

2020 Over-the-Counter Catalog

UPMC *for Life*
UPMC Health Plan Medicare Program

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Buying covered items through mail order

How it works

You will receive \$200 every three months to buy covered wellness items through mail order.

- Your \$200 allowance will be added to your mail-order account.
- Any unused dollars will roll over to the next quarter but must be used in full by December 31.
- The products listed in this catalog are in alphabetical order under specific covered item categories. To order, you will need to have the product name, item number (SKU), and quantity you would like to order.
- Items will be shipped directly to your home. Please allow 7 to 10 business days for delivery.

Important things to remember:

- To take advantage of this allowance, you must order items listed in this catalog.
- Due to the personal nature of these products, returns cannot be accepted.
- Some limitations and restrictions may apply for covered over-the-counter items.
- Make sure to talk to your doctor before taking any over-the-counter medications.
- Covered over-the-counter items are for members only. Members cannot purchase items for family members and friends.

How to place an order



Go to **shopping.drugsourceinc.com/upmcsnp**. You can look through the catalog, view your account balance, and buy covered items online. You will need your UPMC *for Life* member ID number and date of birth to log in.



To place your order over the phone, call **1-877-418-8821** (TTY: **711**) Monday through Friday from 9:30 a.m. to 11 p.m. Be ready to provide your UPMC *for Life* member ID number and date of birth.



Complete an order form and use the enclosed envelope to return it. Please be sure to include postage. Please mail completed order forms to:

UPMC OTC Orders
PO Box 1366
Elk Grove Village, IL 60009-1366



Call your Health Care Concierge team toll-free at **1-800-606-8648** Monday through Friday from 8 a.m. to 8 p.m. and Saturday from 8 a.m. to 3 p.m.** TTY users should call **711**.

Covered items

This section includes a list of covered items that you can buy with your over-the-counter mail-order allowance. You do not need a prescription to buy these products. **Certain brands may not be available at time of order. Products may be replaced with comparable product without notice and may appear different than in the product picture.**

Dual-purpose items

Certain items can be used for either a medical condition or for general health and well-being. These are called dual-purpose items. **We've marked these items with ±.** You can buy these items with your mail-order allowance if your doctor recommends them. You must talk with your doctor before buying dual-purpose items.


Product image	Product name	Item type	Amount	Item # (SKU)	Price
Acne treatment					
	Asepxia Cleansing Bar				
	With maximum strength salicylic acid for acne treatment and prevention	Charcoal	4 oz.	5118001	\$5.50
		Neutral	4 oz.	5119001	\$4.50
		Oil-free	4 oz.	5121001	\$4.50
		Scrub	4 oz.	5120001	\$4.50
	Benzoyl peroxide gel 1%				
	Generic for Oxy-10 Gel	Gel	1.5 oz.	2106001	\$3.60
	Clean & Clear Advantage Acne Spot Treatment				
	For the treatment of acne; won't over-dry skin; oil-free	Gel	0.75 oz.	1741001	\$9.65
	Clean & Clear Essential Foam Facial Cleanser				
	Removes oil, dirt, and make-up impurities that can cause breakouts	Liquid	8 oz.	3330002	\$6.15
	Neutrogena Acne Wash Oil-free				
	For the treatment of acne	Liquid	6 oz.	1161001	\$8.88
	Neutrogena Clear Pore Oil-Eliminating Astringent				
	For the treatment of acne	Liquid	8 oz.	2307015	\$6.95
	Neutrogena Rapid Clear Treatment Pads				
	Helps stop emerging breakouts	Pads	60 ct.	1508001	\$10.53
	Oxy Daily Cleansing Maximum Pads				
	Oxy Daily Pads unclog pores to clear up pimples and blackheads.	Pads	90 ct.	1166001	\$6.75

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Stri-Dex Maximum Pads				
	Stri-Dex pads reduce the number of acne pimples and blackheads and allows skin to heal.	Pads	55 ct.	1168001	\$5.50
Anti-arthritic					
	X-RAY Dol Glucosamine/Chondroitin				
	Helps renew cartilage and joint tissue; promotes flexibility and mobility	Tablets	50 ct.	5116001	\$20.00
	X-Ray Triple Action Glucosamine, Chondroitin, MSM				
	Helps support joint integrity, bone health, and overall flexibility and mobility	Tablets	60 ct.	5117001	\$27.00
Antifungals					
	Fungi Nail Tincture				
	Proven effective in the treatment of most athlete's foot (tinea pedis) and ringworm (tinea corporis)	Liquid	30 mL	1828001	\$19.50
	Lamisil AT Athlete's Foot				
	Cures most athlete's foot (tinea pedis), jock itch (tinea cruris), and ringworm (tinea corporis)	Cream	0.42 oz.	1831001	\$12.40
	Generic comparable: Athlete's antifungal foot cream		0.5 oz.	3966001	\$12.10
	Lotrimin AF				
	Lotrimin AF cures most athlete's foot, jock itch, and ringworm.	Cream	0.42 oz.	0988001	\$11.60
			1.1 oz.	4710001	\$18.70
	Generic comparable: Clotrimazole 1% cream		0.5 oz.	1567001	\$5.65
			1 oz.	0987004	\$7.20
	Miconazole nitrate 2%				
	Compare to the active ingredients of Micatin	Cream	1.1 oz.	2730001	\$6.70

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Silka Antifungal				
	Silka cures most jock itch and ringworm. It helps relieve itching, burning, cracking, and scaling.	Cream	1 oz.	5101001	\$19.00
	Tolnaftate 1%				
	Compare to the active ingredients of Tinactin	Cream	0.5 oz.	0459004	\$4.10
			1 oz.	1830004	\$6.00
		Powder	1.5 oz.	1723001	\$4.65
Anti-itch					
	After Bite Extra				
	For temporary relief of pain and itching caused by insect bites, minor burns, minor skin irritation, minor cuts, and scrapes	Gel	0.5 oz.	4017001	\$4.78
	Benadryl Extra Strength Itch Stopping 2%				
	Temporarily relieves pain and itching associated with insect bites, minor burns, sunburn, minor skin irritations, minor cuts, scrapes, rashes due to poison ivy, poison oak, and poison sumac	Cream	1 oz.	0969001	\$6.45
	Generic comparable: Diphenhydramine 2% cream		1 oz.	0970001	\$5.00
	Benadryl Regular Strength Itch Relief 1% Cream				
	Temporarily relieves pain and itching associated with insect bites, minor burns, sunburns, minor skin irritations, minor cuts, scrapes, and rashes due to poison ivy, poison oak, or poison sumac	Cream	1 oz.	1989001	\$6.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Calamine lotion				
	Compare to the active ingredients of Caladryl	Lotion	6 oz.	1796002	\$4.10
	Cortizone-10				
	Temporarily relieves itching associated with minor skin irritations, inflammation as well as rashes due to eczema, psoriasis, poison ivy, oak, sumac, insect bites, detergents, jewelry, cosmetics, soaps, and seborrheic dermatitis	Cream	1 oz.	1993001	\$6.70
		Ointment	1 oz.	1872001	\$6.95
		Intensive healing cream	1 oz.	2146001	\$7.00
	Gold Bond Medicated				
	Temporarily relieves the pain and itch associated with minor cuts, sunburn, insect bites, scrapes, minor burns, and other minor skin irritations	Body Powder	10 oz.	2776001	\$8.85
		Maximum Strength Cream	1 oz.	0287001	\$5.15
	Hydrocortisone 1% anti-itch				
	Compare to the active ingredients of Cortaid	Cream	1 oz.	0979004	\$5.15
		Ointment	1 oz.	2163001	\$5.65
		Cream + aloe	1 oz.	1715001	\$4.50
	Psoriasin				
	For the relief of symptoms associated with psoriasis and/or seborrheic dermatitis including itching, scaling, flaking, redness, and irritation of the skin	Ointment	4 oz.	3968001	\$12.70
	Sarna Sensitive Anti-Itch				
	For the temporary relief of pain and itching associated with minor burns, sunburn, minor cuts, scrapes, insect bites, minor skin irritations and rashes due to poison ivy, poison oak, or poison sumac	Lotion	7.5 oz.	2191001	\$12.80

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Antiseptic					
	Bacitracin				
		Ointment	1 oz.	2104004	\$6.20
	Bactine Max				
	First aid to help prevent skin infection and for temporary relief of pain and itching associated with minor cuts, scrapes, and burns	Liquid	4 oz.	1984001	\$6.07
	Neosporin Original Antibiotic				
	First aid to help prevent infection in minor cuts, scrapes, and burns	Ointment	1 oz.	0983001	\$10.55
	Generic comparable: Triple antibiotic ointment		1 oz.	0982004	\$7.75
	Neosporin Plus Maximum Strength				
	First aid to help prevent infection and for temporary relief of pain or discomfort from minor cuts, scrapes, and burns	Ointment	0.5 oz.	1871001	\$7.80
			1 oz.	2177001	\$12.65
	Generic comparable: Triple antibiotic plus ointment		1 oz.	4655001	\$6.10
Bathroom safety					
	Safety treads				
	Box includes eight waterproof, non-slip treads that self-stick to virtually any clean, dry surface. They provide safe traction in tub, on bathroom floors, on stairs, and elsewhere.		8 ct.	3190009	\$5.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Toilet safety frame				
	The toilet safety frame features Hypalon cushion grips for added comfort and stability. This easy-to-assemble safety frame allows users to safely stand or sit at the toilet. The height is adjustable, and the width adjusts from 18 to 20 inches to fit most toilets. It also includes non-slip rubber tips. Easy assembly. Handle width is adjustable from 18 to 20 inches.		1 ct.	4653006	\$35.00
	Weight capacity: 300 lbs.				
Cold and allergy					
	Afrin Nasal Original				
	Temporarily relieves sinus and nasal congestion/pressure due to common cold, hay fever, and upper respiratory allergies	Spray	0.5 oz.	1997001	\$8.15
	Generic comparable: Nasal spray		1 oz.	1273001	\$6.70
	Afrin Nasal Sinus				
	Temporarily relieves sinus and nasal congestion/pressure due to common cold, hay fever, upper respiratory allergies	Spray	0.5 oz.	1847001	\$8.15
	Airborne Immune Support				
	These great-tasting tablets help support your immune system.*	Chew tabs, berry	32 ct.	4018001	\$10.90
Chew tabs, citrus		32 ct.	4019001	\$10.90	

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Alka-Seltzer Plus Cold Effervescent Original				
	Temporarily relieves cold symptoms like minor aches and pains, headache, runny nose, nasal and sinus congestion, sneezing, and sore throat	Tablets	20 ct.	2211001	\$7.70
			36 ct.	1577001	\$11.15
	Generic comparable: Effervescent cold relief		20 ct.	2746005	\$7.50
	Allegra OTC, 180 mg 24-Hour				
	Temporarily relieves symptoms due to hay fever or other upper respiratory allergies including runny nose; itchy, watery eyes; sneezing; and itching of the nose or throat	Tablets	15 ct.	2874001	\$20.75
			30 ct.	3310002	\$27.75
	Generic comparable: Fexofenadine 24-hour allergy tablets		30 ct.	4659001	\$20.41
	Allegra OTC, 60 mg 12-Hour				
	Temporarily relieves symptoms due to hay fever or other upper respiratory allergies including runny nose; itchy, watery eyes; sneezing; and itching of the nose or throat	Tablets	12 ct.	2873002	\$14.80
			Generic comparable: Fexofenadine 12-hour allergy tablets		
	Generic comparable: Fexofenadine 12-hour allergy tablets		12 ct.	4657005	\$11.75
	Benadryl Allergy, Dye-free				
	Temporarily relieves symptoms due to hay fever or other upper respiratory allergies including runny nose; sneezing; itchy, watery eyes; and itching of the nose or throat	Softgels	24 ct.	3336001	\$7.15
		Capsules	24 ct.	4277006	\$4.50
		Tablets	24 ct.	1839005	\$4.10
		Capsules	100 ct.	1099001	\$4.65
	Generic comparable: Diphenhydramine, 25 mg	Tablets	100 ct.	4278001	\$5.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Breathe Right Nasal Strips				
	Instantly relieves nasal congestion due to allergies, colds, and deviated septum and reduces snoring caused by nasal congestion	Large, clear	30 ct.	4022001	\$16.50
		Small/ Medium, tan	30 ct.	4023001	\$17.80
	Cepacol Maximum Strength Lozenge, Honey Lemon				
	Temporary relief of occasional sore throat, sore mouth, minor mouth irritation, and pain associated with canker sores	Lozenge	16 ct.	3302001	\$4.35
	Chloraseptic Sore Throat Spray, Sugar-free				
	For the temporary relief of occasional minor irritation, pain, sore mouth, and sore throat	Cherry	6 oz.	1809001	\$7.30
		Menthol	6 oz.	1852001	\$7.30
	Generic comparable: Sore throat spray, cherry		6 oz.	4658005	\$4.50
	Claritin Allergy, 10 mg 24-Hour				
	Claritin relieves symptoms due to hay fever or other upper respiratory allergies including runny nose; itchy, watery eyes; sneezing; and itching of the nose or throat. Formula is non-drowsy (when taken as directed) and for indoor and outdoor allergies.	Tablets	20 ct.	3311001	\$27.20
			30 ct.	1951001	\$33.40
	Generic comparable: Loratadine, 10 mg tablets		30 ct.	1056001	\$4.10
			100 ct.	2168002	\$12.35
	Contac Cold+Flu Day and Night				
	Temporarily relieves common cold/flu symptoms like nasal congestion, headache, minor aches and pains, stuffy nose, sinus congestion and pressure, and sore throat as well as temporarily reducing fever	Caplets	28 ct.	3288001	\$9.47





Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Coricidin HBP Chest Congestion & Cough				
	Temporarily relieves cough due to minor throat and bronchial irritation as might occur with a cold	Liquigels	20 ct.	3949001	\$8.45
	Coricidin HBP Cough & Cold				
	Temporarily relieves coughs due to minor throat irritations as might occur with a cold	Tablets	16 ct.	3950001	\$8.45
	Coricidin HBP Maximum Strength Flu				
	Temporarily relieves minor aches and pains, headache, cough, runny nose, sneezing, and sore throat	Tablets	20 ct.	3951001	\$8.45
	Dry Mouth Cough Drops				
	Cough drops help reduce oral dryness, plaque forming bacteria, and plaque debris.	Cherry	26 ct.	4540001	\$6.00
		Melon	26 ct.	4541001	\$6.00
		Mint	26 ct.	4542001	\$6.00
	Flonase Allergy Spray				
	Flonase temporarily relieves symptoms of hay fever or other upper respiratory allergies including nasal congestion; itchy nose; runny nose; itchy, watery eyes; and sneezing. It is for symptoms triggered by allergens like pollen, mold, dust, or pet dander. This formula is full prescription strength and non-drowsy.	Spray	60 ct.	5152001	\$19.73
	Halls Defense Vitamin C Drops				
	Helps support the immune system*	Sugar-free assorted citrus	25 ct.	1399001	\$3.20
		Watermelon	30 ct.	1739001	\$3.50


Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Halls Mentho-Lyptus Cough Drops				
	Temporarily relieves cough due to a cold and occasional minor irritation or sore throat	Cherry	30 ct.	2162001	\$3.10
		Honey lemon	30 ct.	1397001	\$3.10
		Ice blue	30 ct.	1681001	\$3.50
		Mentho-lyptus	30 ct.	1406001	\$3.50
		Plus cherry	25 ct.	1407001	\$3.50
		Strawberry	30 ct.	1683001	\$3.50
	Generic comparable: Cough drops	Cherry	30 ct.	1055005	\$2.05
		Lemon	30 ct.	1781005	\$2.05
	Halls Mentho-Lyptus Sugar Free Cough Drops				
	Temporarily relieves cough due to a cold and occasional minor irritation or sore throat	Black cherry	25 ct.	2470001	\$3.50
		Honey berry	25 ct.	2355001	\$3.50
	Generic comparable: Cough drops, sugar-free black cherry		25 ct.	1102005	\$2.05
		Mucinex DM			
Mucinex DM helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive.		Extended release tablets	20 ct.	1057001	\$17.12
			40 ct.	1587001	\$31.30
		Maximum strength tablets	14 ct.	3953001	\$18.82
			28 ct.	3312001	\$34.42
	Mucinex Extended Release Tablets				
	Mucinex Extended Release helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive.	Regular strength tablets	20 ct.	1272001	\$15.62
		Maximum strength tablets	14 ct.	1588001	\$17.62
	Mucus relief				
	Relieves chest congestion; thins and loosens mucus	Tablets	60 ct.	1052001	\$5.15

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Nasacort Allergy 24-Hour				
	Nasacort temporarily relieves symptoms of hay fever or other upper respiratory allergies including nasal congestion, runny nose, sneezing, and itchy nose. This is a multi-symptom medication in its original prescription strength. It is non-drowsy and scent and alcohol free. Product contains about 120 sprays.	Spray	0.5 oz.	4024002	\$27.75
	Next Allergy				
	Helps with respiratory allergies such as runny nose, sneezing, itchy, watery eyes, and itching of the nose or throat	Tablets	45 ct.	5100001	\$21.50
	Next Cold & Flu				
	Relieves cough, headache, sore throat, aches, and nasal congestion	Daytime softgels	24 ct.	5107001	\$10.50
		Nighttime softgels	24 ct.	5108001	\$10.50
	Robitussin DM Peak Cold Cough/Congestion				
	Robitussin DM relieves cough due to minor throat and bronchial irritation as might occur with a cold. It helps loosen phlegm (mucus) and thin bronchial secretions to drain bronchial tubes.	Syrup	4 oz.	2935001	\$7.95
	Generic comparable: Tussin formula DM		4 oz.	1844005	\$5.50
			8 oz.	1065005	\$6.10


Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Robitussin DM Cold Cough/Congestion Sugar-free				
	Robitussin Sugar Free temporarily relieves cough due to minor throat and bronchial irritation as might occur with a cold. It helps loosen phlegm (mucus) and thin bronchial secretions to drain bronchial tubes. This product is specially formulated for diabetics.	Syrup	4 oz.	2936001	\$7.95
	Generic comparable: Tussin DM, sugar-free		4 oz.	1070001	\$4.10
	Saline Nasal Spray				
	Compare to the active ingredients in Ocean Nasal Spray	Spray	1.5 oz.	1061001	\$3.60
	Sambucol Black Elderberry Cold & Flu Relief				
	Sambucol provides temporary relief from respiratory symptoms such as sneezing, runny nose, nasal or sinus congestion, minor sore throat, and headache.	Tablets	30 ct.	4552001	\$16.00
	Screts Regular, Wild Cherry				
	Temporary relieves minor throat irritation or pain, sore mouth, and sore throat	Lozenges	18 ct.	1686001	\$4.10
	Sudogest PE, 10 mg				
	Compare to the active ingredients of Sudafed PE	Tablets	36 ct.	2997002	\$6.20
	Tukol Max				
	For fever and headache; clears nasal congestion, thins and loosens mucus, and controls cough	Cold & flu syrup	6 oz.	5103001	\$11.00
		Severe cough & congestion syrup	6 oz.	5104001	\$11.00




Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Tukol Multi-Symptom Cold				
	<i>Helps loosen phlegm; relieves nasal congestion and cough; and is non-drowsy</i>	Syrup	4 oz.	5105001	\$8.00
	Tukol Xpecto Miel Cough				
	<i>Helps loosen phlegm; relieves nasal congestion and cough; for throat and bronchial irritation</i>	Syrup	4 oz.	5106001	\$8.00
	Tussin formula CF				
	<i>Compare to the active ingredients of Robitussin</i>	Syrup	8 oz.	1064001	\$5.15
	Tussin formula				
	<i>Compare to the active ingredients of Robitussin</i>	Syrup	4 oz.	1843005	\$4.50
	Vicks DayQuil				
	<i>DayQuil temporarily relieves common cold/flu symptoms like nasal congestion, cough due to minor throat and bronchial irritation, sore throat, headache, minor aches, pains, and fever.</i>	Liquid capsules	24 ct.	2952001	\$13.05
	Generic comparable: Daytime Cold/Flu Relief Soft-gels		16 ct.	4656001	\$4.55
	Vicks NyQuil				
	<i>NyQuil temporarily relieves common cold/flu symptoms like cough due to minor throat and bronchial irritation, sore throat, headache, minor aches and pains, fever, runny nose, and sneezing.</i>	Liquid	8 oz.	3234001	\$11.10
		Liquid capsules	24 ct.	2967001	\$13.05
	Generic comparable: All Night Cold Original Liquid		8 oz.	3980002	\$5.67

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Vicks Vaporub				
	Vicks temporarily relieves cough due to minor throat and bronchial irritation associated with the common cold when applied to chest and throat.	Original rub	1.76 oz.	2425001	\$6.60
			3.53 oz.	3313001	\$11.55
			6 oz.	2351001	\$17.25
	Lemon scented rub	1.76 oz.	1072001	\$6.60	
Generic comparable: Medicated chest rub			3.53 oz.	1840004	\$4.10
	Zyrtec OTC, Adult 10 mg 24-Hour				
	Zyrtec temporarily relieves symptoms due to hay fever or other upper respiratory allergies like runny nose; sneezing itchy, watery eyes; and itching of the nose or throat.	Tablets	5 ct.	2428001	\$9.80
			30 ct.	2427002	\$29.58
	Generic comparable: Cetirizine, 10 mg tablets		30 ct.	1050002	\$11.85
Diabetic care					
	Diabetic foot care				
	Temporarily protects and helps relieve chapped or cracked skin. Helps protect from the dry effects of wind and cold weather.	Cream	4 oz.	2485001	\$11.99
	Glucose, 4 mg				
	Compare to the active ingredients of Dex 4	Tablets	10 ct.	4667005	\$3.95
	Glucose raspberry tablets				
	Compare to the active ingredients of Dex 4	Tablets	50 ct.	2484001	\$8.40
	Goicoechea Diabet-TX				
	Specially formulated for dry, rough skin. Intensely moisturizes and conditions the skin of people with diabetes	Cream	13.5 oz.	5109001	\$13.50
		Liquid powder	2.3 oz.	5110001	\$11.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Gold Bond Ultimate Diabetic Dry Skin Relief				
	Gold Bond helps relieve, prevent, and temporarily protect chafed, chapped, or cracked skin. It temporarily protects minor burns, cuts, and scrapes.	Foot Cream	3.4 oz.	4106001	\$8.46

Diagnostics






Blood pressure monitor, digital, talking±				
	Monitor provides clinically accurate readings with a fully automatic inflation and deflation system. It provides systolic, diastolic, and pulse results. Four-person memory bank holds 396-readings (99 per user). Memory recall with date/time stamp. Features include an average of last three readings, a hypertension indicator, an irregular heartbeat detection mechanism, three language settings (English, Spanish, and French), and an adjustable language volume control. Includes: monitor, wide-range nylon arm cuff, four AA batteries, storage case, detailed English/Spanish/French guidebook, quick start guide, FAQ pamphlet, and blood pressure charting log.	1 ct.	4453003	\$55.55
	Arm cuff size: 8.6" to 16.5"			
Digital blood pressure monitor, automatic wrist monitor±				
	Monitor features fully automatic inflation and deflation and clinically accurate readings. Intelligent inflation utilizes results history during measurement to determine correct inflation level, allowing for a faster measurement and more comfortable reading. Systolic, diastolic and pulse results. Two-person memory bank holds 120-readings (60 per user). Memory recall with date/time. Hypertension indicator. Irregular heartbeat detection. Includes: monitor with attached adult wrist cuff, storage case, two AAA batteries, detailed English/Spanish instructions, quick start guide, FAQ pamphlet, and blood pressure charting log.	1 ct.	4746003	\$25.99

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Omron blood pressure monitor, manual±				
	Monitor has advanced diagnostics which provide valuable information for you and your physician. Advanced averaging automatically displays the average of up to three readings taken within 10 minutes. Memory storage with date and time allows you to review the last 30 readings at the touch of a button. Simple manual operation designed for accuracy—this easy to use monitor makes it simple to measure your blood pressure and pulse rate at home. Just apply the cuff, press the ON button and squeeze the inflation bulb to the desired pressure. The cuff deflates automatically, and your readings appear on the extra large digital display. Contains: one digital manual blood pressure monitor, one contoured arm cuff (fits arms 9 inches to 13 inches in circumference), one air inflation bulb, and one illustrated English/Spanish instruction manual. Operates on four AAA batteries (not included). One year limited warranty.	1 ct.	0996001	\$38.40	
	Omron blood pressure cuff, large (cuff only)±				
	A cuff for larger arms. Fits arm circumference range of 13-17" (32-42 cm). This is for use with all OMRON automatic or manual digital blood pressure monitors with D-ring cuff. Contains one large cuff and one instructional insert.	1 ct.	2237001	\$22.95	
	SmartHeart blood pressure monitor±				
	Monitor provides clinically accurate readings with intelligent inflation that utilizes results history during measurement to determine inflation level, allowing for a faster measurement and more comfortable reading. Fully automatic inflation and deflation. Systolic, diastolic, and pulse results. Two-person memory bank holds 120-readings (60 per user). Four AA batteries are included.	1 ct.	4618003	\$34.99	

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Smartheart blood pressure monitor, automatic (two cuffs)±				
	Monitor features fully automatic inflation and deflation and clinically accurate readings. Intelligent inflation utilizes results history during measurement to determine inflation level, allowing for a faster measurement and more comfortable reading. Systolic, diastolic, and pulse results. Two-person memory bank holds 120-readings (60 per user). Memory recall with date/time stamp. Three averaging modes: complete memory bank, a.m. measurements, and p.m. measurements. Blue backlit display. Two-person memory bank holds 120-readings (60 per user). Memory recall with date/time stamp. Average of last three readings. Hypertension indicator. Irregular heartbeat detection. Includes: monitor, adult and large adult nylon arm cuffs, storage case, four AAA batteries, detailed English/Spanish guidebook, quick start guide, FAQ pamphlet, and blood pressure charting log.		1 ct.	4811003	\$40.00
Ear care					
	Debrox Earwax Removal Aid				
	For occasional use as an aid to soften, loosen, and remove excessive earwax	Drops	0.5 oz.	1334001	\$8.10
	Mack's Wax Away Earwax Removal System				
	For occasional use as an aid to soften, loosen and remove excessive earwax. Includes soft bulb washer.	System	1 ct.	2518001	\$6.60
	Murine Ear Wax Removal				
	For occasional use as an aid to soften, loosen, and remove excessive ear wax. System includes soft bulb washer.	System	0.5 oz.	1336001	\$8.45
		Drops	0.5 oz.	1860001	\$7.75
	Generic comparable: Ear wax drop removal kit		0.5 oz.	4665005	\$5.15

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Swim Ear				
	Dries water in the ears and relieves water-clogged ears after swimming, showering, bathing, or washing the hair	Drops	1 oz.	2195001	\$5.50
Eye care					
	Artificial tears 0.5 oz. with polyvinyl alcohol 0.5%, povidone 0.6%				
		Drops	0.5 oz.	4884001	\$8.25
	Bausch & Lomb Advanced Eye Relief Eye Wash				
	Washes the eye to help relieve irritation, discomfort, burning, stinging, and itching by removing loose foreign material, air pollutants (smog or pollen), and chlorinated water	Wash	4 oz.	1343001	\$7.50
	Bausch & Lomb Opcon-A Allergy				
	Temporarily relieves itching and redness caused by pollen, ragweed, grass, animal hair, and dander	Drops	0.5 oz.	2133001	\$9.00
	Bausch & Lomb Renu Advanced Multi-Purpose No-Rub				
	Cleans, conditions, disinfects, and removes protein from contacts	Solution	4 oz.	4753001	\$7.55
	Generic comparable: Multi-purpose no-rub		12 oz.	4672005	\$5.90
	Bausch & Lomb Soothe Hydration Lubricant				
	Relieves dryness of the eye	Drops	0.5 oz.	3338001	\$13.45
	Blink Contacts Lubricant				
	Lubricant provides relief with every blink for soft and RGP lenses. It moisturizes with hyaluronate, a naturally occurring substance found in the eyes.	Drops	0.34 oz.	3339002	\$9.32

