



Health Solutions



2019

Over-the-Counter (OTC) Item Catalog



Keep this booklet handy where you can easily get to it. You'll need it to look up the OTC items you want to order.

GlobalHealth is pleased to provide its members with the Over-the-Counter (OTC) Program. This is a convenient way to get OTC drugs and supplies by mail through your GlobalHealth Medicare Advantage plan.

As a member of GlobalHealth, you are eligible to receive a quarterly allowance for specific OTC products. Benefit allowances vary by plan. Please check your Evidence of Coverage or Summary of Benefits for your plan's quarterly benefit allowance. To get started, simply use this catalog to select the item(s) you want, then order online or by phone, and we'll ship your order directly to your door. The OTC Benefit is reset once every three months (quarterly). You can only place one order per quarter. Any unused benefit does not roll over to the next quarter. Your order total cannot exceed your allowable benefit, and we cannot accept payment to purchase items over your benefit. Please note, if you exceed the allowable benefit, your order cannot be processed.

This information is available for free in other languages. Please contact OTC Health Solutions customer service at 1-888-628-2770 and for TTY/TTD assistance please dial 1-877-672-2688.

What Can I Order with My OTC Benefit?

Eligible Items

On pages 1 through 7, you'll find a list of products that you can order from us and have shipped to your home. These products include non-prescription drugs, also known as OTC drugs, and health-related items. Generally, you can order any of the items listed in this catalog. However, some Dual-Purpose items may require additional information in order to purchase through your OTC benefit.

Dual-Purpose Items

These are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items, your personal physician must recommend them to you for a specific diagnosed condition. These items are marked with a "●". Please speak to your physician before ordering these items.

Items that could be covered under your Part B or Part D benefit are marked with a "★". When an item is covered by Part B or Part D due to your particular circumstances, you would not use your OTC benefit to obtain the item because it is Medicare-covered under those circumstances, and not part of your OTC benefit. For example, gauze may be covered under Part B when it is being used as prescribed to perform surgical wound dressing changes.

OTC products on this list are intended for member use only to help with a health or medical need. The use of this benefit to order OTC items for family members and friends is prohibited.

How to place an order.

There are two ways to place an order:

Online:



Visit: **GlobalHealth.OTCHS.com**

Phone:



- Call: 1-888-628-2770; TTY: 1-877-672-2688 Monday to Friday, 9 a.m. to 8 p.m. E.S.T.
- You can only place one order per quarter. Any unused benefit does not roll over to the next quarter.
- Your order total cannot exceed your allowable benefit, and we cannot accept payment to purchase items over your benefit. Please note, if you exceed the allowable benefit, your order cannot be processed.
- There is a limit of 15 per item, per order, with the exception of the **Blood Pressure Monitors**, which are limited to one per year.
- Orders will be shipped to your home at no extra charge. Please allow **7 - 10** business days for delivery.
- **Return Policy:** If you receive a damaged item, please call OTC Health Solutions within 30 days after receiving your order. An identical replacement item will be shipped. No other returns or exchanges are allowed.
- OTC products on this list are intended for member use only to help with a health or medical need. The use of this benefit to order OTC items for family members and friends is prohibited.
- This product list is subject to change.
- If you disenroll from GlobalHealth, your OTC benefit will automatically terminate.
- A copy of this catalog is also available on the GlobalHealth website at <https://globalhealth.com/pharmacy/forms-and-resources/>

If you have not received your order, call: 1-888-628-2770; TTY: 1-877-672-2688

Monday to Friday 9:00 a.m. to 8:00 p.m. E.S.T.



