

Over-the-Counter Quick Reference Guide

 meridiancomplete
A WellCare Company



Ordering over-the-counter (OTC) products is convenient and easy!

As a member of MeridianComplete (Medicare-Medicaid Plan) you receive **\$10** every month to spend on over-the-counter products offered in our OTC Catalog. Items in the catalog include:



Pain Relief Medications



First Aid Supplies



Cold & Allergy



Vitamins & Supplements



Dental Care Items

How to take advantage of this benefit?

Online: Visit us at **www.Fieldtex-Meridian.com** and login in to place your order.

- Your username is your Member ID, which is located on your member ID card
- Your password is your birth date in the format "MMDDYY"

By Phone: Call us at **1-844-854-5571** (TTY: **711**), **Monday - Saturday, 8 a.m. to 8 p.m. and Sunday, 10 a.m. to 7 p.m.** and our friendly customer representatives will take your order.

By Mail: Call MeridianComplete Member Services at **1-855-580-1689** (TTY: **711**), **Monday - Sunday, 8 a.m. to 8 p.m.** to request an OTC Benefit Catalog to be mailed to you. The catalog includes order forms you can fill out and mail.

List of products can be found on the following pages.

MeridianComplete is a health plan that contracts with both Medicare and Illinois Medicaid to provide benefits of both programs to enrollees. Limitations, copays, and restrictions may apply. For more information, call MeridianComplete Member Services or read the MeridianComplete Member Handbook. Benefits may change on January 1 of each year.

OTC items in this catalog may go out of stock, or be discontinued at any time throughout the year. If you select an item that is no longer available to you Fieldtex will contact you. The item can be replaced with a comparable product.

Item	Item Number	Price
Acid Reducers		
Roloids Ultra Antacid Tablets 72 Ct	922-99156	\$8.00
Pepto Bismol 4 oz.	922-90923	\$4.75
Bisacodyl Laxative 5 Mg 25 Ct	922-90589	\$3.00
Allergy		
Alka Seltzer plus Severe Allergy Sinus 20 Ct	922-99038	\$10.00
Benedryl 24 Bx	922-10874	\$6.25
Generic Allergy Sinus Headache 20 Ct	922-90580	\$4.00
Generic Loratidine 30 Ct	922-90582	\$4.00
Allergy Relief Caps 24 Ct	922-90581	\$2.75
Complete Allergy Medicine 100 Bx	922-11569N	\$2.00
Cold and Flu		
Alka Seltzer Cough and Cold 20 Liq gels	922-99912	\$10.00
Alka Seltzer plus Severe Cough and Congestion Day/Night 20 Ct	922-99037	\$10.00
Coricidin Cough/Cold HBP 20 Ct	922-11575	\$9.25
Generic Mucinex 30 Ct	922-90576	\$8.50
Alka Seltzer Original Foil 36 Ct	922-91048	\$8.00
Generic Effervescent Cold Relief 20 Ct	922-90579	\$5.00
Generic Night Time Cold and Flu 16 Ct	922-90639	\$4.50
Generic Tussin Sugar Free 4 oz.	922-90578	\$4.25
Mentholatum Ointment 1 oz.	922-90444	\$4.00
Generic Coricidin 16 Ct	922-90090	\$3.00
Generic Nasal Spray Extra Moisture 1 oz.	922-90898	\$3.00
Generic Tussin DM 4 oz.	922-90446	\$3.00
Generic Afrin Decongestant Spray 1 oz.	922-90897	\$2.25
Generic Vapor Rub 3.53 oz.	922-99093	\$2.25
Generic Saline Nasal Spray Moisturizing 1.5 oz.	922-90640	\$2.00
Cough Drops		
Chloraseptic Lozenges Citrus 18 Ct	922-11562	\$5.00
Sucrets Wild Cherry Lozenges 18 Ct	922-11591	\$4.50
Halls Defense Asst Sugar Free 25 Bag	922-90912	\$3.50