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Clear Eyes Drops					
	For use as a protectant against further irritation or to relieve dryness of the eye	Itchy eye relief drops	0.5 oz.	1347001	\$5.35
		Maximum redness drops	0.5 oz.	1348001	\$5.50
		Redness relief drops	0.5 oz.	1643001	\$5.50
Contact lens solution (contains hydrogen peroxide)					
	Compare to the active ingredients of Clear Care	Solution	12 oz.	4673005	\$9.80
Freshkote PF Eye Drops					
	FRESHKOTE PF is a lubricating eye drop that offers soothing relief from dry eye symptoms and prevents further irritation and inflammation.	Eye drops	10 ml	4548001	\$49.08
Ocusoft Retaine MGD					
	Retained MGD is a revolutionary, preservative-free ophthalmic emulsion that moisturizes, lubricates, and protects moderate to severe dry eyes. It provides long-lasting relief utilizing nova orb.	Eye drops	30 ct.	4547001	\$28.45
Opti-Free No-Rub Express					
	Cleans, rinses, disinfects, and stores silicone hydrogel and soft contact lenses	Solution	4 oz.	1647001	\$7.30
Opti-Free Replenish Multi-Purpose					
	Cleans, rinses, disinfects, and stores soft contact lenses only	Solution	10 oz.	1351001	\$15.00
Opti-Free Rewetting Drops					
	Rewetting drops moisten your lenses and help to remove particulate material that may cause irritation and/or discomfort.	Eye drops	10 ml	0249001	\$9.70

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Refresh Liquigel				
	Refresh Liquigel is for the temporary relief of burning, irritation, and discomfort due to dryness of the eye or exposure to wind or sun. Product may be used as a protectant against further irritation.	Eye drops	0.5 oz.	3340001	\$14.60
	Refresh Optive Sensitive				
	Provides long-lasting hydration for dry, burning, or irritated eyes; lubricates and protects the eye's surface which can become damaged due to dryness	Eye drops	30 ct.	4585001	\$18.50
	Systane Lubricant				
	For the temporary relief of burning and irritation due to dryness of the eye	Eye drops	0.5 oz.	1353001	\$16.30
	Thera Tears Sterilid Lid Scrub				
	Cleanses away external irritants from eyelids and eyelashes	Cleanser	1.62 oz.	3341001	\$20.05
	Visine A				
	Temporarily relieves itchy, red eyes due to pollen, ragweed, grass, animal hair, and dander	Eye drops	0.5 oz.	2206001	\$9.15
	Visine AC				
	For temporary relief of discomfort and redness of the eye due to minor eye irritations	Eye drops	0.5 oz.	2112001	\$6.20
	Generic comparable: Eye drops AC		0.5 oz.	4675005	\$3.40

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Visine Advanced Relief				
	For the relief of redness of the eye due to minor eye irritation	Eye drops	0.5 oz.	2525001	\$7.50
	Generic comparable: Eye drops, moisture		0.5 oz.	4674008	\$3.40
	Visine Original				
	For the relief of redness of the eye due to minor eye irritations	Eye drops	0.5 oz.	1096001	\$6.20
	Generic comparable: Eye Drops		0.5 oz.	1095004	\$3.10
Fiber supplements					
	Fibercon				
	Relieves occasional constipation to help restore and maintain regularity	Tablets	90 ct.	1864001	\$17.35
	Generic comparable: Fiberlax tablets		90 ct.	1863001	\$7.90
	Fiber laxative				
	Compare to the active ingredients of Citrucel	Caplets	100 ct.	2115005	\$10.80
	Metamucil				
	For promoting and maintaining digestive health;* for occasional constipation and to help promote regularity	Capsules	100 ct.	1670001	\$21.15
	Generic comparable: Fiber laxative, psyllium capsules		160 ct.	4683005	\$10.80
	Natural fiber powder				
	Compare to active ingredients of Metamucil Powder	Powder	13 oz.	3945001	\$9.80
		Orange powder	13 oz.	3946001	\$9.25

Product image	Product name	Item type	Amount	Item # (SKU)	Price
First aid supplies					
	Ace Velcro Bandage				
	<i>Closure enables the bandage to be wrapped easily and securely with no clips. Bandage is made with latex free materials, and is ideal for hand, foot, or wrist.</i>	Bandage	1 ct., 2"	1341001	\$5.45
			1 ct., 3"	1970001	\$8.25
	Ace Cold Reusable Compress				
	<i>Designed to help relieve pain and reduce swelling caused by sprains, strains, muscle aches, insect bites, bumps and bruises, minor burns, and simple headaches.</i>	Compress	1 ct.	2529001	\$7.50
	Generic comparable:	Hot/cold compress, gel reusable	1 ct.	4700003	\$4.30
		Ice compress, one time use	1 ct.	4681005	\$3.95
	Ace Elastic Bandage				
	<i>Bandage provides firm support and compression for strains and sprains. Clips enable bandage to be easily secured.</i>	Bandage	3"	1339001	\$8.25
	Generic comparable: Elastic bandage		2"	4676001	\$4.29
			3"	4677001	\$5.80
	Ace Self-Adhering Bandage				
	<i>This self-adhering bandage needs no clips. It is adjustable for a custom fit and made from latex free materials.</i>	Bandage	2"	2122001	\$5.15
	Adhesive non-stick, large, 3" x 4"				
		Pads	10 ct.	0972005	\$3.60
	Adhesive sheer, assorted				
		Strips	60 ct.	0975005	\$3.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Band-Aid Comfort-Flex Plastic, ¾"				
	Covers wounds to help protect against dirt and germs that may cause infection Size: ¾" x 3" (1.9 cm x 7.6 cm).	Strips	60 ct.	1296001	\$3.03
	Generic comparable: Adhesive bandage, plastic, ¾" Strips		60 ct.	4679005	\$2.50
	Band-Aid Flex Fabric ¾"				
	Covers wounds to help protect against dirt and germs that may cause infection Size: ¾" x 3" (1.9 cm x 7.6 cm).	Strips	30 ct.	0235001	\$4.63
	Band-Aid Flexible Fabric, assorted sizes				
	Covers wounds to help protect against dirt and germs that may cause infection Box contains: 5—1" x 3" (2.5 cm x 7.6 cm) 10—¾" x 3" (1.9 cm x 7.6 cm) 15—5/8" x 2 ¼" (1.5 cm x 5.7 cm)	Strips	30 ct.	0974001	\$4.63
	Generic comparable: Adhesive fabric strips		30 ct.	0973005	\$3.60
	Basic digital thermometer				
	This product features a 60-second readout, memory recall of last reading, Fahrenheit/Celsius measurements, a long-lasting sealed battery, waterproof construction, and automatic shut-off. It is designed for oral, rectal, or underarm use.		1 ct.	0998003	\$5.15

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	BD Alcohol Swabs				
	<i>For the preparation of the skin prior to an injection to decrease germs in minor cuts and scrapes; 70 percent isopropyl alcohol for optimum anti-bacterial action</i>	Swabs	100 ct.	1361001	\$3.60
	Generic comparable: Alcohol prep pads		100 ct.	3981001	\$3.10
	BD Home Sharps Container				
	<i>Sharps container can hold 70-100 insulin syringes or up to 300 pen needles.</i>		1 ct.	2137001	\$4.10
	Bed Buddy Hot/Cold Pack				
	<i>Hot/Cold pack is especially beneficial for arthritis, sore muscles, joint stiffness, chronic pain, sports injuries, and warming up.</i>		1 ct.	2541001	\$12.15
	Cara Instant ice packs				
	<i>Instant ice packs reduce swelling and relieves pain. It is portable for emergency first aid and is disposable.</i>	Pack	2 ct.	2546001	\$4.50
	Cotton balls				
		Cotton balls	100 ct.	3915005	\$2.50
			300 ct.	4002005	\$4.10
	Epsom salt				
		Pack	16 oz.	1134001	\$4.65
	Hydrogen peroxide 3%				
		Liquid	8 oz.	2553006	\$3.50
			16 oz.	0968006	\$3.60
	Ice bag				
	<i>Ice bag is for cold therapy. It is made with durable, waterproof fabric and electra mechanically sealed. It's good for muscle strains and sprains.</i>	Bag	6"	1691001	\$8.67
			9"	1877003	\$10.40

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Johnson & Johnson First Aid Kit, mini				
	Plastic case contains: 2 Johnson & Johnson hand cleansing wipes, 5" x 7 3/4" (12.7 cm x 19.7 cm) each; 4 Johnson & Johnson gauze pads (two 2-packs) 2" x 2" (5 cm x 5 cm); 2 Band-Aid Brand flexible fabric adhesive bandages 3/4" x 3" (1.9 cm x 7.6 cm); 4 Band-Aid Brand flexible fabric adhesive bandages 5/8" x 2 1/4" (1.5 cm x 5.7 cm).		1 ct.	4702001	\$2.59
	Johnson & Johnson First Aid Kit				
	Durable plastic shell contains: Clean—3 Johnson & Johnson Hand Cleansing Wipes, 10 Johnson & Johnson Gauze Pads. Treat—1 Neosporin + Pain Relief Cream, 1 Extra Strength Benadryl Itch Stopping Cream, 4 Tylenol Extra Strength Acetaminophen caplets, 1 Bengay Non-Medicated Instant Cold Pack. Protect—80 Band-Aid Brand Sheer Adhesive Bandages assorted sizes, 30 Band-Aid Brand Water Block Clear Bandages assorted sizes, 3 Band-Aid Brand of First Aid Products Non-Stick Pads, 1 Band-Aid Brand of First Aid Products Small Rolled Gauze. Care—4 Nitrile Patient-Examination Gloves, 1 Johnson & Johnson First Aid Guide.		1 ct.	4546015	\$20.10
	Johnson & Johnson Waterproof Tape				
	Water-Defense technology—100 percent waterproof 1/2" x 10 yd. (9.1 m).	Tape	1 ct.	1876001	\$5.15
	Generic comparable:	Tape, 1/2"	1 ct., 5 yd.	0986001	\$2.60
		Tape, 1/2" waterproof	1 ct., 10 yd.	3996001	\$3.10
	Mederma				
	Mederma temporarily protects and helps relieve chapped or cracked skin. It reduces the appearance of old and new scars. It's clinically shown to improve the softness, texture, and appearance of scars resulting from injury, surgery, burns, and acne.	Gel	50 g	2944001	\$40.75

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	New-Skin Liquid Bandage				
	<i>This is a first aid product that helps prevent bacterial contamination in minor cuts and scrapes. Product provides antiseptic treatment for hard to cover cuts, wounds, scrapes, calluses, and dry cracked skin.</i>	Liquid	1 oz.	1301001	\$7.20
	Purell Hand Sanitizer				
	<i>Hand sanitizer helps reduce bacteria on the skin.</i>	Liquid	8 oz.	1370001	\$5.05
	Generic comparable: Hand sanitizer liquid		8 oz.	4680003	\$4.02
	Rubbing Alcohol, 70 percent				
		Liquid	16 oz.	0967006	\$4.50
	Sterile pads, 3" x 3"				
		Pads	25 ct.	2246001	\$6.12
	Thermometer, digital, flexible tip				
	<i>Product is hygienically waterproof for easy cleaning, has last-reading memory recall, and a flexible tip for added comfort during readings.</i>		1 ct.	1841003	\$8.25
	Thermometer, forehead strip				
	<i>This safe and convenient forehead strip thermometer shows temperature in just 15 seconds. It is unbreakable and reusable.</i>	Strip	1 ct.	4463001	\$5.10
	Vaseline Petroleum Jelly				
	<i>Vaseline temporarily relieves chapped or cracked skin and lips as well as protecting minor cuts, scrapes, and burns.</i>	Gel	1.75 oz.	2209001	\$3.00
			13 oz.	1424001	\$6.50
	Generic comparable: Petroleum jelly		13 oz.	2559004	\$5.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Foot care					
	Dr. Scholl's Callous Remover One-Step				
	Medicated disk removes callus while cushion relieves pain.	Pads	4 ct.	1879001	\$5.85
	Dr. Scholl's Corn Remover Pads				
	For removal of corns	Pads	9 ct.	4335001	\$3.85
	Dr. Scholl's Corn Cushion, regular				
	Helps soften hard corns	Pads	9 ct.	0989001	\$3.60
	Generic comparable: Corn cushions		9 ct.	4682005	\$1.99
	Gold Bond Medicated Foot Powder Max Strength				
	Temporarily relieves the pain and itch associated with minor skin irritations on the foot	Powder	4 oz.	2589001	\$5.00
	Silka Odor Defense Ice Cool Foot Powder				
	Product absorbs moisture and eliminates odor on contact, keeping your feet dry and fresh for hours. It also cools and refreshes your feet.	Powder	6 oz.	5102001	\$7.50
Gastrointestinal					
	Alka-Seltzer Original				
	Product is for the temporary relief of heartburn, acid indigestion, and sour stomach when accompanied by headache or body aches and pains. It relieves upset stomach with headache from overindulgence in food or drink as well as headaches, body aches, and pain alone.	Tablets	12 ct.	1077001	\$3.75
			24 ct.	0105001	\$6.05
			Generic comparable: Effervescent pain relief tablets		
			36 ct.	1819005	\$6.45




Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Antacid				
	Compare to the active ingredients of Mylanta	Double strength liquid	12 oz.	1087001	\$4.65
		Regular strength liquid	12 oz.	2459002	\$5.85
		Anti-gas, 80 mg tablets	100 ct.	1822001	\$4.50
	Beano Tablets				
	Prevents gas, bloating, and discomfort caused by some foods	Tablets	30 ct.	1082001	\$6.70
			100 ct.	1539001	\$19.00
	Colace 2-in-1				
	Colace 2-in-1 relieves occasional constipation (irregularity). It generally produces bowel movement in 6 to 12 hours. It is gentle, dependable, and very low in sodium.	Tablets	60 ct.	5065001	\$30.93
	Colace, 100 mg				
	Colace relieves occasional constipation (irregularity). It generally produces bowel movement in 12 to 72 hours. It's gentle, effective, low in sodium, and stimulant-free for comfortable relief.	Capsules	60 ct.	2578002	\$28.50





