



Health Solutions



# 2020

## Over-the-Counter (OTC) Item Catalog



Keep this booklet handy where you can easily get to it.  
You'll need it to look up the OTC items you want to order.



GlobalHealth is pleased to provide its members with the Over-the-Counter (OTC) Program. This is a convenient way to get OTC drugs and supplies by mail through your GlobalHealth Medicare Advantage plan.

As a member of GlobalHealth, you are eligible to receive a quarterly allowance for specific OTC products. Please check your Evidence of Coverage for your plan's quarterly benefit allowance. To get started, simply use this catalog to select the item(s) you want, then order online or by phone, and we'll ship your order directly to your door. The OTC Benefit is reset once every three months (quarterly). You can only place one order per quarter. Any unused benefit does not roll over to the next quarter. Your order total cannot exceed your allowable benefit, and we cannot accept payment to purchase items over your benefit. Please note, if you exceed the allowable benefit, your order cannot be processed.

This information is available for free in other languages. Please contact OTC Health Solutions customer service at 1-888-628-2770 and for TTY/TTD assistance please dial 1-877-672-2688. Monday to Friday 9:00 a.m. to 8:00 p.m. E.S.T.

## **What can I order with my OTC benefit?**

### Eligible Items

On pages 5 through 10, you'll find a list of products that you can order from us and have shipped to your home. These products include non-prescription drugs, also known as OTC drugs, and health-related items. Generally, you can order any of the items listed in this catalog. However, some Dual-Purpose items may require additional information in order to purchase through your OTC benefit.

### Dual-Purpose Items

These are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items, your personal physician must recommend them to you for a specific diagnosed condition. These items are marked with a "◆". Please speak to your physician before ordering these items.

### Part B or Part D Coverage

Items that could be covered under your Part B or Part D benefit are marked with a "★". When an item is covered by Part B or Part D due to your particular circumstances, you would not use your OTC benefit to obtain the item because it is Medicare-covered under those circumstances, and not part of your OTC benefit. For example, gauze may be covered under Part B when it is being used as prescribed to perform surgical wound dressing changes.



## How to place an order.

### Online:

The fastest, easiest, and most convenient way to order 24/7 is to visit [cvs.com/otchs/globalhealth](https://cvs.com/otchs/globalhealth)

### Phone:

If you would like to place an order by phone, call: 1-888-628-2770 (TTY: 1-877-672-2688) Monday to Friday, 9:00 a.m. to 8:00 p.m. E.S.T.

We experience high call volumes the first and last weeks of the month.

### Please Note:

- You can only place one order per quarter. Any unused benefit does not roll over to the next quarter.
- Your order total cannot exceed your allowable benefit, and we cannot accept payment to purchase items over your benefit. Please note, if you exceed the allowable benefit, your order cannot be processed.
- There is a quantity limit of fifteen (15) per any single item, per order, with the exception of the Blood Pressure Monitors, which are limited to one (1) per year.
- Online orders must be submitted by 11:59 p.m. E.S.T. to be processed that day.
- Orders will be shipped to your home at no extra charge. Please allow 7-10 business days for delivery.
- **Return Policy:** If you receive a damaged item, please call OTC Health Solutions within 30 days after receiving your order. An identical replacement item will be shipped. No other returns or exchanges are allowed.
- OTC products on this list are intended for member use only to help with a health or medical need. The use of this benefit to order OTC items for family members and friends is prohibited.
- In this catalog you will find SKU numbers that can be used at **cvs.com** to obtain additional product information such as ingredients. You do not need the SKU to order online or by phone.
- This product list is subject to change.
- If you disenroll from GlobalHealth, your OTC benefit will automatically terminate.
- A copy of this catalog is also available on the GlobalHealth website at <https://www.globalhealth.com/pharmacy/order-otc/>

If you have not received your order within 7-10 business days after ordering, please call: 1-888-628-2770 (TTY: 1-877-672-2688) Monday to Friday 9:00 a.m. to 8:00 p.m. E.S.T.