Item	Item Number	Price
Cough Drops (continued)		
Halls Defense Citrus 30 Bag	922-90913	\$3.50
Halls Lemon 30 Bag	922-11601	\$3.50
Halls Mentho-Lyptus 30 Bag	922-11703	\$3.50
Ricola Cherry honey 24 Bag	922-99114	\$3.25
Ricola Natural Herb 21 Bag	922-11571	\$3.25
Ricola Sugar Free 19 Bag	922-90447	\$3.25
Luden's Sugar Free Wild Cherry 25 Bag	922-99083	\$3.00
Luden's Throat Drops 30 Bag	922-11584	\$3.00
Generc Vitamin C Drops 30 Bag	922-90914	\$2.25
Generic Black Cherry Sugar Free 25 Bag	922-90643	\$2.25
Generic Lemon Honey 30 Bag	922-99054	\$1.25
Dental Care		
Anbesol Max Strength .33 oz.	922-10221	\$9.25
Orajel Medicated Mouth Sore Swabs 12 Ct	922-90080	\$8.50
Dentek Instant Pain Relief	922-00303	\$8.00
GUM Soft Picks 40 Ct	922-10227	\$4.00
J&J Waxed Mint Floss 55 yds	922-90077	\$2.00
Tongue Cleaner 1 Ct	922-90954	\$2.00
Floss Waxed Unflavored (Generic) 100 yds	922-90652	\$1.75
Mint Flossers 50 Bag	922-90613	\$1.75
Generic Waxed Mint Floss 100 yds	922-90612N	\$1.50
Dental Care - Denture		
Fixodent Free Cream 2.4 oz.	922-99109	\$9.00
Fixodent Plus Scope 2 oz.	922-99110	\$9.00
Poligrip Extra Care 2.2 oz.	922-90490	\$9.00
Poligrip SPG Free 2.4 oz.	922-99047	\$9.00
Poligrip Super Original 2.4 oz.	922-90491	\$9.00
Fixodent Adhesive Zinc Free 2.4 oz.	922-99107	\$8.50
Poligrip SPG Free 1.4 oz.	922-99051	\$6.00
Polident for Smokers 40 Ct	922-99050	\$5.75

Item	Item Number	Price
Dental Care - Denture (continued)		
Fixodent Original 1.4 oz.	922-90128	\$5.50
Polident 3 Minute 40 Ct	922-99049	\$5.50
Polident Overnight 40 Ct	922-91079	\$5.50
Freshmint Denture Cleaning 90 Tabs	922-90655N	\$4.50
Oral B Denture Brush	922-90126	\$3.50
Freshmint Denture Adhesive 2.04 oz.	922-90908	\$3.00
Sea Bond Denture Bath	922-90131	\$3.00
Denture Cleaner Tablets 40 Ct	922-90906	\$2.50
Denture Brush	922-90909	\$0.50
Dental Care - Dry Mouth		
Biotene Dry Mouth Spray 1.5 oz.	922-10224	\$9.75
Biotene Mouth Oral Rinse 16 Oz.	922-00304	\$9.50
Biotene Dry Mouth Balance Gel 1.5 oz.	922-00340	\$9.00
Act Dry Mouth Lozenges 18 Ct	922-10226	\$6.00
Dental Care - Toothbrush		
Orl B Ortho Soft Toothbrush	922-90948	\$3.50
Colgate Soft Toothbrush	922-90156A	\$2.50
Colgate Medium Toothbrush	922-99181	\$2.00
Elite Angle Full Head Medium- 2 PK	922-90654	\$2.00
Elite Angle Full Head Soft- 2 PK	922-90653	\$2.00
Freshmint Nylon Toothbrush	922-90910	\$0.50
Dental Care - Toothpaste		
Biotene Toothpaste 4.3 oz.	922-99045	\$9.50
Parodontax Extra Fresh 3.4 Oz.	922-00305	\$9.50
Sensodyne Deep Clean 4 oz.	922-90485	\$9.50
Listerine Essential Care toothpaste 4.2 oz.	922-99147	\$7.50
Colgate Total Clean Mint 4.2 oz.	922-90841	\$5.00
Crest Baking Soda & Peroxide 6.4 oz.	922-99148	\$4.00
Dental Care - Toothpaste		
Aquafresh Cavity protection toothpaste 5.6 oz.	922-99044	\$3.50