Product image	Product name	Item type	Amount	Item # (SKU)	Price
 	Dulcolax				
	<i>Dulcolax provides temporary relief of occasional constipation and irregularity. It generally produces bowel movement in 6 to 12 hours.</i>	Tablets	25 ct.	2297001	\$9.20
			100 ct.	2296001	\$27.20
	Generic comparable:	Suppositories	4 ct.	4367001	\$7.23
		Bisacodyl, 5 mg tablets	25 ct.	2933005	\$4.15
			100 ct.	1758002	\$7.20
Biscolax, 10 mg suppositories	12 ct.	4685001	\$1.99		
	Ex-Lax, Regular Strength				
	<i>Relieves occasional constipation (irregularity)</i>	Pieces	24 ct.	1083001	\$6.50
 	Fleet Enema Adult				
	<i>Relieves occasional constipation (irregularity)</i>	Liquid	4.5 oz.	2853001	\$4.10
		Suppositories	24 ct.	1747001	\$4.10
	Generic comparable: Enema, adult liquid		4.5 oz.	1664001	\$3.50
  	Gas-X Extra Strength				
	<i>For the relief of pressure and bloating commonly referred to as gas</i>	Cherry crème chew-tab	18 ct.	1823001	\$6.22
		Peppermint chew-tab	18 ct.	2158001	\$6.50
		Softgels	10 ct.	1219001	\$3.57
	Generic comparable:	Gas relief softgels	30 ct.	3025002	\$6.20
		Gas relief ultra strength, 180 mg capsules	60 ct.	2464001	\$6.00
		Genozol, 20 mg			
<i>Genozol treats heartburn that occurs two or more days a week. It is not intended for immediate relief of heartburn.</i>		Tablets	14 ct.	5098001	\$13.50
			42 ct.	5099001	\$29.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Imodium A-D				
	Controls symptoms of diarrhea, including travelers' diarrhea	Cool mint liquid	4 oz.	1246001	\$8.15
		Softgels	12 ct.	5083001	\$9.55
	Generic comparable: Anti-diarrheal caplets		12 ct.	2326001	\$3.60
			24 ct.	2294002	\$5.65
	Kaopectate Regular Flavor				
	Product relieves traveler's diarrhea, diarrhea, upset stomach due to overindulgence in food and drink, heartburn, indigestion, nausea, and gas.	Liquid	8 oz.	1247001	\$6.65
	Lansoprazole acid reducer, 15 mg				
	Compare to the active ingredients of Prevacid OTC	Capsules	14 ct.	4280001	\$12.03
	Magnesium citrate liquid				
		Cherry	10 oz.	1084005	\$3.10
		Lemon	10 oz.	1085005	\$3.10
	Milk of magnesia				
	Compare to the active ingredients of Phillips Milk of Magnesia	Suspension	12 oz.	2744005	\$4.10
			16 oz.	2118001	\$5.65
	Miralax				
	Relieves occasional constipation (irregularity)	Powder	4.1 oz.	1394002	\$9.65
			8.3 oz.	2299002	\$16.75
			17.9 oz.	2582001	\$29.00
	Generic comparable: Clearlax powder		4.1 oz.	2288002	\$6.20
		8.3 oz.	2300001	\$13.90	
	Nexium 24-Hour Heartburn Relief				
	Treats heartburn that occurs two or more days a week	Capsules	14 ct.	4027001	\$16.55
			28 ct.	4028001	\$29.15
			42 ct.	4026001	\$39.85

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Pepcid AC Original Strength tablets				
	Relieves heartburn associated with acid indigestion and sour stomach	Tablets	30 ct.	1076002	\$14.60
	Generic comparable: Famotidine, 10 mg tablets		30 ct.	2942010	\$6.20
			60 ct.	4331001	\$11.35
	Pepcid Complete Chewable Berry				
	Dual-action product relieves heartburn associated with acid indigestion and sour stomach.	Tablets	50 ct.	3350002	\$27.40
	Pepto-Bismol Original				
	Relieves travelers' diarrhea; diarrhea; and upset stomach due to overindulgence in food and drink, heartburn, indigestion, nausea, gas, belching, and fullness.	Caplets	40 ct.	1248001	\$10.57
	Generic comparable: Pink bismuth tablets, chewable		30 ct.	1091001	\$5.05
	Pepto-Bismol				
	Relieves travelers' diarrhea; diarrhea; and upset stomach due to overindulgence in food and drink, heartburn, indigestion, nausea, gas, belching, and fullness.	Liquid, original	8 oz.	1090001	\$6.55
			16 oz.	3314001	\$9.75
		Liquid, cherry	8 oz.	1231001	\$6.55
	Generic comparable: Pink bismuth liquid		8 oz.	2724005	\$4.32
	Phillips Colon Health				
	Helps naturally rebalance your digestive system for overall digestive health and supports a healthy immune system	Tablets	30 ct.	4588001	\$19.70
			45 ct.	4587001	\$27.60
			60 ct.	4589001	\$35.20

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Prilosec OTC, 20 mg				
	Treats heartburn that occurs two or more days a week	Tablets	14 ct.	3316001	\$18.10
			28 ct.	1555001	\$29.85
			42 ct.	2323001	\$39.60
	Generic comparable: Omeprazole, 20 mg tablets		14 ct.	4281010	\$16.57
42 ct.			2213010	\$31.00	
	Rolaids Chewable				
	Relieves heartburn, sour stomach, and acid indigestion	Extra strength, fruit	96 ct.	4029001	\$6.85
		Extra strength, mint	96 ct.	4030001	\$6.85
		Regular strength, mint	150 ct.	4031001	\$6.85
	Senna				
	Compare to active ingredients of Senokot	Tablets	100 ct.	1092004	\$6.70
	Senokot-S				
	Senokot-S relieves occasional constipation (irregularity). It generally produces a bowel movement in 6 to 12 hours to provide overnight relief. This product is gentle, dependable, and low in sodium.	Tablets	30 ct.	2111001	\$23.93
	Stool softener				
	Compare to the active ingredients of Colace	Softgels	100 ct.	1093002	\$5.00
	Tagamet HB OTC, 200 mg				
	Relieves heartburn associated with acid indigestion and sour stomach	Tablets	6 ct.	1826001	\$3.60
			30 ct.	1558001	\$15.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Tums Extra Strength tablets				
	Relieves heartburn, acid indigestion, sour stomach, and upset stomach associated with these symptoms	Smoothies assorted fruit	60 ct.	1240001	\$7.30
		Assorted fruit	96 ct.	2200001	\$6.97
	Generic comparable:	Antacid assorted tablet	150 ct.	1078002	\$4.20
		Antacid chewable, extra strength tablets	96 ct.	2263001	\$5.20
		Antacid ultra strength tablets	72 ct.	2367001	\$7.20
	Zegerid OTC, 20 mg				
	Zegerid OTC treats heartburn that occurs two or more days a week. It is not intended for immediate relief of heartburn. This drug may take one to four days to take full effect. Zegerid OTC works differently from other OTC heartburn products, such as antacids and other acid reducers. It stops acid production at the source—the acid pump that produces stomach acid. This product contains 14-day course of treatment.	Capsules	14 ct.	2302002	\$16.25
Gloves					
	Latex gloves, powder-free				
	Gloves provides an exceptional blend between performance, comfort, and dependability. The fingertips are textured for secure grip in wet and dry conditions.	Small	100 ct.	4101002	\$9.00
		Medium	100 ct.	4102002	\$9.00
		Large	100 ct.	4103002	\$9.00
		X-Large	100 ct.	4104002	\$9.00


Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Nitrile Gloves, latex-free and powder-free				
	Gloves provides an exceptional blend between performance, comfort, and dependability. The fingertips are textured for secure grip in wet and dry conditions.	One size	50 ct.	4368002	\$11.42
Heating pads					
	Deluxe heating pad				
	Deluxe heating pad heats up quickly and features an easy push-button controller, four heat settings, and automatic shutoff after two hours. A sponge is included for moist heat. Product features a soft, machine-washable cover. Includes: heating pad with 9' power cord, cover, detailed English/Spanish use instructions, and cleaning/storage instructions.	Moist/Dry, 12" x 15"	1 ct.	4668003	\$24.95
	Heating pad, select temp				
	This deluxe heating pad provides both moist and dry heat therapy. It has a soft, washable cover and easy, push-button control, and four heat settings. The long cord and auto shut-off make it safe and convenient to use.	Moist/Dry, 12" x 15"	1 ct.	2790003	\$34.65
	Heating pad, econo				
	Econo heating pad features a push-button controller, four heat settings, automatic shut-off after two hours, and a soft, machine washable cover. Includes: heating pad with 9' power cord, washable cover, instruction book, and cleaning/storage instructions.	Dry, 12" x 15"	1 ct.	2788003	\$20.90

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Hemorrhoidal					
	Nikzon Hemorrhoid				
	For the temporary relief of anorectal itching, burning and discomfort associated with hemorrhoids, anorectal disorders, inflamed hemorrhoidal tissues, or piles	Ointment	0.9 oz.	5115001	\$8.50
	Preparation H Maximum Strength				
	Preparation H is for temporary relief of pain, soreness, and burning. It helps relieve local itching and discomfort associated with hemorrhoids.	Cream	0.9 oz.	0991001	\$9.80
	Generic comparable: Hemorrhoidal cream		1.8 oz.	0990005	\$5.85
	Preparation H				
	Preparation H helps relieve local itching and discomfort associated with hemorrhoids. It temporarily shrinks hemorrhoidal tissue and relieves burning.	Ointment	2 oz.	2085001	\$19.10
	Generic comparable: Hemorrhoidal ointment		2 oz.	4684005	\$5.80
	Preparation H				
	Product helps relieve local itching and discomfort associated with hemorrhoids. It temporarily shrinks hemorrhoidal tissue and relieves burning.	Suppositories	24 ct.	3281001	\$20.90
	Generic comparable: Hemorrhoidal suppositories		12 ct.	1832001	\$5.15
	Tucks Medicated Pads				
	Temporarily relieves local itching and discomfort associated with hemorrhoids	Pads	40 ct.	0993001	\$6.60
	Generic comparable: Antiseptic cleansing pads		100 ct.	2962001	\$6.85

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Home care kits					
	Ear, eye, and nose combo				
	Kit Contains: Eye Drops (0.5 oz.), Mack's Wax Away Removal System, and Saline Nasal Spray (1.5 oz.)	Kit	1 ct.	2753001	\$13.30
	First aid essentials				
	Kit Contains: Hydrogen Peroxide (16 oz.), Triple Antibiotic Ointment (1 oz.), and Band-Aid Flexible Fabric Strips (30 ct.)	Kit	1 ct.	2754001	\$15.65
	Hemorrhoid care combo				
	Kit Contains: Tucks Pads (40 ct.) and Hemorrhoidal Cream (1.8 oz.)	Kit	1 ct.	2755001	\$12.45
	Oral care combo				
	Kit Contains: Crest Toothpaste (3.6 oz.), Dental Floss (100 yd.), and Toothbrush Full head (soft)	Kit	1 ct.	2756001	\$8.10
	Pain relief combo				
	Kit Contains: Arthritis Pain Reliever Caplets (50 ct.) and Icy Hot Pain Relieving Cream (1.25 oz.)	Kit	1 ct.	2757001	\$12.90
Incontinence					
	A & D Ointment				
	First aid for minor burns, scalds, sunburn, windburn, diaper rash, chafing, chapped skin, nipple care, abrasions, cuts, ulcers	Ointment	4 oz.	1744004	\$6.30

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	ABRI-FORM Premium Briefs Heavy Absorbency with fastener tabs				
	<p>ABRI-FORM is designed to provide optimal security, comfort, and peace of mind. These are perfect for moderate to heavy incontinence needs. They feature a super-absorbent core and anatomically-designed advanced leakage barriers to reduce the chance of leaks. Their advanced odor control system and innovative core locks away wetness and odors, and their ultra-flexible side panel fastening system allows for easy repositioning.</p>	Medium	14 ct.	4934006	\$29.00
		Large	12 ct.	4936006	\$29.00
		X-Large	12 ct.	4935006	\$29.00
	Adult pullup underwear, heavy absorbency				
	<p>Product features inner leg cuffs to provide added leak protection and soft, cloth-like, breathable material for discreet comfort and healthier skin.</p>	Medium (32" – 44" waist)	20 ct.	4773006	\$14.00
		Large (44" – 58" waist)	18 ct.	4771006	\$14.00
		X-Large (58" – 68" waist)	14 ct.	4772006	\$14.00
	Attends Briefs with fastener tabs				
	<p>Briefs are an everyday, unisex choice that offer both ambulatory and sedentary individuals a tailored fit in a full-coverage product. Individuals may choose Attends Extra Absorbent Breathable Briefs when they require superior containment with the additional benefit of breathability: enhanced skin care. This may be of particular concern in cases where the user has delicate skin or reduced mobility.</p>	Medium	24 ct.	4468006	\$23.63

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Balmex Clear Protection				
	Balmex Clear temporarily protects minor cuts, scrapes, and burns. It also helps relieve chapped or cracked skin.	Ointment	3.5 oz.	1975001	\$6.58
	Balmex Diaper Rash Cream with Zinc Oxide				
	Balmex Cream helps treat and prevent diaper rash while protecting chafed skin due to diaper rash and sealing out wetness.	Cream	2 oz.	1874001	\$5.15
			4 oz.	1743001	\$6.25
	Depends Poise Regular Light				
	Depends features an absorb-loc core to quickly lock away wetness and odor, a dry-touch layer for your comfort, and leak-block sides for outstanding protection.They are individually wrapped.	Pads	30 ct.	2362001	\$10.30
	Desitin Original				
	Desitin Original helps treat and prevent diaper rash while protecting chafed skin due to diaper rash and sealing out wetness.	Ointment	2 oz.	1875001	\$5.77
			4 oz.	2827001	\$8.70
	Fitted Brief Diapers with fastener tabs				
	Fastener tabs feature first quality's advanced zoning system (AZS) for leakage protection and skin dryness as well as an easy-lock fastener (ELFR). ELFR are reattaching fasteners that securely grip and hold anywhere on the brief and will reattach over and over again without being sticky. The soft, cloth-like outer fabric is comfortable for the wearer and reduces the risk of skin irritation.	Medium (32"-44" waist)	16 ct.	1005006	\$15.45
		Large (48"-59" waist)	18 ct.	4438006	\$15.45
		X-Large (59"-64" waist)	15 ct.	1003006	\$15.45