You will receive the generic equivalent of all items

Allergy

Code	Product	Compared to	Quantity	Price
A2	Allergy relief tablets	Benadryl	24 CT	\$ 3.99
A10	Loratadine 10mg	Claritin	10 CT	\$ 6.99
A53	Allergy cetirizine 10mg	Zyrtec	14 CT	\$ 9.99
A59	Fluticasone Nasal Spray 60 Metered Sprays	Flonase	0.34 OZ	\$ 14.99



Cold Remedies

Code	Product	Compared to	Quantity	Price
C1	Nasal spray regular	Afrin sinus	1 OZ	\$ 5.49
C3	Cold flu & sore throat max	Mucinex Fast-max	6 OZ	\$ 9.99
C7	Medicated chest rub	Vicks Vaporub	3.5 OZ	\$ 5.99
C8	Digital Thermometer	No comparable	1 CT	\$ 4.99
C11	Sore Throat lozenges	Cepacol	18 CT	\$ 3.99
C12	Tussin CF Max Strength	Robitussin CF	4 OZ	\$ 5.49
C13	Tussin DM	Robitussin DM	4 OZ	\$ 4.99
C16	Nasal decongestant tabs	Sudafed PE	18 CT	\$ 4.49
C19	Chest congestion relief 400mg	Humibid e	60 CT	\$ 9.49
C24	Daytime cold/flu soft gels	Vicks Dayquil	16 CT	\$ 4.49
C40	Tussin DM Sugar Free	Robitussin DM	8 OZ	\$ 7.99
C52	Saline Nasal Spray	Ocean	1.5 OZ	\$ 3.49
C54	Nighttime cold/flu soft gels	Vicks Nyquil	16 CT	\$ 4.49
C56	Sinus acetaminophen	Tylenol Sinus Headache (Daytime)	24 CT	\$ 4.99
C57	Sore throat spray	Chloraseptic	6 OZ	\$ 4.49
C60	Cough & Cold HBP	Coricidin	16 CT	\$ 5.99
C65	Honey Lemon SF Cough Drops	Halls	25 CT	\$ 1.99



Digestive Health

Code	Product	Compared to	Quantity	Price
D1	Effervescent Pain Relief	Alka seltzer	36 CT	\$ 4.49
D2	Stool softener	Colace	100 CT	\$ 9.99
D4	Gas relief E/S soft gels	Gas X Extra strength	30 CT	\$ 4.49
D5	BeanAid Capsules	Beano	30 CT	\$ 5.99
D6	Glycerin suppositories Adult	Fleet Glycerin	25 CT	\$ 3.99
D7	Ranitidine 75mg ★	Zantac 75	30 CT	\$ 7.99
D8	Heartburn relief tablets	Gaviscon	100 CT	\$ 6.49
D10	Daily Fiber SF	Metamucil	10 OZ	\$ 7.99
D11	Bisacodyl laxative tabs	Dulcolax	25 CT	\$ 4.49
D12	Anti-Diarrheal tablets	Imodium A-D	12 CT	\$ 5.49
D13	Pink Bismuth Chewable Tabs	Pepto-Bismol	30 CT	\$ 3.99
D15	Motion sickness tabs	Dramamine	12 CT	\$ 3.99
D17	Fiber capsules	Metamucil	160 CT	\$ 10.99
D21	Medicated Hemorrhoidal Wipes	Preparation H	48 CT	\$ 5.99
D22	Hemorrhoidal suppositories	Preparation H suppositories	12 CT	\$ 4.99
D23	Hemorrhoidal ointment	Preparation H ointment	2 OZ	\$ 7.49
D24	Milk of Magnesia	Phillips	12 OZ	\$ 5.99
D25	Laxative Bisacodyl Suppositories USP 10mg	Dulcolax	4 CT	\$ 5.99
D40	Antacid calcium ES tablets	Tums E-X	96 CT	\$ 3.99

★ Could be covered under Part B or D
You will receive the generic equivalent of all items

Eye Care



Code	Product	Compared to	Quantity	Price
E1	Dry Eye Relief	Visine Tears	0.5 OZ	\$ 4.49
E2	Eye Drops Redness Relief	Visine Red Eye	0.5 OZ	\$ 3.49
E4	Eye Itch Relief	Zaditor	0.17 OZ	\$ 10.99