## Allergy

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
A2	477066	Allergy relief tablets	Benadryl	24 CT	\$4.49
A10	232641	Loratadine 10mg	Claritin	10 CT	\$7.99
A53	444236	Allergy cetirizine 10mg tablets	Zyrtec	14 CT	\$10.99
A59	238246	Fluticasone Nasal Spray	Flonase	0.34 OZ	\$12.99
A60	994279	Adult Allergy Relief Liquid	Benadryl	4 OZ	\$5.99
A61	370783	Fexofenadine 60mg Tablet	Allegra	24 CT	\$13.49

## Cold Remedies

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
C3	895139	Cold flu & sore throat max	Mucinex Fast-max	6 OZ	\$10.99
C7	587618	Medicated chest rub	Vicks vaporub	3.5 OZ	\$5.99
C8	155912	Digital Thermometer	No comparable	1 CT	\$7.99
C11	707032	Sore Throat lozenges	Cepacol	18 CT	\$3.99
C12	971824	Tussin CF Max Strength	Robitussin CF	4 OZ	\$6.49
C13	707516	Tussin DM	Robitussin DM	4 OZ	\$5.99
C16	297625	Nasal decongestant tabs	Sudafed PE	18 CT	\$4.49
C19	297885	Chest congestion relief 400mg	Humibid e	60 CT	\$9.49
C24	890425	Daytime cold/flu soft gels	Vicks Dayquil	16 CT	\$5.99
C40	477060	Tussin DM Sugar Free	Robitussin DM	8 OZ	\$7.49
C52	891465	Saline Nasal Spray	Ocean	1.5 OZ	\$3.99
C54	890411	Nighttime cold/flu soft gels	Vicks Nyquil	16 CT	\$5.99
C56	408566	Sinus acetaminophen	Tylenol Sinus (Daytime)	24 CT	\$6.49
C57	316620	Sore throat spray	Chloraseptic	6 OZ	\$4.49
C60	244956	Cough and Cold HBP	Coricidin	16 CT	\$6.99
C65	382414	Honey Lemon SF Cough Drops	Halls	25 CT	\$1.49
C66	858828	Nasal Mist	Afrin	0.5 OZ	\$6.99

You will receive the generic equivalent of all items.

## Digestive Health

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
D1	150391	Effervescent Pain Relief	Alka seltzer	36 CT	\$4.49
D2	310425	Stool softener	Colace	100 CT	\$11.99
D4	206805	Gas relief E/S soft gel	Gas X Extra strength	30 CT	\$5.49
D5	878020	BeanAid Capsules	Beano	30 CT	\$5.49
D6	108530	Glycerin suppositories Adult	Fleet Glycerin	25 CT	\$3.49
D7	695189	Ranitidine 75mg	Zantac 75	30 CT	\$7.99
D8	860849	Heartburn relief tablets	Gaviscon	100 CT	\$8.49
D10	958326	Daily Fiber SF	Metamucil	10 OZ	\$7.99
D11	348639	Bisacodyl laxatives tabs	Dulcolax	25 CT	\$6.49
D12	672550	Anti-Diarrheal tablets	Imodium A-D	12 CT	\$5.99
D13	703368	Pink Bismuth Chewable Tabs	Pepto-Bismol	30 CT	\$4.99
D15	139139	Motion sickness tabs	No Comparable	12 CT	\$5.99
D17	252794	Fiber capsules	Metamucil	160 CT	\$11.99
D21	401472	Medicated Hemorrhoidal Wipes	Preparation H	48 CT	\$6.49
D22	961468	Hemorrhoidal suppositories	Preparation H suppositories	12 CT	\$5.99
D23	144212	Hemorrhoidal ointment	Preparation H ointment	2 OZ	\$8.99
D24	305623	Milk of Magnesia	Phillips'	12 OZ	\$5.99
D25	480996	Laxative Bisacodyl Suppositories	Dulcolax	4 CT	\$6.49
D40	836320	Antacid calcium ES tablets	Tums E-X	96 CT	\$4.99
D49	713639	Purelax Powder	Miralax	8.3 OZ	\$10.99

## Eye and Ear Care

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
E1	317914	Dry Eye Relief	Visine Tears	0.5 OZ	\$5.49
E2	317912	Eye Drops Redness Relief	Visine Red Eye	0.5 OZ	\$4.49
E19	976354	Eye Health 50+ Vitamins	Ocuvite	90 CT	\$19.99
E20	457496	Swimmer's Ear Solution	Swim-ear	1 OZ	\$4.49
E21	973866	Ear Wax Removal Kit	Debrox	0.5 OZ	\$7.99

You will receive the generic equivalent of all items.

