



MARTIN'S POINT<sup>®</sup>  
HEALTH CARE

# Health Solutions

## 2019

### Over-the-Counter (OTC) Item Catalog



Keep this booklet handy where you can easily get to it. You'll need it to look up the OTC items you want to order.

## How to place an order.

### There are three ways to place an order:

#### In Store:



Call us for a list of participating stores.

#### Online:



Visit: [martinspoint.OTCHS.com](http://martinspoint.OTCHS.com)

#### Phone:



Call: **1-888-628-2770**; TTY: **1-877-672-2688** Monday to Friday, 9 a.m. to 8 p.m. E.S.T.

- There is a limit of 5 per item, per order, with the exception of the **Blood Pressure Monitors**, which are limited to one per year.
- Orders will be shipped to your home at no extra charge. Please allow **7 - 10** business days for delivery.
- **Return Policy:** If you receive a damaged item, please call OTC Health Solutions within 30 days after receiving your order. An identical replacement item will be shipped. No other returns or exchanges are allowed.
- **In order to purchase certain vitamin and mineral supplements, your physician must recommend it to you for a specific diagnosed condition.** These are known as Dual Purpose items which are marked with a “●”. Please speak with your physician before ordering these type of items.
- OTC products on this list are intended for member use only to help with a health or medical need. The use of this benefit to order OTC items for family members and friends is prohibited.

**If you have not received your order, call: 1-888-628-2770; TTY: 1-877-672-2688**

Monday to Friday 9:00 a.m. to 8:00 p.m. E.S.T.



## Allergy

Code	Product	Compared to	Quantity	Price
A2	Allergy relief tablets	Benadryl	24 CT	\$ 3.99
A10	Loratadine 10mg	Claritin	10 CT	\$ 6.99
A20	Child Allergy Elixir	Children's Benadryl	4 OZ	\$ 4.99
A53	Allergy cetirizine 10mg tablets	Zyrtec	14 CT	\$ 9.99
A59	Fluticasone Nasal Spray 60 Metered Sprays	Flonase	0.34 OZ	\$ 14.99



## Baby Care

Code	Product	Compared to	Quantity	Price
B8	Gas relief infant	Mylicon gas relief	0.5 OZ	\$ 6.49
B10	Diaper rash ointment	Desitin	2 OZ	\$ 3.99
B11	Pure Corn Starch Powder	No comparable	4 OZ	\$ 1.99
B33	Unscented Wipes	No comparable	56 CT	\$ 3.99
B34	Cotton Swabs	No comparable	50 CT	\$ 0.99



## Cold Remedies

Code	Product	Compared to	Quantity	Price
C1	Nasal spray regular	Afrin sinus	1 OZ	\$ 5.49
C3	Cold flu & sore throat max	Mucinex Fast-max	6 OZ	\$ 9.99
C7	Medicated chest rub	Vicks Vaporub	3.5 OZ	\$ 5.99
C8	Digital Thermometer	No comparable	1 CT	\$ 4.99
C11	Sore Throat lozenges	Cepacol	18 CT	\$ 3.99
C12	Tussin CF Max Strength	Robitussin CF	4 OZ	\$ 5.49

You will receive the generic equivalent of all items.

## Cold Remedies



Code	Product	Compared to	Quantity	Price
C13	Tussin DM	Robitussin DM	4 OZ	\$ 4.99
C16	Nasal decongestant tabs	Sudafed PE	18 CT	\$ 4.49
C19	Chest congestion relief 400mg	Humibid e	60 CT	\$ 9.49
C24	Daytime cold/flu soft gels	Vicks Dayquil	16 CT	\$ 4.49
C40	Tussin DM Sugar Free	Robitussin DM	8 OZ	\$ 7.99
C41	Cold Remedy Sugar Free	Zicam	25 CT	\$ 9.99
C52	Saline Nasal Spray	Ocean	1.5 OZ	\$ 3.49
C54	Nighttime cold/flu soft gels	Vicks Nyquil	16 CT	\$ 4.49
C56	Sinus acetaminophen	Tylenol Sinus Headache (Daytime)	24 CT	\$ 4.99
C57	Sore throat spray	Chloraseptic	6 OZ	\$ 4.49
C58	Child's Cold Cough & Sore Throat	Children's Mucinex	4 OZ	\$ 8.99
C60	Cough & Cold HBP	Coricidin	16 CT	\$ 5.99
C64	Air Shield Orange Tablets	Emergen-C	10 CT	\$ 6.49
C65	Honey Lemon SF Cough Drops	Halls	25 CT	\$ 1.99