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Flushable wipes				
	These wipes are flushable, safe for use on skin, pH balanced, and alcohol free. They also clean and moisturize.	Wipes, 9" x 13"	60 ct.	5084001	\$6.19
	Perfit Protective Underwear (pull-up)				
	Perfit Extra Absorbency Unisex Underwear are designed with the look and feel of everyday underwear. They feature QuickWick with MaxSoft which quickly wicks wetness away from the skin. Their 360° Breathable Zones allow air to circulate. Comfort-Shape with gentle elastics shape to your body for a more comfortable and discreet fit. Their cloth-like outer fabric is soft against the skin.	Medium (34"-46" waist)	20 ct.	1009006	\$15.45
		Large (44"-58" waist)	18 ct.	1008006	\$15.45
		X-Large (58"-68" waist)	14 ct.	1007006	\$15.45
	Perineum wash				
	No rinse cleanser for incontinent care	Liquid wash	8 oz.	4516006	\$7.20
	Personal wipe wings, aloe light scent				
	Personal wipes condition and moisturize skin as it is cleansed and require no rinsing after use. Their extra large size makes cloths ideal for perineal clean-up as well as for use on all other areas of the face and body.	Wipes	64 ct.	4881006	\$5.70
	Prevail Bladder Control Pads				
	Designed especially for women, Prevail Bladder Controls Pads with Overnight absorbency offer discreet, comfortable and reliable protection for bladder leaks.	Moderate pads	20 ct.	2339006	\$15.00
		Overnight pads	30 ct.	4543006	\$18.80
		Ultimate pads	33 ct.	4748006	\$15.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Prevail Underpad				
	Underpads offer larger protection with more absorbency. They offer superior protection for beds, chairs, and other surfaces. Size: 30" x 36"	Underpad	10 ct.	4452006	\$10.30
	Procare Briefs with fastener tabs				
	Procare briefs feature cloth-like outer fabric and breathable zones for wearer comfort and skin health. Procare's briefs are shaped for maximum protection. Reattaching direct lock fasteners allows for multiple re-fastenings for improved fit, accurate sizing and cost savings through reduced waste.	Medium (34"-44" waist)	16 ct.	4686006	\$12.50
		Large (45"-58" waist)	18 ct.	4687006	\$12.50
		X-Large (59"-64" waist)	15 ct.	4688006	\$12.50
	Procare Personal Wipe, Aloe/Vitamin E scented				
	These soft and strong washcloths are made with spun-lace fabric and are clinically tested to be mild to your skin. They are alcohol free, latex free, and require no rinsing.	Wipes	50 ct.	4880006	\$4.00
	Surecare Protective Underwear				
	Snug fit to prevent side leakage, tear away sides	Medium (34"-46" waist)	20 ct.	1002006	\$20.40
		Large (44"-54" waist)	18 ct.	1001006	\$23.60
		X-Large (48"-66" waist)	14 ct.	1000006	\$22.30

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Tena Intimates Bladder Control Pads, heavy absorbency				
	<p><i>TENA Intimates, with ProSkin Technology keeps users intimately fresh. Exclusive 3D technology, with a soft top layer, quickly wicks fluid away to maintain skin's natural protection. Each individually wrapped pad features a dry-fast core, cushiony side gathers, advanced odor protection, and a convenient adhesive strip.</i></p>	Pads	56 ct.	5157006	\$20.99
	Underpad, reusable				
	<p><i>These reusable underpads feature 100 percent cotton, birdseye face cloth quilted to a blended poly/rayon heavyweight soaker with a knitted vinyl barrier.</i></p>	Underpad, 32" x 36"	1 ct.	4615006	\$16.80
Lactose intolerance					
	Lactaid				
	<p><i>For the prevention of gas, bloating, and diarrhea associated with digesting dairy*</i></p>	Caplets	120 ct.	2167001	\$20.10
	Lactaid Fast Act				
	<p><i>For the prevention of gas, bloating, and diarrhea associated with digesting dairy*</i></p>	Caplets	32 ct.	1760001	\$12.10
Lice treatment					
	Nix Control Spray Pump				
	<p><i>No-odor spray kills lice and bedbugs on bedding and furniture.</i></p>	Spray	5 oz.	1901001	\$9.25

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Nix Lice Treatment				
	Treats head lice	Cream rinse	2 oz.	1900002	\$14.95
			(2) 2 oz.	1899001	\$23.45
Lip treatment					
	Blistex				
	Temporarily protects and helps relieve chapped or cracked lips	Balm, SPF 15	0.15 oz.	2019001	\$2.15
		Medex	0.25 oz.	2616001	\$3.00
		Ointment	0.21 oz.	2020001	\$2.60
		Silk Shine, SPF 15	0.13 oz.	2139001	\$3.50
	Carmex				
	Helps provide relief of symptoms of cold sores and dry lips	Jar	0.25 oz.	2142001	\$2.05
		Easy-on applicator	0.35 oz.	2022001	\$2.05
	Herpecin L Lip Protectant, SPF 30				
	Herpecin helps prevent sunburn on lips and relieves dry, chapped lips.	Tube	0.1 oz.	1815001	\$6.60
Miscellaneous					
	Optichamber diamond-valved holding chamber				
	Makes using your MDI easier (for use with metered dose inhalers)		1 ct.	2920001	\$18.85
	Quad cane				
	Quad canes are ideal for people who are independent enough to use a one-hand walking aid, but still need the stability that four points of floor contact can provide. Adaptable for right- or left-hand use, quad canes have a low center of gravity for increased stability and balance.	Small Base	1 ct.	4852001	\$32.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Motion sickness					
	Bonine				
	Prevents and treats nausea, vomiting, or dizziness associated with motion sickness	Tablets	8 ct.	1692001	\$4.88
	Dramamine, 50 mg				
	For prevention and treatment of symptoms associated with motion sickness like nausea, vomiting, and dizziness.	Tablets	12 ct.	1905001	\$5.85
		Chew-tabs	8 ct.	2152001	\$5.50
	Generic comparable: Motion sickness tablets		12 ct.	2172002	\$2.60
Oral care					
	ACT Anticavity Fluoride Rinse				
	Aids in the prevention of dental cavities	Cinnamon	18 oz.	1688001	\$5.50
		Mint	18 oz.	1689001	\$5.67
		Total care mint	18 oz.	2627001	\$6.85
	Aim Anti-Tartar Gel				
	Aids in the prevention of dental decay	Toothpaste	5.5 oz.	4251001	\$1.60
	Anbesol Regular Strength, Cool Mint				
	Temporarily relieves pain associated with the mouth and gum irritation like toothaches, sore gums, canker sores, braces, minor dental procedures, and dentures.	Gel	0.33 oz.	1316001	\$7.40
		Liquid	0.41 oz.	1617001	\$7.40
		Maximum strength gel	0.33 oz.	1317001	\$8.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Biotene Dry Mouth Fluoride, Gentle Mint				
	Helps with symptoms for dry mouth caused by medications, diabetes, head and neck cancer radiation therapy, Sjogren's Syndrome, and more.	Toothpaste	4.3 oz.	4354001	\$8.25
	Biotene Dry Mouth				
	An oral rinse with a soothing gentle feel that cleans, refreshes, and relieves dryness while soothing oral irritations.	Oral Rinse	16 oz.	4356002	\$8.45
	Biotene Moisturizing Spray with Xylitol				
	Biotene mouth spray helps maintain the oral environment and helps provide protection against dry mouth symptoms. Use it as needed for instant pain relief.	Mouth Spray	1.5 oz.	4355002	\$8.25
	Colgate Cavity Protection				
	Cavity protection toothpaste protects against cavities and strengthens teeth.	Toothpaste	1 oz.	4249001	\$1.55
			8 oz.	4462001	\$5.15
	Colgate Extra Adult, soft				
	This brush's cleaning tip effectively cleanses the back of teeth, and between them, while sweeping plaque away.	Toothbrush	1 ct.	2629015	\$3.10
	Generic comparable: Toothbrush full head, soft		1 ct.	2965004	\$1.55
	Crest Cavity Protection				
	Helps protect teeth and roots against cavities	Toothpaste	4.6 oz.	2024001	\$3.60

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Dental floss				
		Unwaxed	100 yd.	2964004	\$2.95
		Mint, waxed	100 yd.	2025004	\$2.95
	Efferdent Denture Cleanser				
	<i>Denture cleanser kills 99.9 percent of the germs that cause denture odor, dissolves tough stains in hard-to-reach places, reduces plaque buildup, and removes food particles that can cause gum irritation.</i>	Tablets	44 ct.	1318001	\$4.00
			102 ct.	1014001	\$7.80
	Generic comparable: Denture cleaner tablets		90 ct.	1015004	\$7.80
	Efferdent Plus Mint				
	<i>Mint tablets kill 99.9 percent of the germs that cause denture odor, dissolves tough stains in hard-to-reach places, reduces plaque buildup, and removes food particles that can cause gum irritation.</i>	Tablets	90 ct.	2023002	\$8.93
	Fixident Denture Adhesive Cream				
	<i>Fixident helps seal out food and prevent gum irritation.</i>	Control	2 oz.	2787001	\$7.65
		Plus Scope	2 oz.	1016001	\$7.65
		Original	2.5 oz.	3319001	\$7.65
Fresh		2.5 oz.	3307001	\$7.65	
	G-U-M EEZ-Thru X-Treme Fresh				
	<i>Effectively removes plaque and food particles</i>	Flossers	75 ct.	4178001	\$2.75
Generic comparable: Dental flossers, mint		60 ct.	4708008	\$2.50	

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Orajel Maximum Strength				
	For the temporary relief of pain due to toothaches and minor irritation of mouth and gums	Gel	0.25 oz.	1013001	\$7.40
			0.42 oz.	1626002	\$8.35
	Generic comparable: Oral pain relief gel			0.5 oz.	4660005
	Orajel Mouth Sore				
	For the temporary relief of pain associated with canker sores, cold sores, fever blisters, and minor irritation or injury of the mouth and gums	Gel	0.18 oz.	1949002	\$7.20
			0.42 oz.	4470001	\$8.85
		Orajel Severe Pain Formula			
For the temporary relief of pain due to toothaches		Gel	0.33 oz.	1324002	\$10.00
	Oral B Denture Brush				
	For freshness and effective stain removal for denture	Brush	1 ct.	2634001	\$4.00
	Generic comparable: Denture brush			1 ct.	4661004
	Pepsodent Complete Original				
	Pepsodent toothpaste promotes healthy teeth and gums with proper brushing. It contains enamel-strengthening fluoride for effective cavity protection.	Toothpaste	5.5 oz.	5066001	\$3.00
	Polident Tablets				
	Polident Tablets kill odor-causing bacteria, clean without scratching, and remove stains.	Three-minute	120 ct.	1325001	\$11.00
		Overnight	120 ct.	3955001	\$11.25
	Generic comparable: Denture tablets mint			40 ct.	4666004


Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Sea-Bond Denture Adhesive Original				
	Denture adhesives provide a strong, all-day hold without ooze.	Lowers	30 ct.	5129001	\$8.00
		Uppers	30 ct.	5130001	\$8.00
	Sensodyne Fresh Mint				
	Builds protection against painful sensitivity of the teeth due to cold, heat, acids, sweets, or contact	Toothpaste	4 oz.	4868002	\$8.40
			4.3 oz.	5124004	\$2.00
	Super Poligrip Denture Adhesive Cream, Zinc-free				
	Super Poligrip Adhesive Cream offers a strong, all-day hold with an ooze-control tip and a zinc free formula.	Cream	2.4 oz.	2352001	\$8.25
	Toothpaste, complete care original				
	Fresh mint flavor	Toothpaste	5.5 oz.	4662004	\$2.99
	Waterpik Water Flosser, cordless				
	Water Flosser provides a unique combination of water pressure and pulsations to clean deep between teeth and below the gumline, removing harmful bacteria and debris that traditional brushing and flossing can't reach.	Flosser	1 ct.	5147001	\$49.99

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Pain relief					
   	Advil, 200 mg				
	<i>Advil temporarily relieves minor aches and pains due to headache, toothache, backache, menstrual cramps, the common cold, muscular aches, and minor arthritis pains. It also temporarily reduces fever.</i>	Caplets	50 ct.	1017001	\$9.85
			100 ct.	3106001	\$16.10
		Liquigels	20 ct.	3323001	\$6.20
			40 ct.	3324001	\$10.75
			80 ct.	1981001	\$16.85
			160 ct.	3322001	\$25.75
		Migraine Liquigels	20 ct.	1175001	\$5.95
		Tablets	24 ct.	1917001	\$5.75
			100 ct.	2132001	\$16.10
			200 ct.	3321001	\$24.55
	Generic comparable: Ibuprofen, 200 mg	Caplets	50 ct.	3146002	\$3.10
			100 ct.	1189002	\$6.20
		Tablets	100 ct.	1026004	\$6.20
		Softgels	80 ct.	4287001	\$10.30
Advil PM					
	<i>For relief of occasional sleeplessness when associated with minor aches and pains</i>	Caplets	40 ct.	0131001	\$11.45
	Generic comparable: Ibuprofen PM caplets		40 ct.	4690005	\$8.58
Aleve, 220 mg Arthritis, Easy Open					
 	<i>Aleve temporarily relieves minor aches and pains due to headache, toothache, backache, menstrual cramps, the common cold, muscular aches, and minor arthritis pains—and comes in an easy-open bottle.</i>	Gelcaps	40 ct.	3956001	\$10.75
		Liquigels	80 ct.	3957001	\$22.05

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Aleve, 220 mg				
	Aleve temporarily relieves minor aches and pains due to headache, toothache, backache, menstrual cramps, the common cold, muscular aches, and minor arthritis pains. It also temporarily reduces fever.	Caplets	24 ct.	1922001	\$6.40
			50 ct.	1018001	\$10.75
			100 ct.	1977001	\$18.00
		Tablets	24 ct.	1921001	\$6.40
			100 ct.	2127001	\$18.00
	Generic comparable: Naproxen sodium, 220 mg	Caplets	50 ct.	4289005	\$6.50
			100 ct.	1019004	\$9.20
Tablets		100 ct.	4291005	\$10.00	
	Anacin				
	Tablets	100 ct.	0107001	\$12.60	
	Arthritis Pain Relief, 650 mg				
	Compare to the active ingredients of Tylenol Arthritis	Caplets	50 ct.	1020005	\$7.75
	Azo Standard, 95 mg				
	Relief from urinary pain, burning, urgency and frequency associated with urinary tract infections	Tablets	30 ct.	2303002	\$11.35
	Bayer, 325 mg				
	Temporarily relieves headache, muscle pain, toothache, menstrual pain, minor pain of arthritis, and the aches and fever associated with the common cold	Tablets	100 ct.	1919001	\$11.00
			200 ct.	3326001	\$16.20
	Generic comparable: Aspirin, 325 mg	Tablets	100 ct.	1908001	\$3.60
		Enteric coated tablets	100 ct.	2289002	\$3.60

