



## Eligible items



This is a list of categories of the items you can buy with your **Advantage Dollars**. Categories are the group products may fall under. Items are the generic product type. **Please note, this is not a complete list of eligible items.** For a more complete list of generic items, you can download the *Advantage Dollars Category Catalog* from [www.bcbsm.com/medicareotc](http://www.bcbsm.com/medicareotc).

If you would like to know if a specific brand or product is eligible, visit [www.bcbsm.com/medicareotc](http://www.bcbsm.com/medicareotc). Once you're registered for your secure member account, log in, go to *Health and Well-being*, click *Advantage Dollars* and click *Product*. Here you can search products and brands based on the categories listed. If you want to check eligibility while shopping, download the free OTC Network® Mobile App. Once downloaded, launch the app and you can scan the barcode on the package to see if they're eligible.

### Here is a list of some popular items within eligible categories to help you shop in store.

- **Batteries**
  - Hearing aid batteries
- **Cold and allergy**
  - Allergy liquids, tabs and caps
  - Sore throat pain relief
  - Throat and cough drops
- **Compression support**
  - Low compression socks
  - Moderate to high compression socks
- **Diabetes care**
  - Diabetes cough, cold and allergy
  - Diabetes nutritional bars
  - Diabetes supplements
- **Digestive health**
  - Antacid liquids, tabs and caps
  - Fiber products
  - Anti-gas
- **Eye and ear care**
  - Soft lens cleaners
  - Dry eye relief
  - Reading glasses
- **Feminine care**
  - Feminine antifungal
- **First aid**
  - Adhesive and liquid bandages
  - Topical antibiotics and antimicrobials
  - Poison ivy, oak and sumac treatments



Confidence comes with every card.®

- **Food and beverages**
  - Fruits and vegetables
  - Meats and seafood
  - Cheese and milk
  - Pasta
  - Eggs
- **Foot care**
  - Foot pain relief
  - Wart remover pads and liquids
  - Corn, callus and bunion pads
- **Health supports**
  - Joint warmers and arthritis supports
  - Protective guards
  - Electric heating pads
- **Home diagnostics and patient aids for daily living**
  - Reachers, grippers and lifts
  - Blood pressure kits and accessories
  - Night lights
- **Home health care**
  - Bathtub safety accessories
  - Grab bars and handles
  - Canes
- **Incontinence**
  - Disposable underwear
  - Reusable underpads
  - Deodorizers
- **Oral care**
  - Regular toothpaste and tooth powder
  - Manual toothbrushes
  - Rechargeable toothbrushes and refills
- **Pain relief**
  - Ibuprofen and other anti-inflammatories
  - Nighttime pain relief
  - Sleep aids and sedatives
- **Patient skin care**
  - Moisturizers, barriers and protectants
  - Antifungals
- **Physical fitness and exercise equipment**
  - Pedometers and fitness trackers
- **Skin care**
  - Acne creams, gels, lotions and patches
  - Acne soaps and cleansers
  - Facial and body acne medications
- **Smoking deterrents**
  - Nicotine patches
  - Nicotine gum and lozenges
- **Sun care**
  - Sun protection (all SPF's)
- **Vitamins and dietary supplements**
  - Multivitamins
  - Joint health
  - Calcium
- **Weight management and nutritional foods**
  - Food scales
  - Sugar and salt substitutes
  - Diuretics

## Items NOT covered with your Advantage Dollars card

Approved foods follow the U.S. Department of Agriculture, Food and Nutrition Service Supplemental Nutrition Assistance Program, or SNAP, guidelines. The following are not eligible items:

- Alcoholic beverages and tobacco products
- Foods that are hot when you buy them, such as precooked roasted chicken
- Prepared foods, such as fresh salads, sandwiches and cheese platters

### Some examples of OTC items not eligible include:

- Children's medicines
- Contraceptives
- Cosmetics
- Ensure, Boost, Glucerna
- Feminine products, except for antifungal
- Grooming products
- Household products (cleaners and housewares)
- Oral treatments (nonfluoride mouthwash, whitening strips and kits)
- Meal replacement shakes or nutrition drinks
- Paper products (napkins, paper towels, toilet paper)
- Skin care (face and body washes)
- Weight-management bars and snacks

### Participating retailers



Blue Cross  
Blue Shield  
Blue Care Network  
of Michigan

Blue Cross Blue Shield of Michigan and Blue Care Network contract with InComm to administer the over-the-counter benefit to its Medicare Plus Blue PPO<sup>SM</sup> and BCN Advantage HMO-POS<sup>SM</sup> and HMO<sup>SM</sup> members. The OTC Network is a registered trademark of InComm.