## First Aid

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
F3	875957	Fabric Anti-Bacterial Bandages	No comparable	20 CT	\$3.99
F4	109405	Calamine Lotion Plus	Caladryl	6 OZ	\$6.49
F9	383505	Clear bandages	No comparable	45 CT	\$3.99
F11	550749	Anti-itch cream	Benadryl Anti-itch cream	1 OZ	\$5.49
F21	602441	Iodine	No comparable	1 OZ	\$4.49
F22	311533	Merthiolate	No comparable	2 OZ	\$5.49
F31	864765	Antiseptic Skin Cleanser	Hibiclens	8 OZ	\$9.99
F33	351170	Wart removal	Compound W	0.5 OZ	\$7.99
F44	164177	First Aid Kit	No comparable	30 PC	\$2.99
F45	219642	Zinc Oxide Ointment	No comparable	1 OZ	\$3.99
F47	337274	Finger Injury Kit	No comparable	KIT	\$6.99
F49	946095	Witch Hazel Spray	T.N Dickinson's	6 OZ	\$7.49
★ F50	935683	Gauze Pad Non Stick 2x3	No comparable	25 CT	\$5.99
★ F51	893121	Gauze Pad 4x4	No comparable	25 CT	\$7.49
★ F52	893120	Gauze Pad 3x3	No comparable	25 CT	\$6.49
★ F53	894104	Gauze Roll 4" 2yds	No comparable	1 CT	\$3.99
★ F62	964606	First Aid tape	No comparable	1 CT	\$1.99
F68	531343	Petroleum Jelly	Vaseline	2.5 OZ	\$3.49
F69	259370	Butterfly Closures	No comparable	12 CT	\$3.49
F73	373092	Hydrocortisone Cream 1%	Cortisone	1 OZ	\$5.49
F74	219634	Bacitracin	No Comparable	1 OZ	\$6.99

## Foot Care

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
T2	521682	Tolnaftate Antifungal Cream	Tinactin Cream	1 OZ	\$8.49
T4	334566	Odor Control Spray Powder	Odor-Eaters	4 OZ	\$5.99
T5	894580	Moleskin Padding	Dr Scholl's	2 CT	\$3.99
T35	139231	Liquid Corn & Callus Remover	Dr. Scholl's	0.5 OZ	\$5.99
T38	658593	Firm Compression Socks S/M Black	No Comparable	1 Pair	\$11.99
T39	658582	Firm Compression Socks L/XL Black	No Comparable	1 Pair	\$11.99
T40	229790	Foot Powder	Gold Bond	10 OZ	\$8.99

★ Could be covered under Part B or D.  
You will receive the generic equivalent of all items.

## Home Diagnostics

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
◆ H71	708884	BP Monitor Upper Arm Semi Auto 8.7" x 16.5"	No comparable	EACH	\$39.99
◆ H72	800232	BP Monitor Upper Arm Manual 8.7" x 12.6"	No comparable	EACH	\$17.99

## Incontinence

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
I83	383703	Unisex Overnight Underwear XL 58"-68"	Depend	12 CT	\$12.49
I84	383182	Unisex Overnight Underwear L 44"-58"	Depend	14 CT	\$12.49
I85	203644	Unisex Underwear S/M Adjustable 28"-40"	Depend	18 CT	\$12.49
I86	512509	Underpads XL 23"x36"	No comparable	18 CT	\$9.49
I87	795728	Bladder Control Pads	Poise	27 CT	\$10.99
I88	163093	Men's Bladder Control Pads	Poise	52 CT	\$12.49

## Oral Care

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
O10	230196	Denture Adhesive Regular	Fixodent	2.4 OZ	\$3.99
O12	910693	Toothbrush (Soft)	Colgate	1 CT	\$0.99
O35	102319	Dental Floss Waxed	J & J Dental Floss	100 YD	\$2.49
O52	933834	Oral Pain Relief	Anbesol Gel	0.33 OZ	\$5.99
O71	454381	Flosser Picks	No Comparable	90 CT	\$2.99
O72	368775	Toothpaste	Sensodyne	3.4 OZ	\$4.49
O73	213330	Denture Cleanser Tabs	Efferdent	40 CT	\$2.99

## Pain Relievers

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
P1	371948	Ibuprofen 200mg	Advil	50 CT	\$4.49
P2	200964	Muscle rub	Bengay	3 OZ	\$6.99
P4	230268	Enteric Aspirin 81mg	Bayer Low Dose	120 CT	\$5.49
P8	547802	Chewable Aspirin 81mg	Bayer Low Dose Chewable	36 CT	\$2.49
P14	957604	Hot/Cold Patches	Icy Hot Medicated Patch	5 CT	\$5.99
P19	299470	Naproxen 220mg	Aleve	24 CT	\$4.49

◆ Dual-Purpose item. In order to purchase a Dual-Purpose item, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.  
You will receive the generic equivalent of all items.