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Bayer Adult, 81 mg Enteric Coated Low Dose				
	For the temporary relief of minor aches and pains or as recommended by your doctor	Tablets	120 ct.	1023002	\$11.75
	Generic comparable: Aspirin adult enteric coated, 81 mg tablets		120 ct.	1519004	\$3.60
	BC Powders				
	Temporarily relieves minor aches and pains due to headache, minor arthritis pain, colds, muscular aches, toothaches, and menstrual cramps	Arthritis Packets	24 ct.	4032001	\$6.10
		Headache Packets	24 ct.	4033001	\$5.80
			50 ct.	1187001	\$9.50
	Ecotrin Regular Strength, 325 mg				
	Temporarily relieves minor aches and pains due to minor pain of arthritis, headache, toothache, menstrual pain, muscle pain, and colds	Tablets	125 ct.	1024001	\$10.05
	Headache relief added strength tablets				
	Compare to the active ingredients of Excedrin	Tablets	100 ct.	1025001	\$5.65
	Midol Maximum Strength Menstrual Formula				
	For the temporary relief of symptoms associated with menstrual period such as cramps, bloating, water-weight gain, headache, backache, muscle aches, and fatigue	Caplets	24 ct.	1983001	\$7.70
		Gel-caps	24 ct.	1903001	\$7.70
	Migraine formula				
	Compare to the active ingredients of Excedrin	Caplets	24 ct.	3148005	\$4.10

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Motrin IB, 200 mg				
	Temporarily relieves minor aches and pains due to headache, muscular aches, minor pain of arthritis, toothache, backache, the common cold, and menstrual cramps	Caplets	100 ct.	3343002	\$14.70
	Pain Reliever PM Extra Strength				
	Compared to the active ingredients of Tylenol PM	Caplets	50 ct.	1190004	\$4.10
	Pamprin Multi-Symptom				
	For the temporary relief of symptoms associated with menstrual periods such as cramps, headache, bloating, backache, water-weight gain, muscular aches, and irritability	Caplets	20 ct.	2028001	\$5.65
	St. Joseph Adult Aspirin, 81 mg				
	Temporarily relieves minor aches and pains	Chew-tabs	36 ct.	2915002	\$3.60
	Tylenol Extra Strength, 500 mg				
	Temporarily relieves minor aches and pains due to the common cold, headache, backache, minor pain of arthritis, toothache, muscular aches, and premenstrual/menstrual cramps.	Caplets	24 ct.	3139001	\$5.70
			100 ct.	3140002	\$16.75
	Generic comparable: Acetaminophen, 500 mg	Caplets	100 ct.	2640004	\$5.15
		Tablets	100 ct.	1514004	\$5.15
		Rapid release gels	100 ct.	3969001	\$7.75

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Tylenol Regular Strength, 325 mg				
	Temporarily relieves minor aches and pains due to headache, muscular aches, backache, minor pain of arthritis, the common cold, toothache, and premenstrual/menstrual cramps.	Tablets	100 ct.	3287002	\$12.05
	Generic comparable: Acetaminophen, 325 mg Tablets		100 ct.	1170004	\$4.65

Pill boxes



Medichest with seven day planner

Convenient organizer for vitamins and medications with tabbed compartment doors that open easily and snap securely shut

1 ct.

2267001

\$9.80



Pill Organizer Seven Day XXL

Optional divider insert allows for one or two compartments for each day (dividers included)

1 ct.

2266001

\$5.65

Pulse oximeters




Economy pulse oximeter

Portable pulse oximeter allows for spot-check monitoring on the go. It accurately measures oxygen saturation of arterial hemoglobin and pulse rate for a wide range of fingers sizes (circumference approximately 20-75mm, user weight approximately 33-242 lbs). It includes a large LCD display with red digital readout that displays blood-oxygen saturation (SpO2), pulse rate, and a pulse bar. Batteries are included (two AAA).


1 ct.

4616003




\$32.00



Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Pulse Oximeter Deluxe				
	Pulse oximeter deluxe features a simple, one-button operation and five brightness settings. It offers six orientation modes that show blood-oxygen saturation (SpO2), pulse rate, and a pulse bar.		1 ct.	4617003	\$42.00

Scales






	Smartheart digital weight scale				
	Product provides a quick, accurate body weight measurement. It has a tempered glass platform with a 3.5" x 2" display, auto-on sensor activation, and multiple measurement modes (lbs, kg, or st). Weight Capacity is 438.7 lbs (199 kg). Includes: Digital scale, one CR2032 battery, and detailed instructions		1 ct.	4620003	\$26.95




Sleep aids

	Melatonin, 1 mg				
	Helps promote sleep*	Tablets	100 ct.	3972010	\$7.20
	Melatonin, 3 mg				
	Helps promote sleep*	Tablets	60 ct.	3973001	\$6.20
	Melatonin, 5 mg				
	Helps promote sleep*	Chewable gummies	60 ct.	3976001	\$11.85
		Max strength tablets	120 ct.	3974001	\$8.80
		Quick dissolve berry tablets	60 ct.	3975001	\$11.35





Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Melatonin, 10 mg				
	<i>Helps promote sleep*</i>	Maximum strength tablets	60 ct.	3978002	\$13.80
		Maximum strength fast dissolve tablets	60 ct.	3977001	\$11.35
	Sleep aid				
	<i>Compare to the active ingredients of Unisom</i>	Tablets	24 ct.	1927001	\$5.40
Smoking cessation					
	Nicoderm CQ Clear Patches				
	<i>Patches reduce withdrawal symptoms associated with quitting smoking, including nicotine cravings. These are extended, 24-hour release patches.</i>	Step 1	14 ct.	0273001	\$73.80
		Step 2	14 ct.	0274001	\$73.50
		Step 3	14 ct.	0275001	\$73.50
	Generic comparable: Nicotine Patch	Step 1— 21 mg	14 ct.	1044001	\$43.37
		Step 2— 14 mg	14 ct.	1045001	\$42.52
		Step 3— 7 mg	14 ct.	1046001	\$36.63
	Nicorette Original Gum , 2 mg				
	<i>Gum reduces withdrawal symptoms associated with quitting smoking, including nicotine cravings. For those who smoke their first cigarette more than 30 minutes after waking up.</i>	Gum	110 ct.	1701001	\$76.00
	Generic comparable: Nicotine gum sugar-free, 2 mg		50 ct.	1042010	\$26.00

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Nicorette Original Starter Kit, 4 mg				
	Gum reduces withdrawal symptoms associated with quitting smoking, including nicotine cravings. For those who smoke their first cigarette within 30 minutes of waking up.	Gum	110 ct.	1703001	\$76.00
	Generic comparable: Nicotine gum sugar-free , 4 mg		50 ct.	1043010	\$26.32
Sunburn relief					
	Afterburn Gel				
	For the temporary relief of pain due to minor burns, sunburn, minor cuts, scrapes, or minor skin irritations	Tube	2 oz.	4467001	\$7.00
	Fruit of Earth Aloe Vera 100%				
	Made from fresh Aloe Vera leaves, gel forms a protective barrier which helps retain moisture and promotes healing.	Tube	6 oz.	1122001	\$5.65
		Pump	20 oz.	3331001	\$8.10
Sunscreen					
	Banana Boat Sport Sunblock				
	Helps prevent sunburn	Cream, SPF 30	8 oz.	2734001	\$11.57
	Neutrogena Sunblock, SPF 30				
	Helps prevent sunburn	Cream, SPF 30	3 oz.	4703001	\$13.78
	Neutrogena Ultra Stick, SPF 70				
	Face and body stick sunscreen	Stick, SPF 70	1.5 oz.	4704001	\$14.98





Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Sunscreen lotion				
	Compare to the active ingredients of Coppertone	SPF 30	8 oz.	4230005	\$8.75
		SPF 50	8 oz.	4231005	\$8.75
Support items					
	Ankle support, elastic black				
	Lightweight elastic knit provides firm support and maintains a full range of movement.	Small	1 ct.	4694001	\$8.60
		Medium	1 ct.	4695001	\$8.60
		Large	1 ct.	4696001	\$8.60
		X-Large	1 ct.	4697001	\$8.60
	Futuro Ankle Support, wrap around				
	Support wrap offers firm support to help relieve pain due to ankle sprains, chronic ankle instability, and over-use syndromes. It also helps protect from further injury.	Medium	1 ct.	1931001	\$11.70
		Large	1 ct.	1932001	\$11.70
	Futuro Knee Support				
	Four-way stretch material keeps support in place and is breathable for comfort	Medium	1 ct.	1929001	\$17.10
		Large	1 ct.	1930001	\$17.10
	Futuro Wrist Stabilizer Deluxe				
	Wrist stabilizer features a foam pad in palm for comfort, three stabilizers, and a longer length on forearm for maximum support. It is ideal for support for symptoms of carpal tunnel syndrome as well as weak or injured wrists.	Left small/medium	1 ct.	1933001	\$29.15
		Left large/x-large	1 ct.	2863001	\$29.15
		Right small/medium	1 ct.	2865001	\$29.15
		Right large/x-large	1 ct.	2864001	\$29.15



Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Jobst Men's Dress Knee High, 8-15 mmhg				
	Provides continuous relief from tired, aching legs and mild swelling	Black, small	1 pair	2599001	\$18.05
		Black, medium	1 pair	4457001	\$18.92
		Black, large	1 pair	4458001	\$18.92
		Black, x-large	1 pair	2600001	\$18.95
		Brown , medium	1 pair	4456001	\$18.05
		Brown, large	1 pair	4455001	\$18.05
		White, medium	1 pair	4459001	\$19.90
White, large		1 pair	4460001	\$19.90	
	Jobst Women's Moderate Compression Knee-High, 15-20 mmhg				
	These compression socks are for light varicose veins and tired, aching legs. They look just like fashionable hosiery, yet incorporate physician recommended gradient compression to improve blood flow and help prevent swelling. These socks offer unparalleled sheerness in a lightweight design and are ideal for formal occasions or with dress attire. They feature a blend of yarns and finishes to keep you cool, dry and comfortable; all-day comfort knee band; and moderate compression.	Knee-high medium	1 pair	2592001	\$43.00
		Knee-high, large	1 pair	2591002	\$43.00
		Knee-high, x-large	1 pair	2593001	\$43.50
	Jobst Women's Sheer Knee-High, 8-15 mmhg, silky beige				
	For tired, aching legs, improved circulation and reduction of mild swelling	Knee-high, medium	1 pair	2595002	\$14.60
		Knee-high, large	1 pair	2594002	\$14.30

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Jobst Ultra-sheer Knee-High, 8-15 mmhg, black				
	<i>For tired, aching legs, improved circulation and reduction of mild swelling</i>	Knee-high, medium	1 pair	4537002	\$14.00
	Jobst Women's Ultra-Sheer Thigh-High, 8-15 mmhg				
	<i>These thigh high socks provide continuous relief from tired, aching legs and mild swelling. They use gradient compression technology to help promote circulation and revitalize your legs especially, when sitting or standing for long periods of time. They are as sheer as fine fashion hosiery, yet incredibly durable—perfect for casual, business, or elegant occasions. They feature a Floral lace band that stays up, fine yarns for a sheer look, a sheer heel, and a reinforced toe.</i>	Thigh-high Medium	1 pair	2613002	\$22.12
		Thigh-high, large	1 pair	2612002	\$23.00
	Knee brace				
	<i>Designed to provide support to stiff, weak or injured knees</i>	Small	1 ct.	4691001	\$10.45
		Medium	1 ct.	4692001	\$10.45
		Large	1 ct.	4693001	\$10.45
	Wrist Support, sport, adjustable				
	<i>Wrist support features a thumb loop and wraparound design for ease of application. Its adjustable compression strap allows for customized fit and support.</i>	Brace	1 ct.	4698001	\$6.47




Product image	Product name	Item type	Amount	Item # (SKU)	Price
Topical					
	Abreva Cold Sore				
	Abreva treats cold sores and fever blisters on the face or lips. It shortens healing time and duration of symptoms like tingling, pain, burning, and/or itching. It's the only FDA approved medicine to shorten healing time.*	Cream	2 g	1305001	\$26.20
*Contains the only OTC medicine approved by the FDA to shorten healing time and duration of symptoms.					
	Arthritis Hot Deep Penetrating Pain Relief Cream				
	Temporarily relieves minor pain associated with arthritis, simple backache, muscle strains, sprains, bruises, and cramps	Cream	3 oz.	4294001	\$4.65
	Aspercreme Pain Reliever				
	Fast acting relief for minor pain associated with arthritis, simple backache, muscle strains, sprains, bruises, and cramps.	Heat gel	2.5 oz.	1707001	\$7.25
		Rub	3 oz.	1446001	\$7.60
		Patch with lidocaine	5 ct.	4706001	\$11.38
	Generic comparable:	Arthritis cream	3 oz.	4293001	\$5.44
		Theracare lidocaine patch back, neck, leg & shoulder	5 ct.	5125003	\$5.00
	Bengay Pain Reliever				
	Temporarily relieves the minor aches and pains of muscles and joints associated with simple backache, arthritis, strains, bruises, and sprains	Ultra strength cream	2 oz.	3327002	\$7.55
			4 oz.	1711002	\$11.05
		Patch	5 ct.	1712002	\$10.15
		Vanishing scent rub	2 oz.	2658002	\$7.75
	Generic comparable: Muscle rub cream		1.25 oz.	4297010	\$2.95
			3 oz.	4295002	\$4.50






Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Dragon Muscle and Arthritis Pain Relief				
	Ultra-strength, fast, and penetrating to help relieve minor aches	Cream	2 oz.	5111001	\$8.50
	Dragon Pain Relief Lidocaine				
	Maximum strength without a prescription in a non-greasy, fast-acting cream to provide penetrating relief	Cream	2.7 oz.	5112001	\$10.00
	Flexall Maximum Strength				
	Temporarily relieves minor pain associated with arthritis, simple backache, muscle strains, muscle sprains, bruises, and cramps	Gel	3 oz.	0283001	\$7.85
	IcyHot				
	Temporarily relieves minor pain associated with arthritis, simple backache, muscle strains, muscle sprains, bruises, and cramps	Balm	3.5 oz.	1469001	\$7.55
		Cream	1.25 oz.	1027001	\$5.15
		Back patch, large	5 ct.	1471001	\$9.25
		Arm, neck, leg patch	5 ct.	0284001	\$7.20
		Sleeve, large	3 ct.	2165001	\$8.45
		Back patch, x-large	3 ct.	4296001	\$9.50
Generic comparable: Cold hot medicated patch		5 ct.	4614003	\$5.99	
	IcyHot with Lidocaine				
	Temporarily relieves minor pain, desensitizes aggravated nerves, and numbs pain away	Cream	1.75 oz.	4538001	\$8.00
			2.7 oz.	4705001	\$10.63
		Patch	5 ct.	4707001	\$12.32