Item	Item Number	Price
Dental Care - Toothpaste (continued)		
Crest Regular 4.6 oz.	922-90615	\$3.50
Pepsodent 6 oz.	922-90617	\$2.00
Freshmint 4.6 oz.	922-90911	\$1.50
Diabetic Supplies		
Gold Bond Diabetic Foot Cream 3.4 oz.	922-10223	\$10.00
Glucose 49 gram Tablets 50 Ct	922-00296	\$7.00
Ear Care		
Murine Ear Wax Removal System	922-99082	\$9.50
Debrox Earwax Removal Drops .50 oz.	922-11848	\$8.50
Swim-Ear Drops 1 oz.	922-11655	\$6.00
Earwax Removal Kit	922-90641	\$4.50
Eye Care		
Visine Allergy Relief .50 oz.	922-99064	\$9.50
Clear Eyes Triple Action Relief .50 oz.	922-91045	\$6.50
Clear Eyes Itchy Eye Relief .50 oz.	922-91080	\$5.75
Visine A.C. Seasonal Itching .50 oz.	922-91047	\$5.50
Visine advanced Lubricant/Redness .28 oz.	922-99063	\$3.00
Eye Drops Original .50 oz.	922-90453N	\$2.75
Artificial Tears Sterile .50 oz.	922-90452N	\$2.00
Feminine and UTI Products		
Monistat Soothing Care Powder gel 1.5 oz.	922-91101	\$10.00
Uristat Ultra Pain Relief 30 Ct	922-00226	\$10.00
Fiber Supplements		
Fiber Tabs 625 Mg 90 Tabs	922-90880	\$10.00
First Aid - Bandages		
Curad Truly Ouchless X-large Bandage 80/Ct	922-00377	\$6.25
Curad Sooth & Cool Assorted Bandages 8/Ct	922-00375	\$6.00
New Skin Liquid Bandage 50 Applications	922-10322	\$6.00
All-In-One Finger Dressing	922-91060	\$4.50
J & J Flex. Fabric Assorted Bandages 30/Bx	922-10317	\$4.50

Item	Item Number	Price
First Aid - Bandages (continued)		
J & J Flexible 3/4" X 3" Bandage 30/Bx	922-10319	\$4.50
J & J Flexible XL 1 3/4 X 4" Bandage 10/Bx	922-10320	\$4.50
J&J Plastic Bandages 3/4 X 3" 60/Bx	922-10866	\$4.00
Sheer Spot 7/8" Bandage 100/Bx	922-11423BX100	\$2.75
Antibacterial Sheer Band Aid Assorted 20/Ct	922-90876	\$2.50
Elastic Bandage 4" X 5 Yds	922-00013	\$2.50
Elastic Bandage 3" X 5 Yds	922-00006	\$2.00
Krimptex Bandage Roll 4.5" X 4.1 Yds	922-07104	\$2.00
Curad Sensitive Skin 3/4 x 3" Bandage 30/Ct	922-00376	\$1.75
Elastic Bandage 2" X 5 Yds	922-00011	\$1.50
First Aid - Dressings & Gauze		
J&J Gauze Pads 4 X 4" 10 Bx	922-10907	\$4.50
Cohesive Elastic Bandage 3" X 5 Yds	922-00010	\$3.00
Cotton Swabs 300 Ct	922-90891	\$2.50
QC Cotton Balls 100% Cotton 300 Bag	922-90773	\$2.00
First Aid - Tape		
1" Waterproof tape	922-00101	\$3.00
Tri-cut Tape	922-10039	\$3.00
Covered Tape 1/2" X 5 Yds	922-00035	\$2.00
First Aid Kits		
Burn Care Kit	911-90050	\$6.50
Personal Soft First Aid Kit	911-93901-10999	\$6.50
Goodsense Mini First Aid Kit	922-90457	\$3.00
Foot Care		
Lamisil AF Spray Powder 4.6 oz (replace Lotrimin 90943)	922-00323	\$10.00
Arm & Hammer Odor Control Foot Powder 7 oz.	922-99158	\$9.00
Zeasorb Athletes Foot Powder 2.5 oz	922-00324	\$9.00
Foot Care Kit	911-90061	\$7.50
Toe Separators	922-90636	\$6.00
Liquid Callus and Corn Remover .3 oz.	922-11949	\$5.50