First Aid

Code	Product	Compared to	Quantity	Price
F3	Heavy Duty Fabric Anti-Bacterial Bandages	No comparable	20 CT	\$ 3.99
F4	Calamine Lotion Plus	Caladryl	6 OZ	\$ 4.99
F5	Hydrocortisone cream 1%	Cortizone	1 OZ	\$ 4.99
F9	Clear bandages	No comparable	45 CT	\$ 3.99
F11	Anti-itch cream	Benadryl Anti-itch cream	1 OZ	\$ 4.99
F21	Iodine	No comparable	1 OZ	\$ 2.49
F22	Merthiolate	No comparable	2 OZ	\$ 4.99
F30	Triple Antibiotic Ointment	Neosporin	1 OZ	\$ 8.49
F31	Antiseptic Skin Cleanser	Hibiclens	8 OZ	\$ 9.99
F33	Wart removal	Compound W	0.5 OZ	\$ 5.99
F44	First Aid Kit	No comparable	30 PC	\$ 2.99
F45	Zinc Oxide Ointment	No comparable	1 OZ	\$ 3.99
F47	Finger Injury Kit	No comparable	KIT	\$ 7.49
F49	Witch Hazel Spray	T.N Dickinson's	6 OZ	\$ 7.99
F50	Gauze Pad Non Stick 2x3 ★	No comparable	25 CT	\$ 5.99
F51	Gauze Pad 4x4 ★	No comparable	25 CT	\$ 7.49

★ Could be covered under Part B or D

You will receive the generic equivalent of all items



First Aid

Code	Product	Compared to	Quantity	Price
F52	Gauze Pad 3x3 ★	No comparable	25 CT	\$ 6.49
F53	Gauze Roll 4" 2yds ★	No comparable	1 CT	\$ 3.99
F62	First Aid tape ★	No comparable	1 CT	\$ 1.99
F68	Petroleum Jelly	Vaseline	2.5 OZ	\$ 3.49
F69	Butterfly Closures	No comparable	12 CT	\$ 3.49

- Dual-purpose item



Home Diagnostics

Code	Product	Compared to	Quantity	Price
H71	BP Monitor Upper Arm Semi Auto 8.7" x 16.5" •	No comparable	EACH	\$ 24.99
H72	BP Monitor Upper Arm Manual 8.7" x 12.6" •	No comparable	EACH	\$ 17.99



Incontinence

Code	Product	Compared to	Quantity	Price
I74	Bladder Control Pads	Poise	20 CT	\$ 5.99
I83	Unisex Overnight Underwear XL 58" - 68"	Depend	12 CT	\$ 13.99
I84	Unisex Overnight Underwear L 44" - 58"	Depend	14 CT	\$ 13.99
I85	Unisex Underwear S/M Adjustable 28" - 40"	Depend	18 CT	\$ 13.99
I86	Underpads XL 23"x 36"	No comparable	18 CT	\$ 9.99

★ Could be covered under Part B or D
You will receive the generic equivalent of all items



Oral Care

Code	Product	Compared to	Quantity	Price
O10	Denture Adhesive Regular	Fixodent	2.4 OZ	\$ 4.49
O12	Toothbrush (Soft)	Basics Toothbrush	EACH	\$ 0.99
O22	Denture Cleanser tabs (Mint)	Polident	84 CT	\$ 5.49
O35	Dental Floss Waxed	J & J Dental Floss	100 YD	\$ 2.49
O45	Sensitive Toothpaste Extra Whitening	Sensodyne	4 OZ	\$ 4.99
O52	Oral Pain Relief	Anbesol Gel	0.33 OZ	\$ 5.99
O71	Flosser Picks	No Comparable	90 CT	\$ 2.99



Pain Relievers

Code	Product	Compared to	Quantity	Price
P1	Ibuprofen 200mg	Advil	50 CT	\$ 4.49
P2	Muscle rub	Bengay	3 OZ	\$ 5.99
P4	Enteric Aspirin 81mg	Bayer Low Dose	120 CT	\$ 5.49
P8	Chewable Aspirin 81mg	Bayer Low Dose Chewable	36 CT	\$ 2.49
P10	Elastic Bandage ★	Futuro elastic bandages	1 CT	\$ 3.99
P14	Hot/Cold Patches	Icy Hot Medicated Patch	5 CT	\$ 6.99
P19	Naproxen 220mg ★	Aleve	24 CT	\$ 4.49
P22	Knee Support Sleeve L	No comparable	1 CT	\$ 13.49
P23	Wrist Support Strap	No comparable	1 CT	\$ 9.99
P24	Ankle Support Sleeve L	No comparable	1 CT	\$ 10.99
P25	Compression Sleeve Elbow L	No comparable	1 CT	\$ 15.99
P26	Lidocaine Cream	Aspercreme	2.7 OZ	\$ 7.99
P27	Lidocaine Patch	Aspercreme	5 CT	\$ 8.99