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Salonpas Large				
	For the temporary relief of minor joint and muscle pains associated with arthritis, simple backache, strains, bruises, and sprains.	Patch	6 ct.	4709001	\$8.00
	ThermaCare Heatwraps, 8-hour				
	Provides heat therapy for temporary relief of minor muscular and joint pains associated with overexertion, strains, sprains, and arthritis	Lower back & hip wrap	2 ct.	1653001	\$9.80
		Neck, shoulder & wrist wrap	3 ct.	2800001	\$9.80
		Menstrual wrap	3 ct.	1654001	\$9.80
	Generic comparable: Heat wrap	Back & hip	2 ct.	5127003	\$5.00
		Neck & shoulder	3 ct.	5126003	\$5.00
	Tiger Balm				
	For temporary relief of minor muscle and joint pains associated with simple backache, arthritis, bruises, strains and sprains	Extra strength ointment	0.63 oz.	4114001	\$7.20
		Muscle rub	2 oz.	2677001	\$7.50
	Triderma Vein Defense Healing				
	This specialized formula offers a natural alternative to expensive laser procedures. It contains a highly concentrated botanical complex, active plant extracts, anti-aging Peptides, vitamins, and clinically proven ingredients.	Cream	4 oz.	4471001	\$22.90
	Zostrix Original Strength Arthritis Pain Relief Cream				
	For temporary relief of minor muscle and joint pains associated with arthritis, simple backache, strains, and sprain	Original strength	2 oz.	4035002	\$18.85
		High potency	2 oz.	4034001	\$22.95

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Vaginal					
	Lagicam Miconazole 3 Vaginal Anti-Fungal				
	Anti-fungal cream cures most vaginal yeast infections. It relieves itching, burning, irritation, malodor, and discharge associated with vaginal yeast infection.	Cream	0.9 oz.	5113001	\$19.50
	Lagicam 1-Day Vaginal Analgesic				
	Vaginal analgesic cures itchy and irritated skin associated with vaginal yeast infections. It is an external use cream that can be used during day or night.	Cream	0.32 oz.	5114001	\$22.50
	Monistat 3, Prefilled Applicator				
	Treats vaginal yeast infections	Cream	3 ct.	1730001	\$19.90
	Generic comparable: Miconazole 3-day		3 ct.	4654005	\$16.65
	Monistat 7 with disposable applicator				
	Treats vaginal yeast infections	Cream	1.59 oz.	2705002	\$14.80
	Generic comparable: Miconazole-7 vaginal cream		1.59 oz.	1725002	\$10.80
Vitamins					
	Alpha Lipoic Acid, 600 mg±				
		Capsules	30 ct.	4752010	\$11.00
			60 ct.	4590001	\$22.00
	Calcium Citrate + D±				
	Compare to the active ingredients of Citracal	Tablets	120 ct.	4555002	\$7.35

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Caltrate, 600mg + D \pm				
	Caltrate provides calcium and vitamin D3 that support healthy bones and muscles to keep you moving throughout life.	Tablets	60 ct.	1034001	\$11.15
	Generic comparable: Calcium carbonate, 600mg + D		60 ct.	1033002	\$6.20
	Centrum Silver 50+ \pm				
	Multi-vitamin for ages 50 and over	Men's	100 ct.	2272002	\$16.75
		Women's	100 ct.	2271002	\$16.75
		Chew-tabs	60 ct.	3332001	\$17.75
		With lutein tablets	220 ct.	0320001	\$28.75
	Generic comparable:	Sentry senior men's 50+	100 ct.	4285005	\$10.95
		Sentry senior women's 50+	100 ct.	4286005	\$10.95
		Cerovite senior tablets	60 ct.	1041001	\$5.65
	Cinnamon, 2000 mg plus chromium \pm				
		Caplets	120 ct.	4108001	\$11.00
	Citrus calcium plus D, 630 mg \pm				
		Tablets	60 ct.	4554001	\$5.15
	Co-Q-10 \pm				
		100 mg capsules	30 ct.	4819002	\$16.59
		200 mg softgels	45 ct.	4820001	\$20.25

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Ester C, 500 mg±				
	<i>The metabolites in this supplement help enhance the retention of vitamin C by your white blood cells, which are a vital component of your immune system.*</i>	Tablets	60 ct.	1943001	\$9.50
	Estroven Caplets±				
	<i>Estroven offers safe, multi-symptom menopause relief with naturally sourced black cohosh root extract, soy isoflavones to help reduce the frequency and severity of hot flashes and night sweats, and melatonin, to help you fall asleep and stay asleep.* Product does not contain preservatives, yeast, wheat, gluten, or lactose, and it is drug and estrogen free. Please note that slight variations in caplet color may occur due to the naturally sourced colorants.</i>	Maximum strength	28 ct.	2914001	\$24.45
		Nighttime	30 ct.	4011002	\$18.00
		Regular strength	30 ct.	1779002	\$17.77
	<i>This product does not contain synthetic, animal, or human derived hormones.</i>				
	Generic comparable: Estro support maximum strength capsules		60 ct.	4670010	\$10.51
	Ferrous sulfate, 325 mg±				
	<i>Compare to the active ingredients of Feosol</i>	Tablets	100 ct.	1952002	\$6.20
	Fish oil, 1000 mg ±				
		Softgels	100 ct.	3979001	\$7.75


Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Flaxseed oil, 1000 mg±				
	Essential omega 3, 6, and 9 fatty acids to promote heart health*	Softgels	60 ct.	2711001	\$10.15
	Krill oil, 300 mg Omega-3±				
		Softgels	60 ct.	3963005	\$22.10
	Mag OX, 400 mg±				
	Normal magnesium intake helps maintain muscle and nerve function.	Tablets	120 ct.	2871001	\$20.50
	Generic comparable: Magnesium oxide, 400 mg tablets		120 ct.	4751010	\$9.00
	MegaRed Omega-3±				
	This product's omega-3s are carried in phospholipid form—the same as your body's cell membranes. This allows MegaRed to be easily recognized, absorbed, and utilized. Just one MegaRed softgel provides an optimal combination of omega-3 fatty acids and the powerful antioxidant astaxanthin to support your health.* MegaRed easily mixes in the stomach so it doesn't leave an unpleasant aftertaste that you can experience with fish oil. Product is made with certified sustainable seafood and has no added sugar (sucrose, fructose, lactose), no added salt (sodium chloride), no yeast, wheat, gluten, milk, preservatives, or artificial colors.	Softgels	60 ct.	3334001	\$37.40
	Milk thistle, 140 mg±				
		Capsules	60 ct.	4110001	\$11.00



Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Ocuville Adult 50+±				
	Ocuville Adult 50+ has lutein/zeaxanthin to filter harmful blue light;* omega-3 to help maintain healthy tears and retina;* zinc to support healthy immune function;* and vitamins C & E , which are key to eye health.*	Softgels	50 ct.	4878001	\$19.35
	Ocuville Blue Light±				
	Helps replenish the macular pigment layer that helps filter blue light	Softgels	30 ct.	5128001	\$17.50
	Ocuville±				
	Helps replenish essential nutrients to help protect the health of your eyes*	Tablets	60 ct.	3273001	\$12.80
	Generic comparable: Prosight tablets		60 ct.	3274002	\$8.75
	One-A-Day Women's±				
	Supports heart health,* immune health, bone health, eye health, hair, skin, and nails	Tablets	100 ct.	3927002	\$13.00
		Vitacrave's gummy	70 ct.	4047002	\$13.00
	One daily vitamin tablets±				
	Daily Vitamin	Men's health	100 ct.	4282010	\$7.63
		Plus iron	100 ct.	4283002	\$5.50
		Tablets	100 ct.	4454001	\$5.00
	Oscal, 500 mg + D±				
	Helps maintain strong bones*	Tablets	75 ct.	0327001	\$10.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Osteo Bi-Flex Triple Strength±				
	Helps to strengthen joints, support flexibility, and support mobility*	Caplets	40 ct.	3964001	\$19.85
			80 ct.	1945001	\$33.45
	Oyster shell calcium + D Tablets, 500 mg±				
	Compare to the active ingredients of Oscal + D	Tablets	60 ct.	4357001	\$4.10
	PreserVision AREDS2±				
	Eye vitamin and mineral supplement	Softgels	120 ct.	4536001	\$43.00
	Shot B Energy Multivitamin±				
	Super B energy provides 100 percent of six key B vitamins and supports cellular energy production.	Tablets	60 ct.	5122001	\$19.00
	Shot B Ginseng±				
	Specially formulated with Korean Ginseng extract, iron, zinc and Vitamins A, B Complex, C, D, and E	Capsules	50 ct.	5123001	\$19.00
	Tea tree oil±				
	Used as a topical agent for the skin	Oil	1 oz.	5170001	\$10.99
	Viactiv Calcium Chews + D±				
	Two soft chews provide 100 percent of the daily value of calcium plus vitamin D3 and K.	Caramel	60 ct.	2357001	\$10.92
		Milk chocolate	60 ct.	2358001	\$10.92
	Vitamin B-1, 100 mg±				
	Vitamin B-1 enables the body to use carbohydrates as energy. It is essential for glucose metabolism, and it plays a key role in nerve, muscle, and heart function.*	Tablets	100 ct.	1771002	\$6.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Vitamin B-12, 500 mcg±				
	Promotes tissue growth and maintenance*	Tablets	100 ct.	4036010	\$5.65
	Vitamin B Complex±				
		Tablets	100 ct.	4553002	\$6.00
	Vitamin C, 500 mg±				
	Vitamin C promotes healing, helps support immune system, and provides antioxidant protection.* Product contains no sugar, starch, yeast, wheat, milk, soy, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	100 ct.	2220001	\$6.70
			250 ct.	1948001	\$13.25
	Vitamin D±				
	Vitamin D promotes health and maintains strong bones. It helps the body absorb calcium from food and supplements.	400 iu tablets	100 ct.	1964001	\$5.15
		1000 iu tablets	100 ct.	2950002	\$7.75
		2000 iu softgels	100 ct.	2718010	\$6.70
		Super 10,000 iu tablets	30 ct.	4798001	\$10.45
	Vitamin E, 400 iu±				
	Vitamin E helps maintain a healthy heart and boost the immune system.	Softgels	90 ct.	4113001	\$11.00
			100 ct.	2225010	\$11.85
	Windmill Vitamin A, 10000 iu±				
	Vitamin A promotes healthy vision and supports the Immune system.* Product contains no sugar, starch, yeast, wheat, milk, artificial colors, artificial flavors, artificial preservatives.	Softgels	100 ct.	0477001	\$6.10

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Windmill Vitamin B Complex with Vitamin C + Iron±					
	Vitamin B complex with vitamin C is a blood builder.* It helps convert food into energy.* Product contains no sugar, starch, yeast, wheat, milk, artificial colors, artificial flavors, or artificial preservatives.	Tablets	100 ct.	0479001	\$9.15
Windmill Vitamin B-6, 100 mg±					
	Vitamin B-6 helps support the immune system and metabolism. It also promotes energy.* Product contains no sugar, starch, yeast, wheat, milk, artificial colors, artificial flavors, preservatives, or gluten.	Tablets	100 ct.	0481001	\$8.23
Windmill Vitamin B-12, 500 mcg±					
	Vitamin B-12 helps promote energy and supports immune health.* Product contains no sugar, starch, yeast, wheat, milk, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	60 ct.	0482001	\$9.50
Windmill Vitamin C, 500 mg±					
	Vitamin C promotes healing,* helps support immune system,* and provides antioxidant protection.* Product contains no sugar, starch, yeast, wheat, milk, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	100 ct.	0486001	\$7.50

Product image	Product name	Item type	Amount	Item # (SKU)	Price
	Windmill Calcium Chewable, 500 mg + D±				
	These chewables are a potent calcium supplement to promote strong bones.* Product contains no soy, salt, yeast, wheat, milk, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	60 ct.	0179001	\$7.10
	Windmill Calcium Citrate + D±				
	Easily absorbed form of calcium*	Tablets	60 ct.	0178001	\$8.00
	Windmill Folic Acid, 400 mcg±				
	Folic acid promotes cardiovascular health, and is good for prenatal support.* Product contains no sugar, starch, yeast, corn, wheat, soy, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	180 ct.	3178001	\$6.70
	Windmill Oyster Calcium, 500 mg with Vitamin D±				
	Product contains no sugar, yeast, wheat, soy, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	60 ct.	1775001	\$7.00
	Windmill Potassium Gluconate, 99 mg±				
	Potassium Gluconate supports heart health, promotes normal cell/muscle function, and provides nervous system support.* Product contains no sugar, starch, yeast, wheat, milk, soy, artificial colors, artificial flavors, artificial preservatives, or gluten.	Tablets	100 ct.	0194001	\$6.40

Product image	Product name	Item type	Amount	Item # (SKU)	Price
Wart removal					
	CompoundW				
	For the removal of common and plantar warts	Fast-acting liquid	0.31 oz.	1047001	\$10.90
		Gel	0.25 oz.	2017001	\$10.90
	Dr. Scholl Clear Away One-Step Wart Remover				
	For the removal of common warts, easily recognized by the rough cauliflower-like appearance of the surface	Strips	14 ct.	3059001	\$10.45

Buying covered items with your retail card

How it works

You will receive \$125 every three months to buy covered wellness items at participating retail locations.

- Your \$125 allowance will be added to your retail card.
- Any unused dollars will roll over to the next quarter but must be used in full by December 31.
- You may only use your retail card at participating retail locations.
- Make sure to swipe your retail card when you want to pay for items using your allowance.
- No PIN is required when using your retail card.

Activate your retail card

You must activate your retail card before you start shopping. To activate your card, go to **www.myotccard.com** or call **1-888-682-2400** (TTY: **711**). You will need your retail card and your UPMC *for Life* member ID number to complete the activation process.

If your card is lost or stolen, call us right away. Contact your Health Care Concierge team toll-free at **1-800-606-8648** Monday through Friday from 8 a.m. to 8 p.m. and Saturday from 8 a.m. to 3 p.m.** TTY users should call **711**.

