبكم: 1-800-955-8770).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero **1-833-866-6559 (TTY: 1-800-955-8770)**.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-833-866-6559 (TTY: 1-800-955-8770)**.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-833-866-6559 (TTY: 1-800-955-8770)**번으로 전화해 주십시오.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer **1-833-866-6559 (TTY: 1-800-955-8770)**.

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો **1-833-866-6559 (TTY: 1-800-955-8770)**.

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร **1-833-866-6559 (TTY: 1-800-955-8770)**.





2020 OVER-THE-COUNTER (OTC) PRODUCT ORDER FORM

STEP 1 - COMPLETE YOUR INFORMATION BELOW

Member ID (found on plan member ID card)

Date of Birth

First Name

Last Name and Suffix

MI

Street Number

Street Name

Apt/Suite #

City

State

Zip Code

Daytime Phone

Email (Optional)

Please check box if this is a new address ☐

STEP 2 - PRODUCT SELECTION

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

Item #	Product	Quantity	Unit Price	TOTAL
1			\$	\$
2			\$	\$
3			\$	\$
4			\$	\$
5			\$	\$

Subtotal from Other Side \$

Total Order \$

Please mail this completed form to the following address:

OTC Servicing Center, PO Box 526266, Miami, FL 33152-9819

To order additional products, please see reverse. Please mail the completed form back in the postage-paid envelope provided.

If you place your order using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July benefit, not your June benefit.

STEP 2 - PRODUCT SELECTION (Continued)

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

Item #	Product	Quantity	Unit Price	TOTAL
6			\$.	\$.
7			\$.	\$.
8			\$.	\$.
9			\$.	\$.
10			\$.	\$.
11			\$.	\$.
12			\$.	\$.
13			\$.	\$.
14			\$.	\$.
15			\$.	\$.
16			\$.	\$.
17			\$.	\$.
18			\$.	\$.
19			\$.	\$.
20			\$.	\$.
Subtotal \$				.

Please mail the completed form back in the postage-paid envelope provided.

If you place your order using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July benefit, not your June benefit.