## Digestive Health



Code	Product	Compared to	Quantity	Price
D1	Effervescent Pain Relief	Alka seltzer	36 CT	\$ 4.49
D2	Stool softener	Colace	100 CT	\$ 9.99
D4	Gas relief E/S soft gels	Gas X Extra strength	30 CT	\$ 4.49
D5	BeanAid Capsules	Beano	30 CT	\$ 5.99
D6	Glycerin suppositories Adult	Fleet Glycerin	25 CT	\$ 3.99
D7	Ranitidine 75mg ★	Zantac 75	30 CT	\$ 7.99

★ Could be covered under Part B or D

You will receive the generic equivalent of all items.

## Digestive Health



Code	Product	Compared to	Quantity	Price
D8	Heartburn relief tablets	Gaviscon	100 CT	\$ 6.49
D9	Omeprazole Tabs ★	Prilosec	14 CT	\$ 12.99
D10	Daily Fiber SF	Metamucil	10 OZ	\$ 7.99
D11	Bisacodyl laxative tabs	Dulcolax	25 CT	\$ 4.49
D12	Anti-Diarrheal tablets	Imodium A-D	12 CT	\$ 5.49
D13	Pink Bismuth Chewable Tabs	Pepto-Bismol	30 CT	\$ 3.99
D15	Motion sickness tabs	Dramamine	12 CT	\$ 3.99
D17	Fiber capsules	Metamucil	160 CT	\$ 10.99
D21	Medicated Hemorrhoidal Wipes	Preparation H	48 CT	\$ 5.99
D22	Hemorrhoidal suppositories	Preparation H suppositories	12 CT	\$ 4.99
D23	Hemorrhoidal ointment	Preparation H ointment	2 OZ	\$ 7.49
D24	Milk of Magnesia	Phillips'	12 OZ	\$ 5.99
D25	Laxative Bisacodyl Suppositories USP 10mg	Dulcolax	4 CT	\$ 5.99
D40	Antacid calcium ES tablets	Tums E-X	96 CT	\$ 3.99
D45	Probiotic Adult 20	No Comparable	15 CT	\$ 14.49

## Eye Care



Code	Product	Compared to	Quantity	Price
E1	Dry Eye Relief	Visine Tears	0.5 OZ	\$ 4.49
E2	Eye Drops Redness Relief	Visine Red Eye	0.5 OZ	\$ 3.49
E4	Eye Itch Relief	Zaditor	0.17 OZ	\$ 10.99
E17	Eye Wash	No comparable	4 OZ	\$ 5.99

★ Could be covered under Part B or D  
You will receive the generic equivalent of all items.