Participating retail locations

To take advantage of this benefit, make sure you use a participating pharmacy or retail store.

Participating locations include Giant Eagle, Rite Aid, Family Dollar, Dollar General, Walgreens, Walmart, and more. To see a complete list of participating locations and covered items, or to view your card balance, log in to the OTC Network member website at **www.myotccard.com** or download the OTC Network mobile app from Google Play or the Apple App Store. You can also call your Health Care Concierge team toll-free at **1-800-606-8648** Monday through Friday from 8 a.m. to 8 p.m. and Saturday from 8 a.m. to 3 p.m.** TTY users should call **711**.

To download the OTC Network mobile app, follow these steps:

- 1** Go to **Google Play** or the **Apple App Store**.
- 2** Search for "OTC Network."
- 3** Select **Install** or **Get**. The OTC Network mobile app will begin downloading.
- 4** Go to your home screen to open the app. You will need to enter your retail card number from the front of the card and click **Add My Card**.
- 5** After logging in, you will be able to view your card balance, find participating locations, see what items are covered, and more!

Covered items

The following list includes groups of covered items that you can buy with your retail card at participating stores. You do not need a prescription to buy these products. **Certain brands may not be available at all locations. This list may vary from month to month.**

You can buy the items that have a green check mark (✓) next to them with your retail card. You cannot buy the items listed with a red X (✗) next to them with your card. For more information, please download the OTC Network mobile app or call your Health Care Concierge team toll-free at **1-800-606-8648** Monday through Friday from 8 a.m. to 8 p.m. and Saturday from 8 a.m. to 3 p.m.** TTY users should call **711**.






Prescription medications







Sometimes, items may be covered through your Medicare Part B medical or Part D prescription drug coverage. For example, acne cream may be covered under Part B when it is being used as prescribed. **We’ve marked these items with a \$.** If you have a prescription for these items, use your UPMC *for Life* member ID card at a participating pharmacy and fill your prescription as you normally would. You cannot use your retail card to purchase prescriptions.







Dual-purpose items

Certain items can be used for either a medical condition or for general health and well-being. These are called dual-purpose items. **We’ve marked these items with ±.** You can buy these items with your retail card if your doctor recommends them. You must talk with your doctor before buying dual-purpose items.

Cold and allergy	
✓ <ul style="list-style-type: none">▪ Allergy and sinus medicines▪ Cold medicine▪ Cough medicine▪ Flu medicine▪ Pain relievers▪ Respiratory treatments▪ Vaporizers, humidifiers, and accessories	✗ <ul style="list-style-type: none">▪ Children's allergy and sinus medicines▪ Baby Tylenol/aspirin
Diabetic care	
✓ <ul style="list-style-type: none">▪ Diabetes accessories^s▪ Diabetes skin care and external pain relief[±]▪ Diabetes supplements	✗ <ul style="list-style-type: none">▪ Diabetic nutritional substitutes, bars, liquids, and powders▪ Diabetic or sugar free food and candy

Diet and weight management	
 <ul style="list-style-type: none"> ▪ Diuretics (water pills)[±] ▪ Private label and generic diuretics[±] ▪ Weight loss cleansing and detox[±] 	 <ul style="list-style-type: none"> ▪ Private label or generic weight management products ▪ Salt and sugar substitutes ▪ Sport and energy bars ▪ Sport and energy liquids ▪ Sport and energy powders ▪ Sport and energy tabs and caps ▪ Weight management bars ▪ Weight management foods, liquids, and powders
Digestive health	
 <ul style="list-style-type: none"> ▪ Antacids ▪ Digestive health prebiotics and probiotics[±] ▪ Laxatives ▪ Motion sickness medicine[§] ▪ Stomach remedies 	 <ul style="list-style-type: none"> ▪ Botanicals and herbals ▪ Cola syrup ▪ Ginger ▪ Peppermint or other herbal supplements
Ear and eye care	
 <ul style="list-style-type: none"> ▪ Contact lens care ▪ Hearing aids ▪ Lipoflavonoids 	 <ul style="list-style-type: none"> ▪ Ear plugs and protection ▪ Hearing aid batteries ▪ Q-tips and cotton ear swabs
Fitness and exercise	
 <ul style="list-style-type: none"> ▪ Pedometers and fitness trackers 	 <ul style="list-style-type: none"> ▪ Bands ▪ Books ▪ Gym equipment or accessories ▪ Subscriptions and memberships ▪ Videos ▪ Weights
Foot care	
 <ul style="list-style-type: none"> ▪ Antifungal creams and liquids[§] ▪ Antifungal powders[§] ▪ Antifungal sprays[§] ▪ Corn, callus, and bunion pads and removers ▪ Medicated foot pain relief products[§] ▪ Nail fungus treatments[§] ▪ Private label or generic antifungal treatments[§] ▪ Private label or generic wart removers ▪ Wart remover pads and liquids 	 <ul style="list-style-type: none"> ▪ Foot moisturizers, exfoliators, and cleansers ▪ Heel and arch supports ▪ Implements ▪ Orthotic insoles ▪ Odor and wetness powders and creams ▪ Odor and wetness sprays ▪ Private label or generic foot cushioning and treatments ▪ Private label or generic foot grooming ▪ Private label or generic odor and wetness treatments ▪ Private label or generic shoe insoles and inserts

Home health care	
 <ul style="list-style-type: none"> ▪ Grab bars and handles ▪ Grooming and dressing aids ▪ Medical alert IDs and devices ▪ Medicine dosers, pillboxes, organizers, and reminders ▪ Mixed/Miscellaneous patient aids for daily living ▪ Mobility safety: stair rails, stair treads, or temporary mobility ramps ▪ Nightlights and safety lights ▪ Pill cutters ▪ Reachers, grippers, and lifts ▪ Reading, writing, and telephone aids ▪ Sitz baths and bidets 	 <ul style="list-style-type: none"> ▪ Beds and bed accessories ▪ Diagnostic or monitoring devices and equipment ▪ Oxygen tanks ▪ Syringes
Oral care	
 <ul style="list-style-type: none"> ▪ Battery toothbrushes and refills ▪ Dental gum ▪ Denture adhesives ▪ Denture cleaners and accessories ▪ Denture products ▪ Denture repair and pain relief ▪ Floss and flossers ▪ Gum care ▪ Interdental aids ▪ Manual toothbrushes ▪ Private label or generic interdental aids, floss, and gum care ▪ Private label or generic toothbrushes ▪ Private label or generic toothpastes and treatments ▪ Rechargeable toothbrushes and refills ▪ Regular toothpaste and tooth powder ▪ Sensitive toothpaste and treatments ▪ Whitening toothpaste 	 <ul style="list-style-type: none"> ▪ Breath fresheners ▪ Children's mouthwash and oral rinses ▪ Children's toothbrushes ▪ Children's toothpaste ▪ Mouthwash ▪ Private label or generic children's oral care ▪ Private label or generic mouthwash ▪ Private label or generic breath remedies ▪ Teeth whitening products ▪ Therapeutic breath treatments
Other health and wellness items	
 <ul style="list-style-type: none"> ▪ Antibiotic creams ▪ First aid items ▪ Pain relievers ▪ Sleep aids ▪ Smoking deterrents 	 <ul style="list-style-type: none"> ▪ Alternative medicine ▪ Baby medicine ▪ Cosmetic products ▪ Fingernail polish ▪ Hair color ▪ Herbal supplements ▪ Perfumes ▪ Shampoo

Personal Care	
 <ul style="list-style-type: none"> ▪ Disposable incontinence supplies ▪ Feminine antifungal[§] ▪ Hemorrhoid preparations[§] ▪ Incontinence supplies ▪ Private label or generic feminine antifungal[§] 	 <ul style="list-style-type: none"> ▪ Contraceptives ▪ Deodorants and powders ▪ Feminine anti-itch ▪ Feminine moisturizers ▪ Feminine pads and tampons ▪ Wipes and external washes
Skin Care	
 <ul style="list-style-type: none"> ▪ Acne astringents, toners, and pads[§] ▪ Acne creams[§] ▪ Acne gels, lotions, and patches[§] ▪ Acne soaps and cleansers[§] ▪ Anti-itch ▪ Private label or generic facial and body acne medications[§] ▪ Sun protection 	 <ul style="list-style-type: none"> ▪ Astringents, pore strips, and masks ▪ Eye treatments ▪ Facial cleansers ▪ Facial moisturizers ▪ Hand and body cleansing ▪ Hand, body, and facial bath products ▪ Makeup removers ▪ Medicated and specialty soaps ▪ Nonmedicated lip treatments ▪ Private label or generic facial cleansers ▪ Private label or generic facial moisturizers and treatments ▪ Therapeutic facial
Support Items	
 <ul style="list-style-type: none"> ▪ Arm slings and cervical collars ▪ Athletic support socks ▪ General compression sleeves and garments ▪ Generic and private label general support-low compression (8-15 mmHg) ▪ Generic and private label medical support ▪ Generic and private label orthopedic and surgical support ▪ Hernia supports and suspensories ▪ Knee-high, thigh-high, and waist-high medical support ▪ Lymphedema treatments—sleeves, socks, and pumps ▪ Medical compression sleeves and garments ▪ Men and women's support hose ▪ Mixed/Miscellaneous general support—low compression (8-15 mmHg) ▪ Mixed/Miscellaneous medical support and accessories ▪ Mixed/Miscellaneous orthopedic and surgical supports ▪ Sacro and back braces ▪ Shoulder and clavicle braces 	 <ul style="list-style-type: none"> ▪ Orthotic inserts

Vitamins



- Amino acids and hormones[‡]
- Calcium[‡]
- CoQ10[‡]
- Enzymes[‡]
- Essential fatty acids[‡]
- Eye health vitamins[‡]
- General health prebiotics and probiotics[‡]
- Glucosamine chondroitin[‡]
- Iron[‡]
- Joint health[‡]
- Menopause support[‡]
- Multiminerals[‡]
- Multivitamins[‡]
- Private label or generic mineral supplements[‡]
- Private label or generic multivitamins[‡]
- Private label or generic single-entity vitamins[‡]
- Vitamin B and vitamin B complex[‡]
- Vitamin C[‡]
- Vitamin D[‡]
- Vitamin E[‡]



- Children's herbals
- Children's vitamins and minerals
- Colon cleanse and detox supplements
- Echinacea
- Garlic
- Gingko biloba
- Ginseng
- Prenatal vitamins
- Private label or generic herbals and botanicals
- Private label or generic specialty supplements
- St. John's wort

[§]These items may be covered through your Medicare Part B medical or Part D prescription drug coverage. If you have a prescription for these items, use your UPMC *for Life* member ID card at a participating pharmacy and fill your prescription as you normally would. You cannot use your retail card to purchase prescriptions.

[‡]These items can be used for either a medical condition or for general health and well-being. These are called dual-purpose items. You can buy these items with your over-the-counter allowance if your doctor recommends them. You must talk with your doctor before buying dual-purpose items.

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^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

^{**}Our hours of operation change twice a year. You can call us October 1 through March 31, seven days a week from 8 a.m. to 8 p.m. From April 1 through September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. and Saturday from 8 a.m. to 3 p.m.

The over-the-counter allowance cannot be used to pay for your Part B or Part D prescription drug costs. UPMC *for Life* has a contract with Medicare to provide HMO, HMO SNP, and PPO plans. The HMO SNP plans have a contract with the PA State Medical Assistance program. Enrollment in UPMC *for Life* depends on contract renewal. UPMC *for Life* is a product of and operated by UPMC Health Plan Inc., UPMC Health Network Inc., UPMC Health Benefits Inc., UPMC Health Coverage Inc., and UPMC *for You* Inc.

Nondiscrimination notice

UPMC Health Plan¹ complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or gender expression. UPMC Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or gender expression.

UPMC Health Plan¹

- Provides to people with disabilities to communicate effectively with us free aids and services, such as:
 - Qualified sign language interpreters.
 - Written information in other formats (large print, audio, accessible electronic formats, other formats).

UPMC Health Plan¹

- Provides to people whose primary language is not English free language services, such as:
 - Qualified interpreters.
 - Information written in other languages.

If you need these services, contact the Member Services phone number listed on the back of your member ID card.

If you believe that UPMC Health Plan¹ has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or gender expression, you can file a grievance with:

Complaints and Grievances
PO Box 2939
Pittsburgh, PA 15230-2939

Phone: 1-844-220-4785 (TTY: 711)
Fax: 412-454-7920
Email: HealthPlanCompliance@upmc.edu

You can file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at U.S. Department of Health and Human Services, 200 Independence Avenue S.W., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019. TTY/TDD users should call 1-800-537-7697.

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

¹UPMC Health Plan is the marketing name used to refer to the following companies, which are licensed to issue individual and group health insurance products or which provide third party administration services for group health plans: UPMC Health Network Inc., UPMC Health Options Inc., UPMC Health Coverage Inc., UPMC Health Plan Inc., UPMC Health Benefits Inc., UPMC *for You* Inc., Community Care Behavioral Health Organization, and/or UPMC Benefit Management Services Inc.

Translation services

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-220-4785 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-844-220-4785（TTY：711）。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-220-4785 (TTY: 711).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-220-4785 (телетайп: 711).

Wann du [Deutsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 1-844-220-4785 (TTY: 711).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-220-4785 (TTY: 711) 번으로 전화해 주십시오.

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-844-220-4785 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-844-220-4785 (رقم هاتف الصم والبكم: 711).

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-220-4785 (ATS: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-220-4785 (TTY: 711).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિઃશુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-844-220-4785 (TTY: 711).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-844-220-4785 (TTY: 711).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-844-220-4785 (TTY: 711).

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្មន គឺអាចមានសំរាប់បម្រើអ្នក។ ចូរទូរស័ព្ទទៅ 1-844-220-4785 (TTY: 711)។

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-844-220-4785 (TTY: 711).

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-844-220-4785 (TTY: 711).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-844-220-4785 (TTY: 711) まで、お電話にてご連絡ください。

AANDACHT: Als u nederlands spreekt, kunt u gratis gebruikmaken van de taalkundige diensten. Bel 1-844-220-4785 (TTY: 711).

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-844-220-4785 (телетайп: 711).

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-844-220-4785 (TTY: 711).

UPMC HEALTH PLAN

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Pittsburgh, PA 15219

www.upmchealthplan.com/snp