## Pain Relievers

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
P22	152116	Knee Support Sleeve L	No comparable	1 CT	\$11.99
P23	902106	Wrist Support Strap	No comparable	1 CT	\$8.99
P24	151571	Ankle Support Sleeve L	No comparable	1 CT	\$10.99
P25	453866	Compression Sleeve Elbow L	No comparable	1 CT	\$14.99
P26	977934	Lidocaine Cream	Aspercreme	2.7 OZ	\$7.49
P27	197229	Lidocaine Patch	Aspercreme	5 CT	\$7.99
P36	324111	Reusable Ice Pack	No comparable	1 CT	\$5.99
P46	738694	Urinary Relief max strength	Azo	12 CT	\$5.99
P50	456231	Menstrual Pain relief max	Midol Complete	24 CT	\$5.99
P51	140897	Aspirin enteric coated 325mg	Ecotrin	125 CT	\$7.99
★ P52	729759	Elastic Bandage 6"	No comparable	1 CT	\$8.49
P55	472994	Knee Support S	No comparable	1 CT	\$11.99
P56	151894	Knee Support M	No comparable	1 CT	\$11.99
P57	482556	Knee Support XL	No comparable	1 CT	\$11.99

## Personal Care

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
S23	799023	Hand sanitizer	No comparable	2 OZ	\$0.99
S30	333336	Miconazole 7 Day Vaginal Cream	Monistat	7 CT	\$9.99
S34	227230	Medicated Body Powder	Gold Bond	10 OZ	\$7.49
S42	478284	Sunblock SPF 45 Spray	Neutrogena	5 OZ	\$8.99

★ Could be covered under Part B or D.  
You will receive the generic equivalent of all items.

## Vitamins and Minerals

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
◆ V5	122869	Coenzyme Q-10 50mg	No Comparable	45 CT	\$11.99
◆ V10	460447	Glucosamine Chondroitin MSM	Osteo Bi-Flex	80 CT	\$19.99
◆ V16	240515	Vitamin E 400 IU soft gel	Nature Made	100 CT	\$12.99
◆ V17	300258	Folic Acid 800mcg tablet	No Comparable	100 CT	\$3.49
◆ V18	350480	Iron Supplement 65mg	No Comparable	90 CT	\$5.99
◆ V19	460962	Fish Oil Omega-3 1000mg	Puritan	120 CT	\$9.99
◆ V32	346754	Vitamin D 1000 IU	Natures Bounty	120 CT	\$7.49
◆ V35	850942	Magnesium 500mg	No Comparable	100 CT	\$5.49
◆ V36	247239	Zinc Gluconate 50mg	Natures Bounty	100 CT	\$4.99
◆ V48	965747	Biotin 10,000mcg soft gel	Natures Bounty	60 CT	\$12.49
◆ V49	889927	Melatonin Gummy 5mg	No Comparable	60 CT	\$10.49
◆ V54	889908	Calcium Gummy 500mg+800IU D-3	Caltrate Gummy Bites	50 CT	\$10.49
◆ V56	199216	Vitamin A 8,000 IU NAT / 2400mcg	No Comparable	100 CT	\$4.99
◆ V62	448393	Adult Daily Women's 50+ Adv	One a Day	65 CT	\$7.99
◆ V63	448404	Adult Daily Men's 50+ Adv	One a Day	65 CT	\$7.99
◆ V71	901330	Calcium 600mg + Vitamin D3	Caltrate	120 CT	\$10.49
◆ V72	145626	Super B Complex w/ Vitamin C	Natures Bounty	100 CT	\$9.99
◆ V73	965746	Melatonin 10mg Quick Dissolve	No comparable	60 CT	\$13.49
◆ V76	247321	B-12 1000mcg	No comparable	60 CT	\$7.49

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## General Information

GlobalHealth complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-628-2770 (TTY: 1-877-672-2688).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-628-2770 (TTY: 1-877-672-2688).



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