★ Could be covered under Part B or D

You will receive the generic equivalent of all items



Pain Relievers

Code	Product	Compared to	Quantity	Price
P36	Reusable Ice Pack	No comparable	1 CT	\$ 4.99
P46	Urinary Relief max strength	Azo	12 CT	\$ 4.99
P50	Menstrual Pain relief max	Midol Complete	24 CT	\$ 4.99
P51	Aspirin enteric coated 325mg	Ecotrin	125 CT	\$ 6.49

Personal Care



Code	Product	Compared to	Quantity	Price
S1	Sunblock SPF 45	Neutrogena Ultra Sheer	3 OZ	\$ 8.49
S23	Hand sanitizer	No comparable	2 OZ	\$ 0.99
S30	Miconazole 7 Day Vaginal Cream	Monistat	7 CT	\$ 7.99



Foot Care

Code	Product	Compared to	Quantity	Price
T2	Tolnaftate Antifungal Cream	Tinactin Cream	1 OZ	\$ 6.99
T4	Odor Control Spray Powder	Odor-Eaters	4 OZ	\$ 4.99
T5	Moleskin Padding	Dr Scholl's	2 CT	\$ 2.49
T35	Liquid Corn & Callous Remover	Dr Scholl's	0.5 OZ	\$ 3.99

You will receive the generic equivalent of all items

• Dual-purpose item

• Vitamins/Minerals



Code	Product	Compared to	Quantity	Price
V2	Vitamin C 500mg •	No Comparable	100 CT	\$ 6.99
V5	Coenzyme Q-10 50mg •	No Comparable	45 CT	\$ 9.99
V10	Glucosamine Chondroitin with MSM •	Osteo Bi-Flex	80 CT	\$ 15.99
V16	Vitamin E 400 IU soft gel •	No Comparable	100 CT	\$ 11.99
V17	Folic Acid 800mcg tablet •	No Comparable	100 CT	\$ 3.49
V18	Iron Supplement 65mg •	No Comparable	90 CT	\$ 5.49
V19	Fish Oil Omega-3 1000mg •	Puritan	120 CT	\$ 8.99
V32	Vitamin D 1000 IU •	No Comparable	120 CT	\$ 3.49
V35	Magnesium 500mg •	No Comparable	100 CT	\$ 4.49
V36	Zinc Gluconate 50mg •	No Comparable	100 CT	\$ 4.49
V48	Biotin 10,000mcg soft gel •	No Comparable	60 CT	\$ 11.49
V49	Melatonin Gummy 5mg •	No Comparable	60 CT	\$ 10.49
V54	Calcium Supplement Gummy 500mg + 800 IU D-3 •	Caltrate Gummy Bites	50 CT	\$ 10.49
V56	Vitamin A 8,000 IU NAT / 2400mcg •	No Comparable	100 CT	\$ 4.99
V57	Vitamin B12 500mcg •	No Comparable	100 CT	\$ 8.99
V60	Adult Daily Multiple Vitamin •	One a Day	365 CT	\$ 6.99
V62	Adult Daily Women's 50+ Adv •	One a Day	65 CT	\$ 6.99
V63	Adult Daily Men's 50+ Adv •	One a Day	65 CT	\$ 6.99
V71	Calcium 600mg + Vitamin D3 •	Caltrate	120 CT	\$ 5.49
V72	Super B Complex w/ Vitamin C •	Natures Bounty	100 CT	\$ 8.99
V73	Melatonin 10mg •	No comparable	60 CT	\$ 13.49

In order to purchase a Dual-Purpose item, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

You will receive the generic equivalent of all items

General Information

GlobalHealth is an HMO plan with a Medicare contract. Enrollment in GlobalHealth depends on contract renewal.