## First Aid



Code	Product	Compared to	Quantity	Price
F3	Heavy Duty Fabric Anti-Bacterial Bandages	No comparable	20 CT	\$ 3.99
F4	Calamine Lotion Plus	Caladryl	6 OZ	\$ 4.99
F5	Hydrocortisone cream 1%	Cortizone	1 OZ	\$ 4.99
F9	Clear bandages	No comparable	45 CT	\$ 3.99
F11	Anti-itch cream	Benadryl anti-itch cream	1 OZ	\$ 4.99
F21	Iodine	No comparable	1 OZ	\$ 2.49
F22	Merthiolate	No comparable	2 OZ	\$ 4.99
F30	Triple Antibiotic Ointment	Neosporin	1 OZ	\$ 8.49
F31	Antiseptic Skin Cleanser	Hibiclens	8 OZ	\$ 9.99
F32	Epsom Salt	No comparable	22 OZ	\$ 4.99
F33	Wart removal	Compound W	0.5 OZ	\$ 5.99
F37	Alcohol Prep Pads ★	No comparable	36 CT	\$ 0.99
F44	First Aid Kit	No comparable	30 PC	\$ 2.99
F45	Zinc Oxide Ointment	No comparable	1 OZ	\$ 3.99
F46	Cotton Balls	No comparable	130 CT	\$ 3.99
F47	Finger Injury Kit	No comparable	KIT	\$ 7.49
F48	Rubbing Alcohol Wipes	No comparable	40 CT	\$ 5.49
F49	Witch Hazel Spray	T.N Dickinson's	6 OZ	\$ 7.99
F50	Gauze Pad Non Stick 2x3 ★	No comparable	25 CT	\$ 5.99
F51	Gauze Pad 4x4 ★	No comparable	25 CT	\$ 7.49
F52	Gauze Pad 3x3 ★	No comparable	25 CT	\$ 6.49
F53	Gauze Roll 4" 2yds ★	No comparable	1 CT	\$ 3.99
F57	Nitrile disposable gloves	Nitrile exam gloves	50 CT	\$ 7.49

★ Could be covered under Part B or D

You will receive the generic equivalent of all items.

## First Aid



Code	Product	Compared to	Quantity	Price
F62	First Aid tape ★	No comparable	1 CT	\$ 1.99
F68	Petroleum Jelly	Vaseline	2.5 OZ	\$ 3.49
F69	Butterfly Closures	No comparable	12 CT	\$ 3.49
F72 🚚	Sharps Container	No comparable	EACH	\$12.99

Home delivery only 🚚



## Home Diagnostics

Code	Product	Compared to	Quantity	Price
H20	Glucose chewable tablets	No comparable	10 CT	\$ 1.49
H71	BP Monitor Upper Arm Semi Auto 8.7" x 16.5" ●	No comparable	EACH	\$ 24.99
H72	BP Monitor Upper Arm Manual 8.7" x 12.6" ●	No comparable	EACH	\$ 17.99

● Dual-purpose item



## Incontinence

Code	Product	Compared to	Quantity	Price
I74	Bladder Control Pads	Poise	20 CT	\$ 5.99
I83	Unisex Overnight Underwear XL 58"- 68"	Depend	12 CT	\$ 13.99
I84	Unisex Overnight Underwear L 44"- 58"	Depend	14 CT	\$ 13.99
I85	Unisex Underwear S/M Adjustable 28"- 40"	Depend	18 CT	\$ 13.99
I86	Underpads XL 23"x 36"	No comparable	18 CT	\$ 9.99

Home delivery only 🚚



## Nicotine Replacement

Code	Product	Compared to	Quantity	Price
K1 🚚	Nicotine Transdermal 21mg Patch Step 1	No comparable	7 CT	\$ 23.99

★ Could be covered under Part B or D  
You will receive the generic equivalent of all items.





## Miscellaneous

Code	Product	Compared to	Quantity	Price
M49	Tablet cutter	No comparable	EACH	\$ 6.49
M51	7 Day pill box	No comparable	EACH	\$ 2.49
M75	Mosquito repellent w/ 30% DEET	No comparable	6 OZ	\$ 6.49
M76	Mosquito repellent DEET Free	No comparable	6 OZ	\$ 6.49



## Oral Care

Code	Product	Compared to	Quantity	Price
O3	Lip Balm Original SPF 15	Chapstick	0.15 OZ	\$ 1.99
O10	Denture Adhesive Regular	Fixodent	2.4 OZ	\$ 4.49
O11	Mint Mouthwash	Listerine	3 OZ	\$ 1.99
O12	Toothbrush (Soft)	Basics Toothbrush	EACH	\$ 0.99
O22	Denture Cleanser tabs (Mint)	Polident	84 CT	\$ 5.49
O35	Dental Floss Waxed	J & J Dental Floss	100 YD	\$ 2.49
O45	Sensitive Toothpaste Extra Whitening	Sensodyne	4 OZ	\$ 4.99
O46	Dry Mouth Spray	Biotene	1.5 OZ	\$ 7.49
O52	Oral Pain Relief	Anbesol Gel	0.33 OZ	\$ 5.99
O71	Flosser Picks	No Comparable	90 CT	\$ 2.99