Item	Item Number	Price
Foot Care (continued)		
Liquid Wart Remover .3 oz.	922-90605	\$5.00
Medicated Foot Powder 4 oz.	922-90607	\$5.00
Corn & callus Remover .5 oz.	922-90608	\$4.00
Moleskin Plus 4 Ct	922-90604	\$2.75
Corn Cushions 9 Ct	922-90609	\$2.00
Medicated Corn Remover Pads	922-11950	\$2.00
Tolnaftate Antifungal Cream .5 oz.	922-90905	\$2.00
Gloves		
Vinyl Gloves powder free Large 100 Bx	922-90545BX100	\$6.00
Vinyl Gloves powder free Medium 100 Bx	922-90546BX100	\$6.00
Vinyl Gloves powder free Small 100 Bx	922-90547BX100	\$6.00
Hemorrhoid		
Tucks Medicated Pads 40 Ct	922-90940	\$7.50
Medicated Pads 100 pads	922-90651	\$6.00
Preparation H Totable Wipes 10 Ct	922-99152	\$5.75
Hemorrhoid Relief Ointment 2 oz.	922-90139	\$5.00
Hemorrhoid Suppositories 12 Pk	922-90154	\$4.00
Home Testing		
Early Result Pregnancy Test	922-00246	\$6.00
One Step Pregnancy Test	922-00245	\$6.00
Hot and Cold Therapy		
Cool & Heat Balm (Generic) 3.5 oz.	922-90448	\$6.00
ES Cold & Hot Therapy Patch (Generic) 5 Pk	922-90459	\$5.00
Reusable Ice Bag	922-80295	\$5.00
Thermacare Muscle and Joint 1 Pk	922-91031	\$5.00
Therma-Kool Cold/Hot pack	922-00471	\$3.00
Cool-It Eye Pack Reusable Cold	922-10103	\$2.00
Heat Pack	922-00067	\$1.00
Incontinence		
Maxi-Care 30x30 Absorbent Pads	922-90057	\$8.00
Prevail Baldder Control Pads Ultra Thin 30/Ct	922-99163	\$8.00

Item	Item Number	Price
Incontinence (continued)		
Surecare Shield Light-Moderate 25/Ct	922-11090	\$8.00
Balmex Adult Cream 3 oz.	922-91043	\$6.50
Prevail Bladder Control Pad Moderate 20/Ct	922-99162	\$6.00
Prevail Male Guard 14/Ct	922-99164	\$6.00
A&D Ointment 1.5 oz.	922-11640	\$5.00
Balmex Zinc Oxide Cream 2 oz.	922-91088	\$5.00
Prevail Adult Wash Cloths 48/Ct	922-11089	\$4.50
Generic A&D 4 oz.	922-99094	\$2.50
Lip Care		
Blistex Medicated Lip Ointment	922-00326	\$3.50
Blistex Medicated Lip Balm	922-00325	\$2.00
QC Medicated Lip Balm (Carmex)	922-00327	\$2.00
Motion Sickness		
Dramamine Tablets 12 Ct	922-90201	\$7.00
Acu-Strap Morning & Motion Sickness Band	922-90198	\$5.00
Motion Sickness 12Ct	922-90650	\$2.00
Ointments and Topicals		
Aveeno Anti Itch 4 oz.	922-99056	\$9.50
Benadryl Extra Itch Cooling Spray 2 oz.	922-99058	\$8.50
Neosporin .5 oz.	922-00835	\$8.00
Generic Neosporin Plus 1 oz.	922-90932	\$6.00
Antifungal Cream 1 oz.	922-10752	\$4.00
Itch Relief Cream Extra Soothing 1 oz.	922-90095	\$3.75
Calamine Lotion 118 ml	922-90933	\$3.50
Bacitracin 1 oz.	922-00065	\$2.50
Triple Antibiotic 1 oz.	922-00049	\$2.50
Hydrocortizone Ointment 1% 1 oz.	922-10057	\$2.25
Ointments and Topicals - Analgesics		
Aspercreame Lidocaine Roll on 2.5 Oz.	922-00328	\$10.00
Flex-All Plus 2 oz.	922-91082	\$7.00