## Pain Relievers

Code	Product	Compared to	Quantity	Price
P1	Ibuprofen 200mg	Advil	50 CT	\$ 4.49
P2	Muscle rub	Bengay	3 OZ	\$ 5.99
P4	Enteric Aspirin 81mg	Bayer Low Dose	120 CT	\$ 5.49
P6	Acetaminophen 500mg	Tylenol E/S	100 CT	\$ 6.99
P8	Chewable Aspirin 81mg	Bayer Low Dose Chewable	36 CT	\$ 2.49





## Pain Relievers

Code	Product	Compared to	Quantity	Price
P10	Elastic Bandage ★	Futuro elastic bandages	1 CT	\$ 3.99
P12	Children Ibuprofen Suspension	Children's Motrin	4 OZ	\$ 6.49
P13	Children Non Aspirin Suspension Cherry	Children's Tylenol	4 OZ	\$ 4.49
P14	Hot/Cold Patches	Icy Hot Medicated Patch	5 CT	\$ 6.99
P17	Migraine Relief Caplets	Excedrin E/S	100 CT	\$ 7.49
P19	Naproxen 220mg ★	Aleve	24 CT	\$ 4.49
P22	Knee Support Sleeve L	No comparable	1 CT	\$ 13.49
P23	Wrist Support Strap	No comparable	1 CT	\$ 9.99
P24	Ankle Support Sleeve L	No comparable	1 CT	\$ 10.99
P25	Compression Sleeve Elbow L	No comparable	1 CT	\$ 15.99
P26	Lidocaine Cream	Aspercreme	2.7 OZ	\$ 7.99
P27	Lidocaine Patch	Aspercreme	5 CT	\$ 8.99
P34	Hot/Cold Multi-compress	No comparable	1 CT	\$ 8.99
P36	Reusable Ice Pack	No comparable	1 CT	\$ 4.99
P45	Acetaminophen Pain Reliever PM	Tylenol PM	24 CT	\$ 4.49
P46	Urinary Relief max strength	Azo	12 CT	\$ 4.99
P50	Menstrual Pain relief max	Midol Complete	24 CT	\$ 4.99
P51	Aspirin enteric coated 325mg	Ecotrin	125 CT	\$ 6.49
P66	Sleep aid	Simply Sleep	24 CT	\$ 3.99

★ Could be covered under Part B or D



## Personal Care

Code	Product	Compared to	Quantity	Price
S1	Sunblock SPF 45	Neutrogena Ultra Sheer	3 OZ	\$ 8.49
S3	Skin Therapy Lotion	Gold Bond	5.5 OZ	\$ 5.99

## Personal Care



Code	Product	Compared to	Quantity	Price
S4	Acne treatment 10%	Clearasil - Daily Clear	1 OZ	\$ 4.99
S5	Oil Free Acne Wash	Neutrogena	6 OZ	\$ 3.99
S23	Hand sanitizer	No comparable	2 OZ	\$ 0.99
S27	Facial Tissue	No comparable	15 CT	\$ 0.57
S28	Cleansing Wipes	No comparable	64 CT	\$ 4.99
S29	Condoms Ultra Sensitive	LifeStyles	12 CT	\$ 14.99
S30	Miconazole 7 Day Vaginal Cream	Monistat	7 CT	\$ 7.99
S32	Tampons Regular	Playtext Sport	18 CT	\$ 4.99
S33	Maxi Reg	Always Maxi	24 CT	\$ 3.49