Item	Item Number	Price
Ointments and Topicals - Analgesics (continued)		
Bengay Greasless Balm 2 oz.	922-10323	\$6.75
Aspercream 1.25 oz.	922-10050	\$6.50
Analgesic Cream w/Aloe 3 oz.	922-90097	\$5.25
Icy Hot 1.25 oz.	922-10053	\$5.00
Muscle Rub Vanishing Scent gel 3 oz.	922-90901	\$3.00
Muscle Rub Ultra Strong 3 oz.	922-90900	\$2.75
Ointments and Topicals - Cleaners		
Bactine Pain Relieving Spray 5 oz	922-00329	\$9.00
J & J Hurt free Antiseptic Wash 6 oz.	922-10321	\$5.50
Decolorized iodine 2 oz.	922-91091	\$5.00
Alcohol Wipes 200 Bx	922-00050	\$3.00
Pain Relief		
Advil PM Liqui-Gels 20 Ct	922-99099	\$10.00
Motrin IB 50 Ct	922-91074	\$10.00
Aleve PM 20 Ct	922-99023	\$9.00
St Joseph Aspirin 81 Mg 120 Mico Tabs	922-91058	\$9.00
Tylenol PM Caplets 24 Ct	922-99061	\$7.50
Advil Liqui-Gels 20 caps	922-91059	\$7.00
Advil Migrane Liqui-Gels 20 Ct	922-99098	\$7.00
Excedrine Migrane Caplets 24 Ct	922-99102	\$7.00
Motrin PM Caplets 20 Ct	922-99104	\$7.00
Naproxen 220 Mg 100 Ct	922-90602N	\$7.00
Tylenol ES 500 Mg 24 Ct	922-99060	\$6.25
Bayer Chewable Aspirin 81 Mg Cherry 36 Ct	922-90662	\$5.00
Arthritis Pain Relief APAP 650 Mg 24 Caps	922-90601	\$4.50
Acetaminophen ES 500 Mg 100 Ct	922-90599N	\$4.00
Headache Relief Extra Strength 50 Tabs	922-99106	\$4.00
Acetaminophen Regular Strength 100 Ct	922-90903	\$3.00
Ibuprofen IB Caps 200 Mg	922-90600N	\$3.00
St Joseph Low Dose Aspirin 81 Mg 36 Chewable	922-91057	\$3.00

Item	Item Number	Price
Pain Relief (continued)		
Boxed Aspirin Orange 81 Mg Orange 36 Ct	922-90598	\$2.50
Acetaminophen PM 500 Mg 50 Ct	922-90904	\$2.00
Low Dose Aspirin 81 Mg 120 Tabs	922-11876N	\$2.00
Chewable Aspirin Orange 81 Mg 36 Ct	922-90902	\$1.50
Skin Care		
Dermarest Medicated Psoriasis Gel	922-00330	\$10.00
Scar Gel 1.75 oz.	922-90937	\$10.00
Campho-Phenique Cold Sore treatment .23 oz.	922-11633	\$7.50
Aloe Vera 16 oz.	922-90950	\$5.00
Medicated Body Powder 10 oz.	922-90934	\$5.00
Aloe Vera with Lidocane 8 oz.	922-90951	\$3.50
Sleep Aid		
Melatonin 3 MG 120 Tabs	922-00331	\$9.50
Sleep Aid - Doxylamine 16 Ct (Generic Unisom)	922-90927	\$4.50
Stomach and Laxatives		
Charco Caps 36 Capsules	922-00332	\$9.50
Tums Chewy Delights Cherry 32 Ct	922-00336	\$8.00
Ex-Lax Chocolate 24 Ct	922-91053	\$7.50
Beano Tablets 30 Ct	922-11824	\$7.25
Phillips Stool Softener 30 Ct	922-99035	\$7.00
Eqaulactin 24/Ct	922-00333	\$6.00
Gas Relief and Prevention 20 Ct	922-91054	\$6.00
QC Chewy Delights Cherry 32 Ct	922-00335	\$5.00
Gas-X Extra Strength 10 Ct	922-91052	\$4.25
Gentle Stool Softener 25 Ct	922-90590	\$3.00
Sunscreen		
Sunscreen SPF 50 8 oz.	922-90063	\$7.50
Supports		
Adjustable Wrist Support	922-91095	\$9.00