## Foot Care



Code	Product	Compared to	Quantity	Price
T2	Tolnaftate Antifungal Cream	Tinactin Cream	1 OZ	\$ 6.99
T4	Odor Control Spray Powder	Odor-Eaters	4 OZ	\$ 4.99
T5	Moleskin Padding	Dr Scholl's	2 CT	\$ 2.49
T35	Liquid Corn & Callous Remover	Dr Scholl's	0.5 OZ	\$ 3.99
T36	Diabetic Socks S/M	No Comparable	2 CT	\$ 8.99
T37	Diabetic Socks L/XL	No Comparable	2 CT	\$ 8.99

- Dual-purpose item

## Vitamins/Minerals



Code	Product	Compared to	Quantity	Price
V2 ●	Vitamin C 500mg	No Comparable	100 CT	\$ 6.99
V5 ●	Coenzyme Q-10 50mg	No Comparable	45 CT	\$ 9.99
V10 ●	Glucosamine Chondroitin with MSM	Osteo Bi-Flex	80 CT	\$ 15.99

- Dual-purpose item



## Vitamins/Minerals

Code	Product	Compared to	Quantity	Price
V16●	Vitamin E 400 IU soft gel	No Comparable	100 CT	\$ 11.99
V17●	Folic Acid 800mcg tablet	No Comparable	100 CT	\$ 3.49
V18●	Iron Supplement 65mg	No Comparable	90 CT	\$ 5.49
V19●	Fish Oil Omega-3 1000mg	Puritan	120 CT	\$ 8.99
V32●	Vitamin D 1000 IU	No Comparable	120 CT	\$ 3.49
V35●	Magnesium 500mg	No Comparable	100 CT	\$ 4.49
V36●	Zinc Gluconate 50mg	No Comparable	100 CT	\$ 4.49
V41●	Children Chewable Multivitamins	Flinstones Complete	60 CT	\$ 6.99
V48●	Biotin 10,000mcg soft gel	No Comparable	60 CT	\$ 11.49
V49●	Melatonin Gummy 5mg	No Comparable	60 CT	\$ 10.49
V54●	Calcium Supplement Gummy 500mg + 800 IU D-3	Caltrate Gummy Bites	50 CT	\$ 10.49
V56●	Vitamin A 8,000 IU NAT / 2400mcg	No Comparable	100 CT	\$ 4.99
V57●	Vitamin B12 500mcg	No comparable	100 CT	\$ 8.99
V59●	Potassium gluconate 595mg	Natures Bounty	100 CT	\$ 4.99
V60●	Adult Daily Multiple Vitamin	One a Day	365 CT	\$ 6.99
V62●	Adult Daily Women's 50+ Adv	One a Day	65 CT	\$ 6.99
V63●	Adult Daily Men's 50+ Adv	One a Day	65 CT	\$ 6.99
V64●	Lutein 40mg	No comparable	30 CT	\$ 17.99
V70●	Flaxseed 1000mg	No comparable	100 CT	\$ 11.99
V71●	Calcium 600mg + Vitamin D3	Caltrate	120 CT	\$ 5.49
V72●	Super B Complex w/ Vitamin C	Natures Bounty	100 CT	\$ 8.99
V73●	Melatonin 10mg	No comparable	60 CT	\$ 13.49
V74●	Menopause Support Caplets	Estroven	28 CT	\$ 18.49

You will receive the generic equivalent of all items

## Part B or Part D Coverage

Items that could be covered under your Part B or D are marked with a “★”. When an item is covered by Part B or Part D due to your particular circumstances, you would not use your OTC benefit to obtain the item. That’s because it is Medicare-covered in those circumstances, and not part of your OTC benefit. For example, gauze may be covered under Part B when it is being used as prescribed, to perform surgical wound dressing changes.

## Eligible Items

**Eligible Items:** Each eligible OTC item is either a medicine, ointment or spray, or used for treatment of a condition which is addressed by a medicine, ointment or spray, which has active medical ingredients. First aid supplies including bandages, dressings, and non-sport tapes are also eligible. Non-eligible items will not be covered.

## General Information

Martin’s Point Generations Advantage is a health plan with a Medicare contract offering HMO, HMO-POS, HMO SNP, Local and Regional PPO products. Enrollment in a Martin’s Point Generations Advantage plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits may change on January 1 of each year. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.