Item	Item Number	Price
Supports (continued)		
Ankle Support- Elastic Large	922-10211	\$7.50
Ankle Support- Elastic Medium	922-10210	\$7.50
Ankle Support- Elastic Sm	922-10209	\$7.50
Elbow Support- LG	922-90626	\$6.50
Elbow Support- X-LG	922-90627	\$6.50
Ankle Support- LG	922-90618	\$6.00
Ankle Support- MD	922-90619	\$6.00
Ankle Support- SM	922-90620	\$6.00
Knee Support Sleeve- Large	922-90622	\$6.00
Knee Support Sleeve- Medium	922-90623	\$6.00
Knee Support Sleeve- Small	922-90624	\$6.00
Knee Support- X-Large	922-90625	\$6.00
Ankle Support- X-LG	922-90521	\$5.50
Wristlet	922-91097	\$4.00
Vitamins, Minerals, and Supplements		
Apple Cider Vinegar 60 Tabs	922-91033	\$10.00
B-12 1000 Mcg Sublingual 50 Lozenges	922-00337	\$10.00
B-12 1500 Mcg Vitamelts 100 Tablets	922-00338	\$10.00
B-12 500 Mcg 100 Tabs	922-91083	\$10.00
Iron Tablets 65 MG 180 Tabs	922-00346	\$10.00
Red Yeast Rice 1200 Mg 60 Caps	922-91035	\$10.00
Vitamin D 1000 IU Vitamelts 100/Ct	922-00351	\$10.00
Vitamin E- 400 IU 90 Tabs	922-11862	\$9.50
Coconut Oil 1000 Mg 60 Softgels	922-91040	\$9.00
Melatonin 3Mg 120 Ct	922-00348	\$9.00
B- Complex Sustain Release 60 Tabs	922-11863	\$8.50
Cinnamon Alpha Lipoic Acid 1000M 100 Caps	922-91032	\$8.00
Flaxseed Softgel 1000 Mg 1000 60 Ct	922-90882	\$8.00
B-Complex 100 Tabs	922-90298	\$7.75
Chromium Picolinate 200 Mcg 100 Tabs	922-90324	\$7.50

Item	Item Number	Price
Vitamins, Minerals, and Supplements (continued)		
Fish Oil 1000 Mg 120 Ct	922-90964	\$7.25
Folic Acid 400 Mcg 250 Tabs	922-00343	\$7.00
Valerian Root Sleep Restfully 60 Caps	922-91036	\$7.00
Calcium Chews Chocolate 60 Ct	922-90966	\$6.25
B-12 250 Mcg 100 tabs	922-11864	\$6.00
Magnesium 200 Mg 100 Tabs	922-99070	\$6.00
Generic Centrum Silver 100 Tabs	922-00345	\$5.50
One Daily Multi Vitamin with Iron 100 Tabs	922-90257	\$5.00
One-Daily Multi Vitamin with Minerals 100 Tabs	922-90253	\$5.00
Papaya Chewables 100 Chews	922-91039	\$5.00
Vitamin C 500 Mg 100 Tabs	922-11861	\$5.00
B-6 50 Mg 100 Ct	922-90296	\$4.00
Vitamin E 200 IU Soft Gel 100 Tabs	922-90316	\$4.00
Calcium 600 + D 60 Tabs	922-90230	\$3.00
Iron Tablets 325 Mg 100 tabs	922-90245	\$3.00
Vitamin D 400 IU 100 Tabs	922-90309	\$3.00

Notes

[illegible]

MeridianComplete (Medicare-Medicaid Plan) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. MeridianComplete does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

MeridianComplete:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - o Qualified interpreters
 - o Information written in other languages

If you need these services, contact MeridianComplete Member Services.

If you believe that MeridianComplete has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with MeridianComplete's Grievance Coordinator. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, MeridianComplete's Grievance Coordinator is available to help you.

Mail:	MeridianComplete	Telephone:	1-855-580-1689
	Attn: Medicare Grievance Coordinator		(TTY users should call 711)
	P.O. Box 44260	Hours:	Monday – Sunday, 8 a.m. to 8 p.m.
	Detroit, MI 48244	Fax:	1-313-294-5552
		Email:	medicaregrievances@mhplan.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 1-800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-580-1689 (TTY: 711).

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-855-580-1689 (TTY: 711).

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-580-1689 (TTY: 711)。

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-580-1689 (TTY: 711)로 전화해 주십시오.

Tagalog (Tagalog-Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-580-1689 (TTY: 711).

العربية (Arabic): ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-580-1689 (رقم هاتف الصم والبكم: 711).

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-580-1689 (телетайп: 711).

ગુજરાતી (Gujarati): સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિઃશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-855-580-1689 (TTY: 711).

اُردُو (Urdu): خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-855-580-1689 (TTY: 711).

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu quý vị nói Tiếng Việt, chúng tôi có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho quý vị. Xin gọi số 1-855-580-1689 (TTY: 711).

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-855-580-1689 (TTY: 711).

हिंदी (Hindi): ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-580-1689 (TTY: 711) पर कॉल करें।

Français (French): ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-580-1689 (ATS: 711).

λληνικά (Greek): ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-855-580-1689 (TTY: 711).

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-580-1689 (TTY: 711).

Modified October 2018

